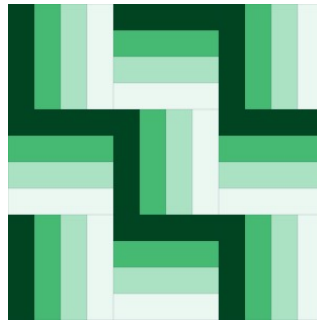




**BERNINA**  
OF NAPERVILLE ●

2764 Aurora Avenue, Suite 100  
Naperville, IL 60540  
331-472-4231  
Berninaofnaperville.com

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12" finished

This block uses the strip piecing technique. You will first sew the four strips together and then dissect those units into squares, which will be put into a standard 9-patch setting.

**Suggested Supplies:**

- 6" x 24" ruler
- 6" square ruler
- 14" square ruler
- Seam Ripper
- Nice iron
- Rotary cutter 45mm or 60mm with fresh blade
- Klutz glove

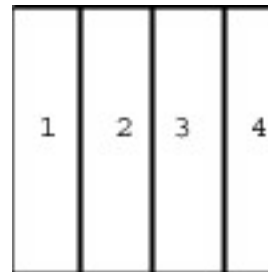


Figure 1.

Patchwork sewing feet. There are a variety available from BERNINA.

- #37 – suitable for the 5.5mm machines
- #57 – suitable for the 5.5mm machines, but with added right hand guide (like training wheels)
- #57 and #37 D – for machines with dual feed
- #97 and #97 D – designed for machines with 9mm stitching packaged with a screw on seam guide wall for accurate long seams

**Cutting Instructions:**

WOF= Width of fabric

- 1 strip color #1- 1 ½" x Width of Fabric ~44" (WOF)
- 1 strip color #2- 1 ½" x WOF
- 1 strip color #3- 1 ½" x WOF
- 1 strip color #4- 1 ½" x WOF

**Sewing Instructions:**

1. Sew color #1 to Color #2 and press to color #1. (Measure to make sure that this unit is 2 ½" wide).
2. Sew color #3 to Color #4 and press to color #3 (Measure to make sure that this unit is 2 ½" wide).
3. Sew unit from step 1 to unit from step 2. Press to color #2. (Measure to make sure that this unit is 4 ½" wide).



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**More Cutting:**

Now you will sub cut what you have sewn together into 9- 4 ½" squares.

**More Sewing:**

Using the picture from the top of the page, Sew the nine-patch together.

1. Press the seams in the first row to the left.
2. Press the seams in the second row to the right
3. Press the seams in the third row to the left.

\*note- When doing patchwork it is important to press to one side for strength of the seam and butting the seams up together when joining two units.

4. Sew the first row to the second row. Press the seam to the first row.
5. Sew the unit from step 4 to the third row. Press to the second row.