



THE Camping packing list

Tent Camping with Kids

There's endless gadgets and gear you can take with you when you go camping. However, you don't always need ALL that stuff. Camping with kids means that you'll probably overpack and that's ok. Refinement comes with experience of what works for you. Sometimes NOT having everything you have at home is a portal into creativity...

This list is essential camping gear for tent camping in the UK with kids. Adjust accordingly based on whether you are car camping somewhere with lots of facilities, or headed into the wilderness.

- Tent
- Air mattress + pump or self inflating mattress
- Superlove Sleeping bags
- Pillows. If car camping - taking real pillows is an easy comfort boost. If wild camping a good hack is to stuff clothing into your sleeping bag case - to form a makeshift pillow.
- Merino Baselayers - 100% essential kit wet or dry, summer or winter
- Puffer jackets/gilets
- Water container
- Water treatment (we LOVE our steripen going strong after 10 years)
- Food supplies
- Coolbox/icepacks
- Camping stove + fuel
- Lighter/matches
- Plates, utensils. We usually just use bowls for everything if space is short
- Small chopping board and knife
- Soap (soap leaves are cool)
- Bin bags - big black ones double as solar heating covers (see squishy bucket)
- Travel Towels - especially the wearable microfibre type. Fast drying & handsfree
- Toilet paper (even if the campground has toilets, in busy season it routinely runs out)
- Wipes - useful in 1000 ways
- Ziplock bags
- Tote type shopping bags - a few
- A Squishy bucket (or 2) - SO useful.
Get a dark coloured one, fill it in the morning, cover it with a black bin bag and you'll have a warm solar bath by bedtime. Useful as well for washing up, laundry, toy storing, lugging things etc.
- Lighting (headtorches are great for kids & fairy lights add magic)
- Dishwash liquid and plastic collapsable bowl (or use the squishy bucket)
- Reference books for birds and flowers - a great way to get children connected to nature is by spotting and identifying
- Bug spray/tick spray (geranium essential oil is tick magic)
- Sunscreen & hats
- Pegs and rope