



Care and Wear Instructions for Functional Appliances

- **Your appliance must be worn 24 hours a day, 7 days a week. Functional appliances are compliance and growth dependent**
- When wearing your functional appliance, do not flick it up and down with your tongue as it will break.
- Please remove your functional appliance for eating. You have been shown at the surgery how to do this properly.
- Remove your functional appliance playing contact sports, swimming or when playing a musical wind instrument.
- **When not in your mouth, your functional appliance should ALWAYS be in your brace box**
- Keep your teeth and functional appliance clean at all times. This will require brushing your teeth and appliance at least 3 times a day, and after each meal.
- Twice a week clean your functional appliance with 'Retainer Brite'
- Plaque disclosing tablets will show you how well you are brushing your teeth.
- **Please contact the practice immediately if you have a breakage or if your functional appliance is uncomfortable.**
- If you are unable to maintain your oral hygiene and appliance care to practice standards, we will be obliged to discontinue treatment on dental health grounds, after 2 warnings.
- Failure to wear your removable appliance as prescribed will prevent treatment from progressing. We may discontinue your treatment after 2 warnings.

Please note: Functional appliances are fragile and must be carefully looked after as careless use will result in breakage of the appliance.

REPLACEMENT OF APPLIANCES WILL INCUR A FEE.