

APRIL IS

EARTH MONTH

30 ways in 30 days to show you care

Earth Month is here!



Challenge a friend to do something for the Earth every single day for the month of April.

Earth Month day 2



Go paperless! Log online and choose the paperless option for your bills and bank statements.

Earth Month day 3



Plan meals and make a grocery shopping list to minimize food waste.

Earth Month day 4



Write a gratitude list with your family of all the things that Earth provides you.

Earth Month day 5



Get your coffee in a reusable cup.

Earth Month day 6



Use less water. Take shorter showers and turn off the water while brushing your teeth.

Earth Month day 7



Repair a broken item instead of buying a new one.

Earth Month day 8



Learn about creatures that inhabit your local environment.

Earth Month day 9



Remember to bring your reusable bags to the store.

Earth Month day 10



Switch to a bamboo toothbrush.

Earth Month day 11



Watch an Earth-related documentary.

Earth Month day 12



Meatless Monday. Plan a plant-based meal.

Earth Month day 13



Bring your reusable water bottle.

Earth Month day 14



Wash in cold water.

Earth Month day 15



Learn about the 5 R's. Refuse, Reduce, Reuse, Rot, Recycle.

Earth Month day 16



Declutter. Make a pile of all the things you don't need anymore.

Earth Month day 17



Donate unused items to a second-hand store.

Earth Month day 18



Buy less. Before buying something make sure you really need it.

Earth Month day 19



Start a Zero Waste kit.

Earth Month day 20



Learn more about Circular Economy vs. a Linear Economy.

Earth Month day 21



Donate to a cause.

Earth Month day 22



Happy Earth Day!! Enjoy the outdoors. Get outside for a hike or a bike ride.

Earth Month day 23



Learn what recyclables are accepted by your waste management company.

Earth Month day 24



Support your local economy.

Earth Month day 25



Organize a clean-up for your community.

Earth Month day 26



Perform a trash audit.

Earth Month day 27



DIY your cleaning products.

Earth Month day 28



Phase disposable products out for reusable ones.

Earth Month day 29



Start a compost.

Earth Month day 30



Go plastic free today!