



All our ingredients are local, seasonal
and sourced sustainably.





For Earth's Sake is India's first zero-waste lifestyle store cum café promoting sustainable eating.

Our thoughtfully designed menu & products are all you need to make the switch to a healthier, cruelty-free and waste-free lifestyle.

All our products are planet friendly and sourced ethically with the help of communities spread across India. This helps us provide our customers with the highest quality products while helping the local economy.

All our food is made in-house, even our bread & dips!

To avoid wastage we stock limited inventory, please cooperate if you opt for a dish that is unavailable.



ALL DAY BREAKFAST

Pancakes & Churros



Savory

Vegetarian Omelette



Served with Potato Crisps, Crostini and Beetroot Ketchup

Chickpea Flour Crepe, Sauteed Seasonal Vegetables, Cherry Tomatoes, Red Chili Mojo, Parsley

390

Sweet

Classic Buttermilk



Housemade Pancake Mix, Honey, Granola And Butter

399

Oatmeal Banana



Oats, Oat Milk, Banana, Granola, Maple Syrup

419

Churros In A Cup

Classic Churros Dusted In Cinnamon Sugar With Velvety Chocolate Sauce & Whipped Cream!

300

Add Your Favourites:
Whipped Cream (INR50)
Fruits (INR30)
Chocolate Peanut Butter (INR50)



Open Toasts

Avocado & Pickled Tomato



Chunky Avocado Mash, Pickled Tomatoes, Toasted Seeds, Chilli Oil, Microgreens, Sourdough

499

Charred Mushroom



Button Mushroom, Sundried Tomato Pesto, Chimichurri, Olives, Microgreen, Feta, Sourdough

429

Coffee Buddies



Butter Croissant

This Classic French Pastry Is A Made-in Heaven Partner For Your Coffee!

200

Chocolate Vanilla French Toast



Brioche Loaf Slice, Housemade Chocolate Ganache And Vanilla Icecream, Toasted Almond Slivers

329

Chocolate Croissant



Butter Croissant, Housemade Chocolate Ganache, Toasted Almonds

250

Bagels



Herbed Cream Cheese

Fresh Herbs, Cream Cheese, Pickled Cucumber, Fresh Carrots, Lettuce, Sesame Bagel

399

Pesto Cheese



Pesto, Fresh Cucumber, Tomato, Cheddar Slice, Lettuce, Sesame Bagel

429

For Add On Dip: Ask your server



Government taxes as applicable. A 10% Service Charge is added before tax.

SMALL PLATES

Munchies



Potato Chips

Potato Chips, 2 House Dips

149



Baked Nachos

Housemade Nachos, Tomato Salsa

259



Loaded Nachos

Housemade Nachos, Tomato Salsa, Cheese Sauce, Mozzarella Cheese, Refried Beans, Jalapeno, Olives, Sour Cream

419

Potato Wedges

Served With Beetroot Ketchup

229



Chips & Dips Platter

Potato Wedges, Nachos, Chips, Beetroot Ketchup, Hot Sauce, Garlic Aioli

329

Mushroom Ragu Hummus

Housemade Nachos, Mushroom Ragu, Hummus

399

Switch For Pita @ INR49



Handcut Fries

Handcut Fries, Beetroot Ketchup

199



Add Peri Peri Spice @ INR20

Appetizers



Barbecue Smashed Potatoes



Twice Cooked Baby Potatoes, Housemade Barbecue Sauce, Toasted Sesame Seeds, Spring Onion

299

Bang Bang Cauliflower



Panko Crumbed Cauliflower, House Special Sauce, Spring Onion

359

Mixed Pepper Croquettes



Mixed Bell Peppers, Jalapeno, Creamy Base, Cheddar Cheese, Hot Sauce

389

Mezze Platter



Falafel, Spinach & Feta Cigar, Mixed Pepper Croquettes, Hummus, Yogurt Mint Dip, Red Chilli Mojo, Pickled Vegetables, Pita Bread

529

Spinach and Feta Cigars



Sauteed Spinach, Feta Cheese, Mozzarella Cheese, Toasted Almonds, Raisins, Sweet Chilli Sauce

389

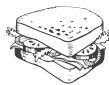
For Add On Dip: Ask your server



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SMALL PLATES

Sandwiches & Wraps



*Vegan Options Available, Talk to your Server.

Falafel Pita Sandwich



Herb Falafel, Hummus, Tahini Dressing, Pickled Vegetables, Sundried Tomatoes, Lettuce, Multigrain Pita

399

Roasted Veg Sandwich



Roasted Vegetables, Red Chili Mojo, Yogurt Mint Dip, Cucumber, Tomato, Lettuce, Multigrain Bread

399

Croissant Mushroom Sandwich

Hummus, Charred Mushroom, Sundried Tomato, Olives, Chimichurri, Feta, Butter Croissant

419

Neatball Sandwich



Kidney Beans And Oats Balls, Tomato Sauce, Basil Pesto, Cheese, Basil, Mini Baguette

415

Switch To Your Favourite Bread:

Multigrain Bread
Multigrain Pita
Mini Baguette
Tortilla Wrap
Gluten Free Bread (INR 50)

Salads



Mediterranean



Falafel, Hummus, Sundried Tomatoes, Olives, Tahini Dressing, Lettuce, Pickled Vegetables

419

Beans & Corn



Chickpeas, Kidney Beans, Black Eyed Beans, Onion, Tomato, Cucumber, Green Chili, Coriander, Yogurt Mint Dip, Sundried Tomato, Lettuce, Fennel Mint Dressing, Roasted Chickpeas, Pomegranate Seeds, Microgreen, Feta

429

Add Your Favourites:
Spicy Paneer @INR50

Quesadillas



Fajita Tofu

Tofu Capsicum Corn Fajita, Refried Beans, Diced Cheese, Tortilla Wrap, Tomato Salsa, Parsley

479

Chermoula Mushroom

Charred Mushroom, Chermoula Sauce, Diced Cheese, Olives, Tortilla Wrap, Beetroot Ketchup, Parsley

479

For Add On Dip: Ask your server



Vegan



Contains nuts



Chef's special



FES classics



Spicy



Gluten free

Government taxes as applicable. A 10% Service Charge is added before tax.

LARGE PLATES

Meal Bowls



**Vegan Options Available, Talk to your Server.*

Thai Red Curry Noodle Bowl

Red Thai Curry Soup, Whole Wheat Spaghetti, Tofu, Mixed Capsicum, Broccoli, Carrots, Fried Basil

649

Burrito Bowl

Coriander Rice, Refried Beans, Tomato Salsa, Guacamole, Sour Cream, Grated Cheddar, Fajita Vegetables, Nachos, Shredded Lettuce, Grilled Cottage Cheese, Beans And Corn Mix

659

Cottage Cheese Shawarma Bowl

Grilled Cottage Cheese, Turmeric Corn Pilaf, Sautéed Vegetables, Cucumber & Onion, Yogurt Mint Dip, Red Chili Mojo, Roasted Chickpeas

659

Pizza



Margherita

Tomato Sauce, Basil, Cheese

459

Spicy Paneer Pizza

Spicy Paneer Tikka, Capsicum, Onion, Tomato Sauce, Mozzarella, Microgreens

499

Farmhouse

Capsicum, Corn, Paneer, Olives, Onions, Tomato Sauce, Mozzarella, Basil

499

Pasta



**Vegan & Gluten Free Options Available. Talk to your Server.*

Spaghetti Aglio Olio

Whole Wheat Spaghetti, Cherry Tomato, Chilli Flakes, Garlic, Olive Oil, Parmesan Cheese

449

Fettuccine Alfredo

Handmade Fettuccine, Cream Sauce, Broccoli, Mushrooms, Parmesan Cheese, Olives

449

Penne Arrabiata

Penne Pasta, Tomato Sauce, Mix Peppers, Broccoli, Red Chilli Flakes, Basil

449

Burgers



Served in Multigrain Buns

Mushroom & Bean

Mushroom & Kidney Bean Patty, Caramelized Onions, Curry Dip, Garlic Aioli, Lettuce, Pickled Cucumber, Jalapeno

439

Ultimate Veggie

Beans, Cauliflower, Carrots, Peas, Onion, Garlic, Chickpeas, Broken Wheat, Red Chili Mojo, Yogurt Mint Dip, Pickled Cucumber, Pickled Jalapeno, Lettuce

439

Crispy Paneer

Crumbled Paneer, Garlic, Onion, House Spice Mix, Panko Crumbs, Beetroot Ketchup, Chermoula Sauce, Onion, Tomato, Lettuce

459

**Add Your Favourites:
Cheese Slice (INR 50)**

For Add On Dip: Ask your server



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DESSERTS



Chocolate Fudge Walnut Brownie

There can never be enough fudge in a brownie
This one won't disappoint!

199

Chocolate Tart

Rich chocolate ganache in a crunchy biscuit base
topped with toasted almond slivers

229

Date Walnut Cake Slice

A delicious rich cake made with date and walnuts
with no added sugar!

289

Banana Chocolate Cake Slice

The deliciousness of banana with drool-worthy
chocolate bits

269

Flax Almond Butter Cookie

Almond Butter, Flaxseed Flour and Vanilla

120

Chewy Chocochip Cookie

Our take on famous Lavain cookies in New York

100

Oats & Dates Cookie

Guilt free eating with no added sugar or refined flour

120

Cranberry Orange Cookie

Freshness of orange with dried cranberries
in a shortcrust cookie

100

Add Your Favourites:
Vanilla Ice Cream (INR 50)
Whipped Cream (INR40)

Chocolate Granola Bar

Super energy bar made with mix seeds, nuts and dates

189

Millet Jaggery Cake

Millet cake made with jaggery as sweetner

249

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All teas served in 100% biodegradable tea bags
All prices are in INR & exclusive of taxes
10% service charge on dine in
Please remember to share any food allergies while ordering.
*If required, please ask your server to remove service charge.

For Add On Dip: Ask your server



Government taxes as applicable. A 10% Service Charge is added before tax.

BOOK THE ENTIRE SPACE

for a private gathering with your loved ones

Contact the manager to know more about
Catering, Corporate Meal Boxes, Gift Hampers and Corporate Events

