

# Modesty

## Lapbook



Appropriate for girls of  
all ages and grades

Designed by  
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of Knowledge Box Central



Modesty Lapbook

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This book is dedicated to my amazing family. Thank you to my wonderful husband, Scott, who ate a lot of leftovers, listened to a lot of whining (from me!), and sent lots of positive energy my way. Thank you to my daughter, Shelby, who truly inspired me through her love for learning. Thank you to my parents, Judy and Billy Trout, who taught me to trust in my abilities and to never give up.

## How do I get started?

First, you will want to gather your supplies. Depending on which format you purchased from us, you will need different supplies. So, take what applies, and skip over the rest.

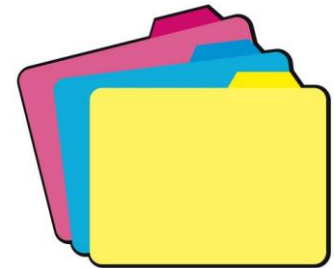
### \*\*\* Printing:

\*Print instructions and study guide on white copy paper.



\*Print the booklet templates on 24# colored paper or 110# cardstock.

For some booklets, we have suggested specific colors or cardstock. You may choose to use those suggested colors, or you may choose to print on any color that you like.



### \*\*\* Assembly:



\***Folders:** We use colored file folders, which can be found at Walmart, Sam's, Office Depot, Costco, etc. You will need between 2 and 4 file folders, depending on which product you have purchased. You may use manilla folders if you prefer, but we have found that children respond better with the brightly colored folders. Don't worry about the tabs...they aren't important. If you prefer, you can purchase the assembled lapbook bases from our website.



\***Glue:** For the folder assembly, we use hot glue. For booklet assembly, we use glue sticks and sometimes hot glue, depending on the specific booklet. We have found that bottle glue stays wet for too long, so it's not a great choice for lapbooking.



\***Other Supplies:** Of course, you will need scissors. Many booklets require additional supplies. Some of these include metal brad fasteners, paper clips, ribbon, yarn, staples, hole puncher, etc. You may want to add decorations of your own, including stickers, buttons, coloring pages, cut-out clipart, etc. The most important thing is to use your imagination! Make it your own!!



## **Ok. I've gathered the supplies. Now how do I use this product?**

Inside, you will find several sections. They are as follows:

1. **Lapbook Assembly Guide:** This section gives instructions and diagrams will tell the student exactly how to assemble the lapbook base and where to glue each booklet into the base. Depending on the student's age, he or she may need assistance with this process, especially if you choose to allow the student to use hot glue.

2. **Student Instruction Guide:** This section is written directly to the student, in language that he or she can understand. However, depending on the age of the child, there may be some parent/teacher assistance needed. This section will also tell the student exactly what should be written inside each booklet as he or she comes to it during the study, as well as telling the student which folder each booklet will be glued into.

4. **Teacher's Guide:** This section is a great resource for the parent/teacher. In this section, you will find the page number where each answer may be found in the book. You will also find suggestions of extra activities that you may want to use with your student.

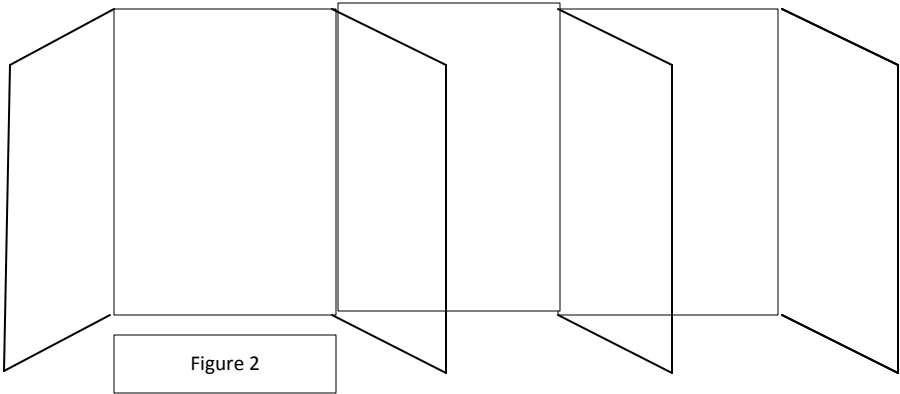
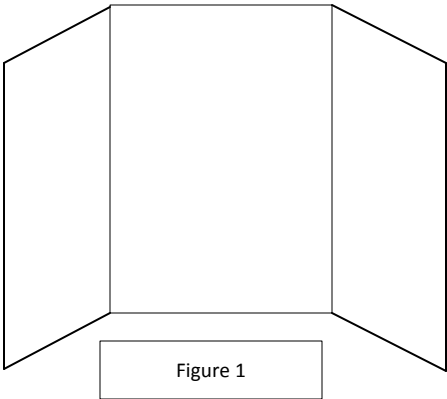
5. **Booklet Templates:** This section includes ALL of the templates for the booklets. These have been printed on colors that will help to improve retention of the information presented, according to scientific research on color psychology.

**Parent/Teacher – PLEASE READ FIRST:**

We have NOT given you an EXACT order in which to do the booklets within this lapbook because this is a VERY personal decision. Please plan out exactly how you will approach this sensitive topic PRIOR TO THE STUDY. Then do the booklets in the order that works BEST for YOUR students. In the Teacher's Guide section, we have given you scriptures and ideas to use for your study.

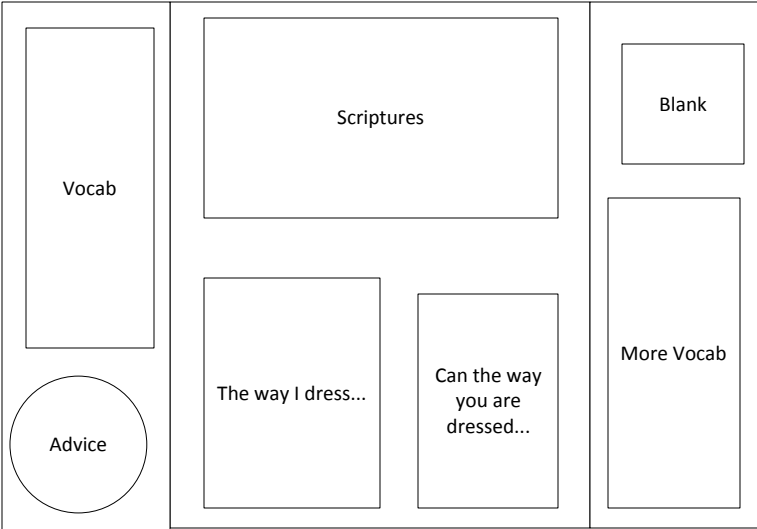
This lapbook can be used with girls of all ages and grade levels. For older students, you may have them write a letter to God, telling Him about her commitment to modesty. You may also have her create a collage of modest apparel. There is also the option of adding a 4<sup>th</sup> folder to the lapbook base and attaching these and other projects.

You will need 3 folders of any color. Take each one and fold both sides toward the original middle fold and make firm creases on these folds (Figure 1). Then glue (and staple if needed) the backs of the small flaps together (Figure 2).



This is the "Layout" for your lapbook. The shapes are not exact on the layout, but you will get the idea of where each booklet should go inside your lapbook.

Inside of 1<sup>st</sup> Folder:



Inside of 2nd Folder:

Define Modesty	I want to dress modestly because...	How does modesty show your love...	Copywork
Whom does Paul...		Blank	
Examples of Modest Women...	Value of Modesty	When you hear the word...	Blank

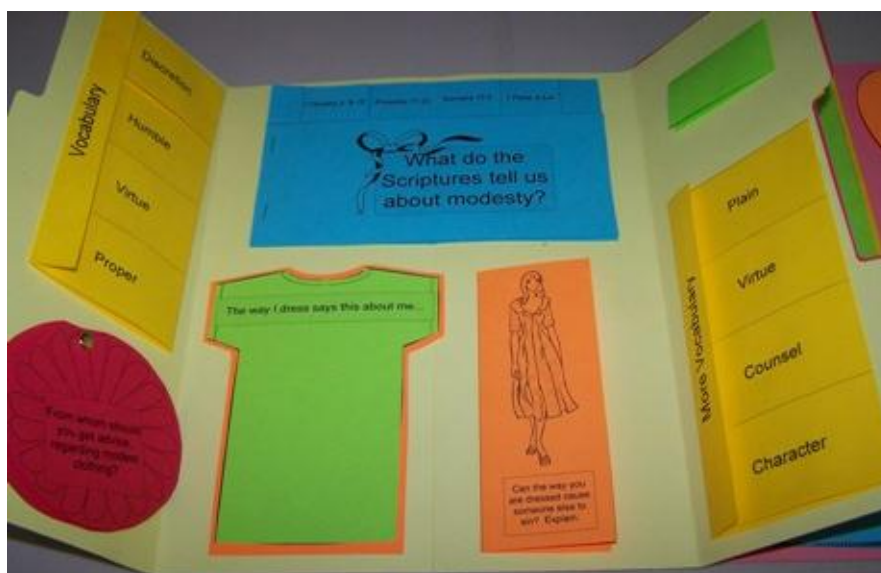
Inside of 3rd Folder:

Modest and Immodest Clothing	How can modesty protect...	Is it possible...
My Commitment	Closet	Women in the Bible...
		Draw...

We have added pictures of a completed lapbook!!!  
This should help in figuring out how to assemble  
the booklets and then how to put it all together!



Completed  
Lapbook

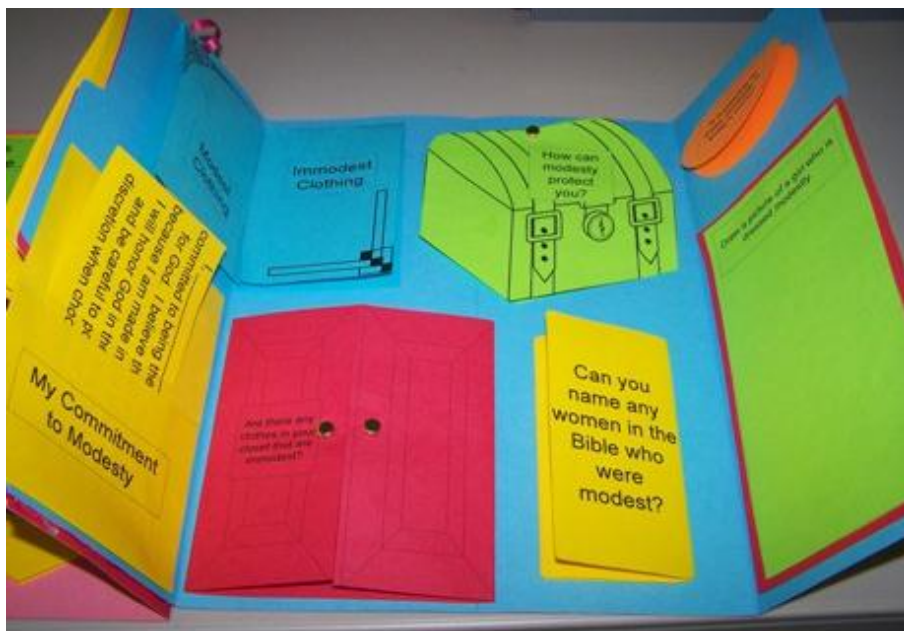


1<sup>st</sup> Folder





2<sup>nd</sup> Folder



3<sup>rd</sup> Folder

# Modesty Lapbook

## Assembly Guide

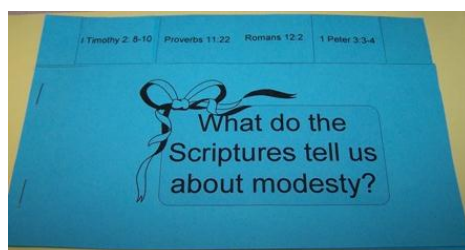
### *Inside of 1<sup>st</sup> Folder:*

1. Vocabulary Booklet: Cut out along the outer black lines, and fold along the horizontal line that is closest to the center. Words should be on the outside. Now, cut along the horizontal lines, between the words...making sure to only cut to the fold that you have created. Now, fold the word “vocabulary” over (along the vertical line) so that the “flap” with the word “vocabulary” on it is now overlapping the “flaps” with the words on them. **See Figure #1**
2. More Vocabulary Booklet: Cut and fold this booklet exactly like the one above.
3. “From whom should you get advice...” Booklet: Cut out along the outer black line edges of all 4 circles. Stack them together, with the circle that says “From whom should you get advice...” on top, a blank circle next, “Proverbs 12:1” circle next, and a blank circle last. Now, punch a hole through the top of the stack, and secure with a metal brad fastener.
4. “The Way I Dress” Booklet: Cut out along the outer black line edges of the t-shirt. Then, glue it to another piece of paper of a different color. Cut around it again, leaving a small border.
5. “Can the way you are dressed...” Booklet: Cut out each page along the outer black line edges. Then, fold along the center vertical line, making sure that the title and graphic are on the front.
6. Blank Booklet: Cut out along the outer black line edges of the booklet. Then, fold along the center line.
7. “What do the scriptures tell us...” Booklet: Cut out each page of the booklet along the outer black lines. Note that each page has a “tab” at the top, and each “tab” is a different length. After you cut out all of the pages, stack them on top of each other, with the title on the top and with each “tab” getting progressively longer as you go toward the bottom of the stack. Secure with 2 staples on the left side of the stack. **See Figure #2**

**Figure #1**



**Figure #2**



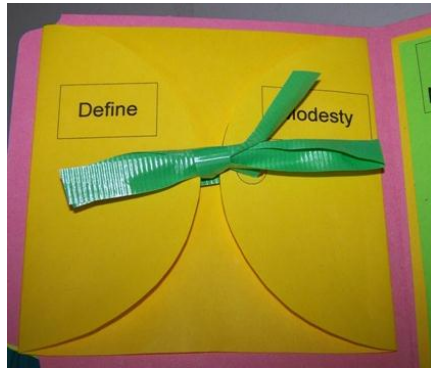
*Inside of 2<sup>nd</sup> Folder:*

1. “Define Modesty” Booklet: Cut out along the outer black line edges. Then, fold along each of the vertical lines, so that the words are on the outside, and the curved edges almost meet. Now, punch a hole in each of the small circles. Tie a ribbon through these circles/holes, and tie it loosely in a bow so that it can be opened easily. **See Figure #3 (next page)**
2. “Whom does Paul tell us...” Booklet: Cut out along the outer black line edges. Now, you will fold in each “petal tab” toward the center, making sure to have each one fold on top of the one before. Cut out the title box, and glue the top edge of it to the last flap that you fold (should be at the top). Then tuck this last tab into the booklet. **See Figure #4 (next page)**
3. Examples of Modest Women Booklet: Cut out along the outer black line edges. Then, fold each side so that the edges barely touch the title box that is in the middle. You will end up with a square shape, and the “tabs” will tuck into each other. **See Figure #5 (next page)**
4. “I want to dress modestly...” Booklet: Cut out along the outer black line edges. Then, glue to a slightly larger piece of paper of a different color, creating a small border around the edges.
5. The Value of Modesty Booklet: Cut out each page along the outer black line edges. Now, stack the pages on top of each other, with the title pages on top, then the “What value does God place” next, then “What value does the world place” next, and then “What value do you place” last. **See Figure #6 (next page)**
6. “How does modesty show your love...” Booklet: Cut out along the outer black line edges of the hearts, making sure to keep them connected. Then, fold along the center line, making sure that the title is on the front.
7. “When you hear the word modesty...” Booklet: Cut out along the outer black line edges, and then fold along the center line, so that the title is on top.
8. Copywork Booklet: Cut out each page along the black line edges. Then, stack the pages so that the title is on the front. Punch 2 holes through the top edge of the stack, and secure with a ribbon or yarn, tied in a bow.
9. Blank Booklets (2): Cut out along the outer black line edges, and then fold along the center line.

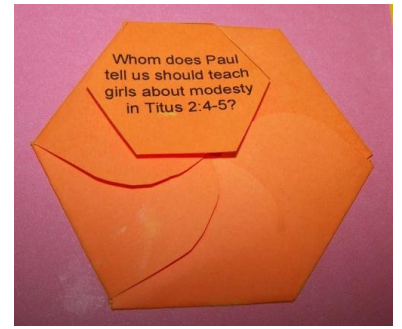
*Inside of 3<sup>rd</sup> Folder:*

1. Modest and Immodest Clothing Booklet: Cut out along the outer black line edges of the booklet. Fold along the center horizontal line, so that the titles are on the front. Now, cut along the vertical line that separates the titles, creating “flaps.” **See Figure #7 (next page)**
2. My Commitment Booklet: Cut out along the outer black line edges of the pocket booklet and along the edges of the commitment statement. Fold the pocket booklet along the horizontal line, so that the title is on top. Place a SMALL amount of glue around the side edges ONLY, creating a pocket. Place the commitment statement inside the pocket. **See Figure #8 (next page)**
3. “How can modesty protect you?” Booklet: Cut out along the outer black line edges of both treasure chests. Place the title page on top, and then punch a hole in the top, through both pages. Secure with a metal brad fastener.
4. “Are there any clothes in your closet...” Booklet: Cut out along the outer black line edges. Then, fold each side along the vertical line, creating a booklet with “doors” on the outside. Now, punch 2 holes where the “closet handles” would be. Put a metal brad fastener through each hole, making this look like “door knobs.” **See Figure #9 (next page)**
5. “Can you name any women in the Bible...” Booklet: Cut out along the outer black line edges of the booklet. Then, “accordion-fold” the booklet, so that the title is on the front.
6. “Is it possible...” Booklet: Cut out along the outer edges of the booklet, and fold along the center line, keeping the title on the front.
7. “Draw a picture...” Booklet: Cut out along the outer black line edges, and then glue to a slightly larger piece of paper of a different color, creating a small border around the edges.

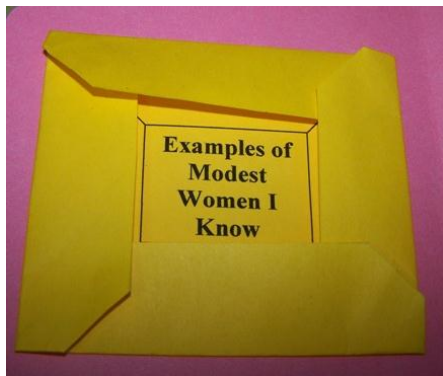
**Figure #3**



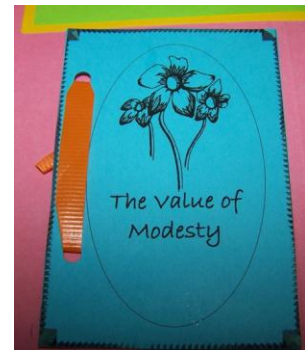
**Figure #4**



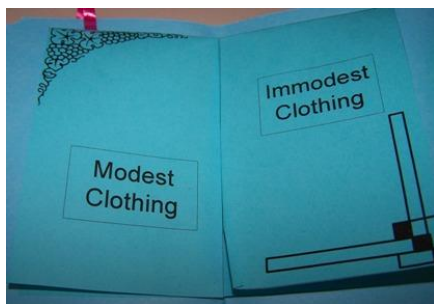
**Figure #5**



**Figure #6**



**Figure #7**



**Figure #8**



**Figure #9**



# Modesty Lapbook

## Student Instruction Guide

Decorate the outside/ cover of your lapbook. The cover of your lapbook has purposely been left blank so that your child may decorate it in any style he or she chooses. Your child may draw, paint, glue pictures, etc. You may print coloring sheets and glue them to the front. The ideas for the front cover are endless. Choose a topic or art project from this unit and HAVE FUN making it your own personalized lapbook!

We suggest printing the booklets on 24# colored paper.

### First Folder

1. Vocabulary Booklet: While studying about modesty, you will learn many new words. Really think about what each word means, and write the definitions under each flap.
2. More Vocabulary Booklet: Same as above...but more new words.
3. "From whom should you get advice..." Booklet: Did you know that God has commanded someone to advise you?? Yep! It's in the Bible! He also has something to say about those of us who don't want to take that advice. Explain this here.
4. "The Way I Dress" Booklet: Did you know that the way you dress (and behave) says a lot about you? Look at the way you dress, and imagine what your clothes are saying about you. Explain that here.
5. "Can the way you are dressed..." Booklet: There are ways that you can cause others to sin, especially by dressing in certain ways. Explain this here.
6. Blank Booklet: As you do your study of modesty, use these blank booklets to write down special information that you learn or special feelings.
7. "What do the scriptures tell us..." God's Word tells us a lot about modesty. Look at each of the scriptures listed on this booklet, and think about the message that God is giving us. You may want to explain the scripture, or you may even want to copy the scripture on these pages.

### Second Folder

1. "Define Modesty" Booklet: Modesty mean many things....look it up in a dictionary, and write the definition here.
2. "Whom does Paul tell us..." Booklet: Paul was a man who shared God's message with many people. He specifically spoke about who should teach us about being Godly women. Explain this here.
3. Examples of Modest Women Booklet: Do you know any women in your life who display modesty? Name some of them here.
4. "I want to dress modestly..." Booklet: After learning more about modesty, why would you like to dress in this manner?
5. The Value of Modesty Booklet: Many people put different values on modesty. The Bible has one value, the world has another, and you have yours. Tell about these here.
6. "How does modesty show your love..." Booklet: Did you know that your modesty shows your love for others? Explain how here.
7. "When you hear the word modesty..." Booklet: Usually, when people hear the word "modesty," they think of different things. What do you think of?
8. Copywork Booklet: Romans 12:2 tells us that we should be different than those who are "in the world." Copy this scripture on the lines provided. Use your best penmanship.
9. Blank Booklets (2): Write about the wonderful insights you are gaining about modesty and God's plan for your life.

**Third Folder:**

1. Modest and Immodest Clothing Booklet: By now, I'm sure you know which pieces of clothing are modest and which are immodest. List them under these "flaps."
2. My Commitment Booklet: Are you ready to commit to being a modest young lady? If so, now is your chance to make that known.
3. "How can modesty protect you?" Booklet: Did you know that being/acting/dressing modestly can actually protect you from many hardships?? Tell about this here.
4. "Are there any clothes in your closet..." Booklet: Now is the time to search your closet and see if there are any items that you think God would see as immodest. Are there any short skirts? Low necklines? Shirts that show your tummy? How about tight-fitting clothing?
5. "Can you name any women in the Bible..." Booklet: There were so many wonderful women in the Bible...and many of them were examples of modesty. Can you name any here?
6. "Is it possible..." Booklet: In today's society, many of the TV shows and magazines tell us that we must dress a certain way to be beautiful. This is a lie from Satan! We can be beautiful and dress modestly at the same time! Explain how we can do that here.
7. "Draw a picture..." Booklet: Use your artistic talents to draw a picture of someone (maybe even you or a relative or friend) who is dressed in what God would consider to be modest clothing.

# Modesty Lapbook

## Teacher's Guide

**Here, you'll find information to supplement your study.**

**Scriptures to use during your study (in no particular order):**

**1 Timothy 2:8-10** I want men everywhere to lift up holy hands in prayer, without anger or disputing. I also want women to dress modestly, with decency and propriety, not with braided hair or gold or pearls or expensive clothes, but with good deeds, appropriate for women who profess to worship God.

**Proverbs 11:22** Like a gold ring in a pig's snout is a beautiful woman who shows no discretion.

**Romans 12:2** Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

**1 Peter 3:3-4** Your beauty should not come from outward adornment, such as braided hair and the wearing of gold jewelry and fine clothes. Instead, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God's sight.

**Proverbs 12:1** Whoever loves discipline loves knowledge, but he who hates correction is stupid.

**1 Samuel 16:7** For the Lord does not see as man sees; for man looks at the outward appearance, but the Lord looks at the heart.

**1 John 2:16-17** For all that is in the world -- the lust of the flesh, the lust of the eyes, and the pride of life -- is not of the Father but of the world. And the world is passing away, and the lust of it; but he who does the will of God abides forever.

**Matthew 5:27-28** You have heard that it was said to those of old, 'You shall not commit adultery,' But I say to you that whoever looks at a women to lust for her has already committed adultery with her in his heart.

**Hebrews 13:4** Marriage is honorable among all, and the bed undefiled, but fornicators and adulterers God will judge.

**Romans 14:13** Let us not judge one another anymore but rather resolve this, not to put a stumbling block or a cause to fall in our brother's way.

**Titus 2:3-5** Likewise, teach the older women to be reverent in the way they live, not to be slanderers or addicted to much wine, but to teach what is good. Then they can train the younger women to love their husbands and children, to be self-controlled and pure, to be busy at home, to be kind, and to be subject to their husbands, so that no one will malign the word of God.

**Philippians 2:3-5** Do not dress] from rivalry or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others. Have this mind among yourselves, which is yours in Christ Jesus...

**Matthew 5:27-28** You have heard that it was said to the ancients, 'Thou shalt not commit adultery.' But I say to you that anyone who even looks with lust at a woman has already committed adultery with her in his heart.

### **Questions/Discussion Topics that you might want to share during your study (choose appropriateness based on the age of your daughter):**

1. What immodest fashions do you see in today's society?
2. Do you have to dress like an "old lady" to be modest?
3. What do television shows and commercials tell you about beauty?
4. Do you feel like you need to dress like the girls in question #3 in order to be beautiful?
5. Does your appearance have the ability to cause someone else to sin?
6. Should Christian women wear clothes that attract attention? Why or why not?
7. How does dressing modestly show love to our brothers in Christ?
8. What can men/boys say or do to encourage girls/ladies to dress modestly?
9. What do we want our clothes to say about us? What message does God want us to communicate?
10. How can you promote proper dress among your friends?
11. How can modesty protect us?



## **Websites that might be helpful in your study:**

<http://www.ucg.org/teenstudy/modesty.htm>

<http://www.purefreedom.org/>

<http://www.sewmodestclothing.com/>

[http://www.ladiesagainstfeminism.com/artman/publish/Femininity\\_amp\\_Modesty\\_16/index.shtml](http://www.ladiesagainstfeminism.com/artman/publish/Femininity_amp_Modesty_16/index.shtml)

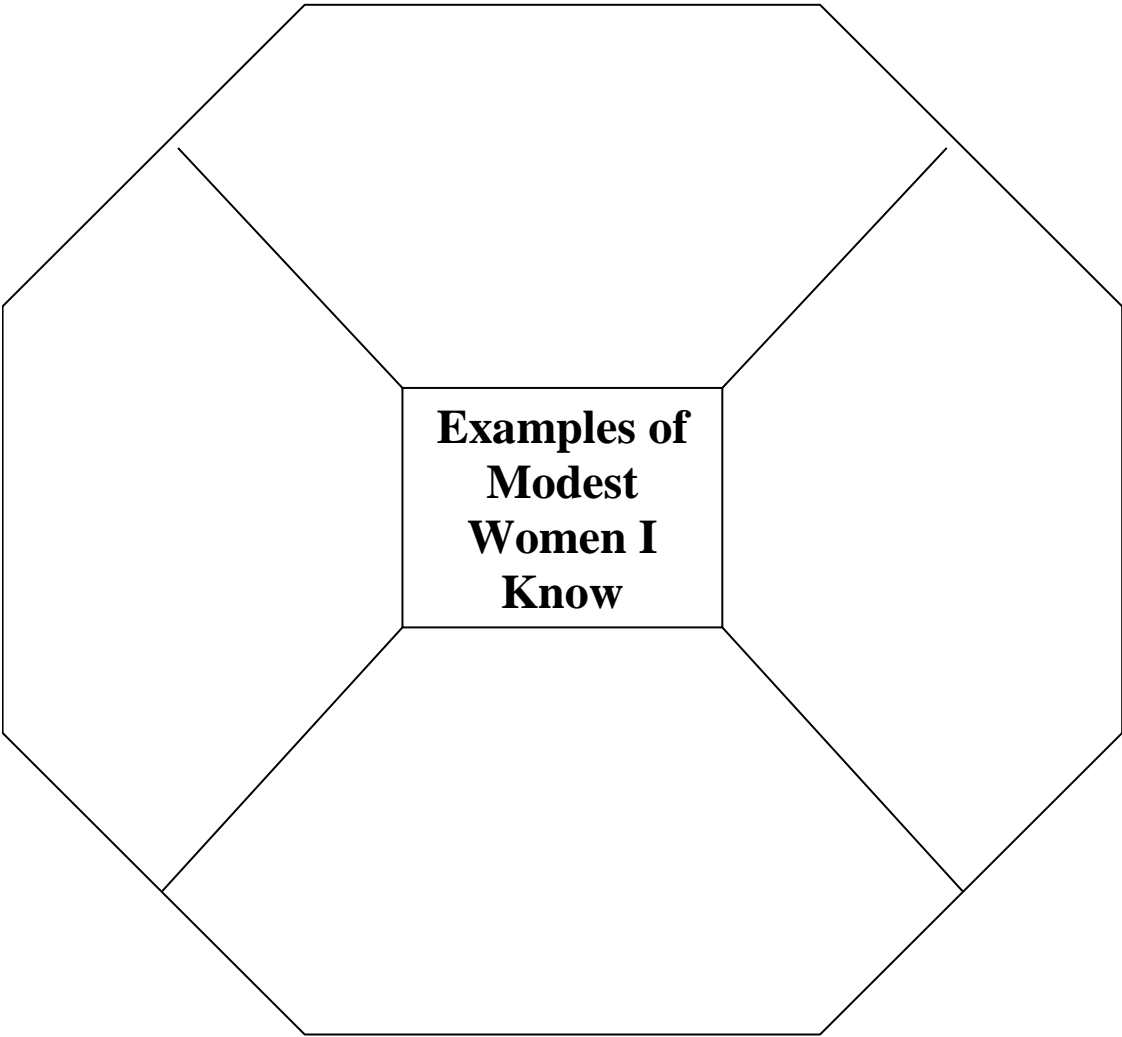
[http://www.graceandtruthbooks.com/young\\_ladies/default.asp?page=2&num=15](http://www.graceandtruthbooks.com/young_ladies/default.asp?page=2&num=15)

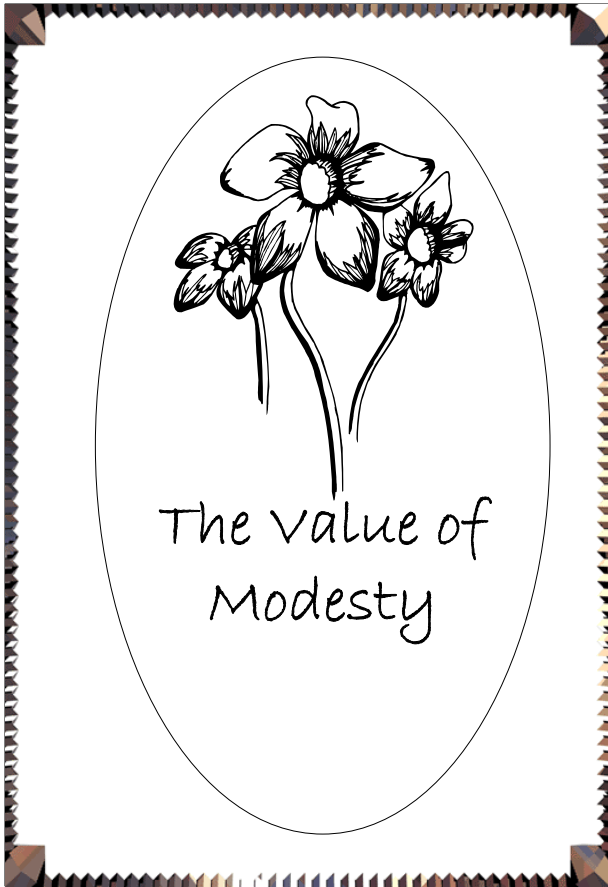
<http://educationwonk.blogspot.com/2005/06/british-modesty-just-saying-no-to.html>

<http://christianteens.about.com/od/activities/tp/ActivitiesGirls.htm>

<http://talesfromthecrib.blogspot.com/2006/05/teaching-modesty-to-teens.html>

[http://www.vickicourtney.com/books\\_resources.htm](http://www.vickicourtney.com/books_resources.htm)

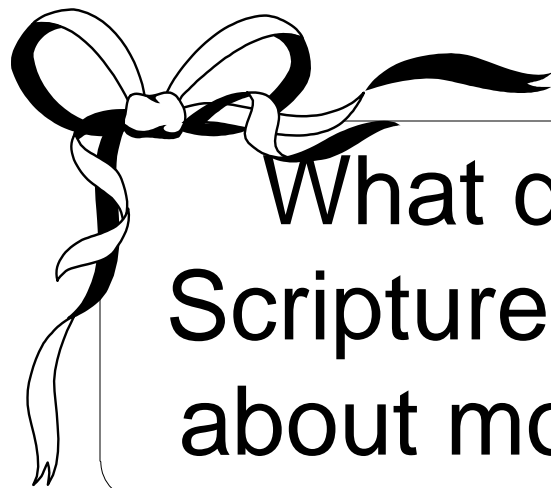




What value does  
the world place on  
modesty?

What value does  
God place on  
modesty?

What value do  
you place on  
modesty?



What do the  
Scriptures tell us  
about modesty?

I Timothy 2: 8-  
10

		Proverbs 11:22
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		Romans 12:2
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1 Peter 3:3-4

		1 Peter 3:3-4
