## Anita's Arrowhead



# BERNINA OF NAPERVILLE 

www.berninaofnaperville.com

## Anita's Arrowhead

- Alteration: Our blocks were made with a 10 " block from a precut collection. The pattern we used calls for an 8 " block.
- Fabric
- $20-10$ " squares of print or dark fabric
- $20-10$ " squares of solid, or light fabric (can be all the same fabric, or a mix)
- $1 / 2$ Yard for inner border
- 2 Yards for outer border
- Rotary Cutter and mat
- $121 / 2^{\prime \prime}$ square ruler
- Thread
- BERNINA Sewing Machine (we Used B 790 PLUS with \#97 1/4" foot)
- Heat Vanishing pen


## NAPERVII'



## Anita's Arrow Head

- Sandwich two 10 " squares right sides together
- 2 " from the top right corner, make a line using a heat vanishing pen
- 2" from the lower left corner, make a line using a heat vanishing pen
- Use a $1 / 4$ " seam allowance
- Sew from the marked line around one corner to the edge of the side (see Diagram to the right)


## Anita's Arrow Head

- TIP: To avoid drawing a line on each block set
- On the BERNINA 4, 5, and 7 Series the 2" measurement is exactly at the intersection where the stainless freearm bed meats the slide on table to the needle.


## Anita's Arrow Head

- TIP: To avoid drawing a line on each block set
- On the BERNINA 2 and 3 Series, this measurement needs to be marked with removable tape.


## Anita's Arrow Head

- After sewing, cut a diagonal line from the corner you stitched around to the corner you stitched around.
- IMPORTANT: do not cut diagonally on the ends with an opening. (Ask me how I know) :



## Anita's Arrow Head

- Very carefully and precisely, line up the two triangles exactly on top of eachother.
- That means openings on top of openings



## Anita's Arrow Head

- From the edge of each sewn seam, cut 2 Inch strips



## Anita's Arrow Head

- You will have 8 pieces
- 2 arrow points top
- 2 arrow points bottom
- 2 setting triangles light
- 2 setting triangles dark
- 2 inside square pairs
- Press to the darkside



## Anita's Arrow Head



## Anita's Arrow Head

- Arrange the Blocks together
- Alternating light and dark



## Anita's Arrow Head

- Sew the center 4-Patch to the arrow points
- Press to the 4-Patch



## Anita's Arrow Head

- Sew the setting triangles into place
- Line up the flat edges, keeping them even.
- Please do not worry that the corners are not lining up. We will be trimming the block in just a moment.



## Anita's Arrow Head

- Snuggle butt the center seams together
- Pin if necessary
- Do not worry about the corners



## Anita's Arrow Head



- Square up the block by trimming the extra bits on the corners.
- Blocks need to be squared up to 12"
- This means that they will finish at $111 / 2^{\prime \prime}$ once they are sewn into the
 quilt top


## Anita's Arrow Head

- Make 20 blocks
- Sew 5 rows of 4 blocks
- Sew rows together
- Add the inner border
- Cut $8-21 / 2^{\prime \prime}$ strips, width of fabric
- Sew together in pairs
- Trim first pair to $461 / 2{ }^{\prime \prime}$
- Trim the other pair to 62"
- Add Outer Border
- Cut 4-5" strips length of fabric
- Sew together in pairs
- Trim first pair to $501 / 2$ "
- Tring second pair to 71"
- FINISHED QUILT TOP =59 1/2" X 70 ½"


