

# UWATCH1



## USER MANUAL (EN)

unosounds.com

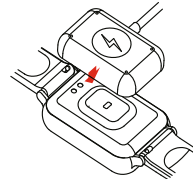
### 1. Download App-Da Fit

Scan the QR code & Download the App.



### 2. Charging

Charge the device to activate before using it for the first time. To charge your device, plug the charging cable into adapter or USB port on your computer & place the magnetic charging cable towards the back of the watch.



### 3. Pairing

Open the App & set up your profile

Go to [Device] & click [Add a Device]

Choose your device on the scanning list

Finish

### 4. Touch Screen Control



Controls

Swipe Up ↓ Swipe Down



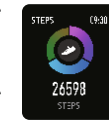
Menu



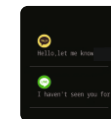
Swipe Left



Swipe Up ↓ Swipe Down

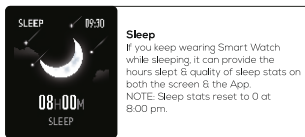


Feature Page



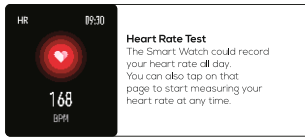
Notifications

### 5. Smart Watch Features



#### Sleep

If you keep wearing Smart Watch while sleeping, it can provide the hours slept & quality of sleep stats on both the screen & the App. NOTE: Sleep stats reset to 0 at 8:00 pm.



#### Heart Rate Test

The Smart Watch could record your heart rate all day. You can also tap on that page to start measuring your heart rate at any time.



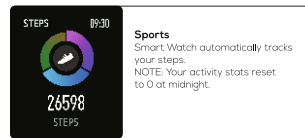
#### Reminder to Move

The device will vibrate to remind you to relax or take a walk after 1 hour sitting. NOTE: You can switch on/off the feature in the App.



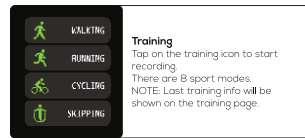
#### Reminder to Drink

The device will remind you to drink some water at your set up drinking time. NOTE: You can set up the feature in the App.



#### Sports

Smart Watch automatically tracks your steps. NOTE: Your activity stats reset to 0 at midnight.



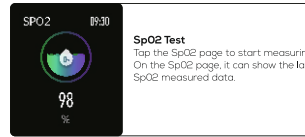
#### Training

Tap on the training icon to start recording. There are 8 sport modes. NOTE: Last training info will be shown on the training page.



#### Blood Pressure

Tap on the blood pressure page to measure your blood pressure. On the blood pressure page, it can show the blood pressure data last measured.



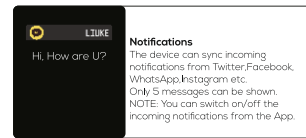
#### SpO2 Test

Tap the SpO2 page to start measuring. On the SpO2 page, it can show the last SpO2 measured data.



#### Weather

The device shows the weather for today and for tomorrow on the weather page. Weather info is synced after connecting with the App.



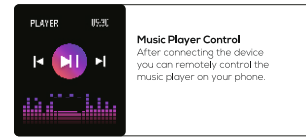
#### Notifications

The device can sync incoming notifications from Twitter/Facebook, WhatsApp/Instagram etc. Only 5 messages can be shown. NOTE: You can switch on/off the incoming notifications from the App.



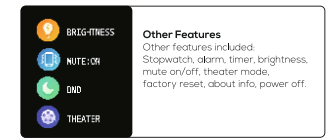
#### Remote Camera Control

After connecting the device you can remotely control the camera on your phone.



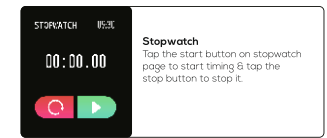
#### Music Player Control

After connecting the device you can remotely control the music player on your phone.



#### Other Features

Other features included: Stopwatch, alarm, timer, brightness, mute on/off, theater mode, factory reset, about info, power off.



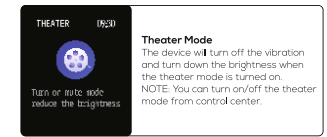
#### Stopwatch

Tap the start button on stopwatch page to start timing & tap the stop button to stop it.



#### Silent Alarm

Set up the alarm on the App & the device will start vibrating on the time set up.



#### Theater Mode

The device will turn off the vibration and turn down the brightness when the theater mode is turned on. NOTE: You can turn on/off the theater mode from control center.

### 6. Notes for your device

#### 1. Using in wet conditions

Your device is water resistant, which means it is rainproof, splash proof and sweatproof.

NOTE: Do not swim with your Smart Watch. We don't recommend taking shower with your device. If your Smart Watch get wet we recommend to dry it before wearing.

#### 2. Using Quick View

With Quick View you can check the time or the notifications from your phone on your Smart Watch screen without tapping. Shake your wrist towards you to activate the screen.

### 7. General Info

#### 1. Environmental Conditions

Operating temperature: 14°F to 122°F (-10°C to 50°C)  
Non-operating temperature: -4°F to 140°F (-20°C to 60°C)

#### 2. Disposal & Recycling

Please kindly be aware that it is the consumer's responsibility to properly dispose & recycle the Smart Watch & its components. Do not dispose the Smart Watch with household waste as the device is considered electronic waste and it should be disposed at your local electronic equipment collection facility waste. For more information, please contact your local electronic equipment waste management authority.

### 8. Specifications

#### 1. Specifications & Features:

**Screen Size:** 1.69"  
**Watch size:** L\*W\*H=42.5\*36.3\*9.1  
**Wristband Size:** Total length 230mm/  
Adjustable Length 120-200mm  
**Weight:** 42g  
**Material:** Metal & Silicone  
**Chip:** Realtek 8762C  
**App:** Da Fit  
**Compatible with:** Above Android5.1 & IOS8.0  
**Flash Memory:** RAM64KB ROM512KB  
**Type:** TFT  
**Pixels:** 240RGB\*280  
**Control:** Touch Control  
**Bluetooth 5.0**  
**G-Sensor:** Yes  
**Heart Rate:** HRS3300  
**Battery type:** Lithium Polymer  
**Capacity:** 300mAh  
**Charging:** Magnetic Charging  
**Waterproof Rating:** IP67  
**Charging Time:** Up to 3H  
**Battery Life:** Up to 5-7 days (Standby: 20 Days)  
**Product Languages:** English, German, French, Spanish, Russian, Ukrainian, Chinese, Japanese, Arabic, Korean

### 9. Udots Earbuds Guides

#### 1. Specifications:

**Wireless Version:** V5.0 + EDR & Low Battery Consumption  
**Wireless Frequency:** 2.4GHz  
**Range:** Up To 10m  
**Charging Case Capacity:** 300mAh  
**Earbuds Capacity:** 30mAh  
**Play Time:** 2-3H  
**Talk Time:** 3-4H  
**Standby Time:** 48H  
**Built-in Mic:** Yes

#### 2. Touch Controls:

**Touch once:** Answer/End Calls, Pause/Play  
**Touch Twice:** Redial Last Number  
**Press & Hold Shortly 2s:** Next Song  
**Press & Hold Longer 3s:** Activate Voice Assistant  
**Press & Hold 4s:** Power On/Off

#### 3. Functions:

When the earbuds are placed in the charging case automatically will turn off. When you take them out will automatically turn on and pair.

\*NOTE: Click the charging box button to start charging the earbuds.

You can recharge the earbuds about up to 4 times with fully charged case.

When the earbuds are charging the red lights are on. When the case is charging the blue light is on.

The earbuds will turn off automatically when not connected to the device for 5 minutes to save battery life.

#### 4. Notes.

\* DO NOT put the earbuds under heavy pressure & keep away from wet or hot conditions.

\*KEEP AWAY from WIFI routers or other high frequency transmitting equipment to prevent signal interruption.

\* Use the device in range up to 12m.