



All our ingredients are local, seasonal
and sourced sustainably.





For Earth's Sake is India's first zero-waste lifestyle store cum café promoting sustainable eating.

Our thoughtfully designed menu & products are all you need to make the switch to a healthier, cruelty- free and waste-free lifestyle.

All our products are planet friendly and sourced ethically with the help of communities spread across India. This helps us provide our customers with the highest quality products while helping the local economy.

All our food is made in-house, even our bread & dips!

To avoid wastage we stock limited inventory, please cooperate if you opt for a dish that is unavailable.



ALL DAY BREAKFAST

Pancakes & Churros



Savory

Vegetarian Omelette



Served with Potato Crisps, Crostini and Beetroot Ketchup

Chickpea Flour Crepe, Sauteed Seasonal Vegetables, Cherry Tomatoes, Red Chili Mojo, Parsley

390

Sweet

Classic Buttermilk



Housemade Pancake Mix, Honey, Granola And Butter

399

Oatmeal Banana



Oats, Oat Milk, Banana, Granola, Maple Syrup

419

Churros In A Cup

Classic Churros Dusted In Cinnamon Sugar With Velvety Chocolate Sauce & Whipped Cream!

300

Add Your Favourites:
Whipped Cream (INR50)
Fruits (INR30)
Chocolate Peanut Butter (INR50)



Open Toasts

Avocado & Pickled Tomato



Chunky Avocado Mash, Pickled Tomatoes, Toasted Seeds, Chilli Oil, Microgreens, Sourdough

499

Charred Mushroom



Button Mushroom, Sundried Tomato Pesto, Chimichurri, Olives, Microgreen, Feta, Sourdough

429

Coffee Buddies



Butter Croissant

This Classic French Pastry Is A Made-in Heaven Partner For Your Coffee!

200

Chocolate Vanilla French Toast



Brioche Loaf Slice, Housemade Chocolate Ganache And Vanilla Icecream, Toasted Almond Slivers

329

Chocolate Croissant



Butter Croissant, Housemade Chocolate Ganache, Toasted Almonds

250

Bagels



Herbed Cream Cheese

Fresh Herbs, Cream Cheese, Pickled Cucumber, Fresh Carrots, Lettuce, Sesame Bagel

399

Pesto Cheese



Pesto, Fresh Cucumber, Tomato, Cheddar Slice, Lettuce, Sesame Bagel

429

For Add On Dip: Ask your server



Vegan



Contains nuts



Chefs special



F&S classics



Spicy



Gluten free

Government taxes as applicable. A 10% Service Charge is added before tax.

SMALL PLATES

Munchies



Potato Chips



Potato Chips, 2 House Dips

149

Baked Nachos



Housemade Nachos, Tomato Salsa

259

Loaded Nachos

Housemade Nachos, Tomato Salsa,
Cheese Sauce, Mozzarella Cheese, Refried Beans,
Jalapeno, Olives, Sour Cream

419

Potato Wedges



Served With Beetroot Ketchup

229

Chips & Dips Platter

Potato Wedges, Nachos, Chips, Beetroot Ketchup,
Hot Sauce, Garlic Aioli

329

Mushroom Ragu Hummus



Housemade Nachos, Mushroom Ragu, Hummus

399

Switch For Pita @ INR49

Handcut Fries



Handcut Fries, Beetroot Ketchup

199

Add Peri Peri Spice @ INR20

Appetizers



Mixed Pepper Croquettes



Mixed Bell Peppers, Jalapeno, Creamy Base,
Cheddar Cheese, Hot Sauce

389

Mezze Platter



Falafel, Spinach & Feta Cigar, Mixed Pepper
Croquettes, Hummus, Yogurt Mint Dip, Red Chilli Mojo,
Pickled Vegetables, Pita Bread

529

Spinach and Feta Cigars



Sauteed Spinach, Feta Cheese, Mozzarella Cheese,
Toasted Almonds, Raisins, Sweet Chilli Sauce

389

For Add On Dip: Ask your server



Vegan



Contains
nuts



Chefs
special



F&S
classics



Spicy

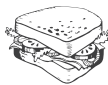


Gluten
free

Government taxes as applicable. A 10% Service Charge is added before tax.

SMALL PLATES

Sandwiches & Wraps



**Vegan Options Available, Talk to your Server.*

Falafel Pita Sandwich



Herb Falafel, Hummus, Tahini Dressing, Pickled Vegetables, Sundried Tomatoes, Lettuce, Multigrain Pita

399

Roasted Veg Sandwich



Roasted Vegetables, Red Chili Mojo, Yogurt Mint Dip, Cucumber, Tomato, Lettuce, Multigrain Bread

399

Croissant Mushroom Sandwich

Hummus, Charred Mushroom, Sundried Tomato, Olives, Chimichurri, Feta, Butter Croissant

419

Neatball Sandwich



Kidney Beans And Oats Balls, Tomato Sauce, Basil Pesto, Cheese, Basil, Mini Baguette

415

Switch To Your Favourite Bread:
Multigrain Bread
Multigrain Pita
Mini Baguette
Tortilla Wrap
Gluten Free Bread (INR 50)

Salads



Mediterranean



Falafel, Hummus, Sundried Tomatoes, Olives, Tahini Dressing, Lettuce, Pickled Vegetables

419

Beans & Corn



Chickpeas, Kidney Beans, Black Eyed Beans, Onion, Tomato, Cucumber, Green Chili, Coriander, Yogurt Mint Dip, Sundried Tomato, Lettuce, Fennel Mint Dressing, Roasted Chickpeas, Pomegranate Seeds, Microgreen, Feta

429

Add Your Favourites:
Spicy Paneer @INR50

Quesadillas



Fajita Tofu

Tofu Capsicum Corn Fajita, Refried Beans, Diced Cheese, Tortilla Wrap, Tomato Salsa, Parsley

479

Chermoula Mushroom

Charred Mushroom, Chermoula Sauce, Diced Cheese, Olives, Tortilla Wrap, Beetroot Ketchup, Parsley

479

For Add On Dip: Ask your server



Vegan



Contains nuts



Chefs special



FES classics



Spicy



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LARGE PLATES

Pizza



Margherita

Tomato Sauce, Basil, Cheese

459

Spicy Paneer Pizza

Spicy Paneer Tikka, Capsicum, Onion,
Tomato Sauce, Mozzarella, Microgreens

499

Farmhouse

Capsicum, Corn, Paneer, Olives, Onions, Tomato Sauce,
Mozzarella, Basil

499

Burgers



Served in Multigrain Buns

Mushroom & Bean



Mushroom & Kidney Bean Patty, Caramelized Onions,
Curry Dip, Garlic Aioli, Lettuce, Pickled Cucumber,
Jalapeno

439

Ultimate Veggie

Beans, Cauliflower, Carrots, Peas, Onion, Garlic,
Chickpeas, Broken Wheat, Red Chili Mojo, Yogurt Mint Dip,
Pickled Cucumber, Pickled Jalapeno, Lettuce

439

Crispy Paneer

Crumbled Paneer, Garlic, Onion, House Spice Mix,
Panko Crumbs, Beetroot Ketchup, Chermoula Sauce,
Onion, Tomato, Lettuce

459

Add Your Favourites:
Cheese Slice (INR 50)

Pasta



*Vegan & Gluten Free Options Available. Talk to your Server.

Spaghetti Aglio Olio



Whole Wheat Spaghetti, Cherry Tomato, Chilli Flakes,
Garlic, Olive Oil, Parmesan Cheese

449

Fettuccine Alfredo

Handmade Fettuccine, Cream Sauce, Broccoli, Mushrooms,
Parmesan Cheese, Olives

449

Penne Arrabiata



Penne Pasta, Tomato Sauce, Mix
Peppers, Broccoli, Red Chilli Flakes, Basil

449

For Add On Dip: Ask your server



Vegan



Contains
nuts



Chefs
special



F&S
classics



Spicy



Gluten
free

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DESSERTS



Chocolate Fudge Walnut Brownie

There can never be enough fudge in a brownie
This one won't disappoint!

199

Chocolate Tart

Rich chocolate ganache in a crunchy biscuit base
topped with toasted almond slivers

229

Date Walnut Cake Slice



A delicious rich cake made with date and walnuts
with no added sugar!

289

Banana Chocolate Cake Slice



The deliciousness of banana with drool-worthy
chocolate bits

269

Flax Almond Butter Cookie



Almond Butter, Flaxseed Flour and Vanilla

120

Chewy Chocochip Cookie

Our take on famous Lavain cookies in New York

100

Oats & Dates Cookie



Guilt free eating with no added sugar or refined flour

120

Cranberry Orange Cookie

Freshness of orange with dried cranberries
in a shortcrust cookie

100

Add Your Favourites:
Vanilla Ice Cream (INR 50)
Whipped Cream (INR40)

Chocolate Granola Bar

Super energy bar made with mix seeds, nuts and dates

189

Millet Jaggery Cake



Millet cake made with jaggery as sweetener

249

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All teas served in 100% biodegradable tea bags
All prices are in INR & exclusive of taxes
10% service charge on dine in
Please remember to share any food allergies while ordering.
*If required, please ask your server to remove service charge.

For Add On Dip: Ask your server



Vegan



Contains
nuts



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HOT BEVERAGES



Coffee

Americano

Espresso with hot water

125/169 R/L

Espresso

The classic full flavour shot of freshly extracted coffee

109

Cortado

Equal parts of espresso and steamed milk

149

Macchiato

Equal parts of espresso and milk foam

149

Hot Chocolate

The classic steamed milk drink with the richness of our secret chocolate!

199

Flat White

Espresso based drink with textured milk

219

Caffe Mocha

Espresso with chocolatey combination with milk

219

Caffe Latte

Espresso with perfect combination of steamed milk

219/239 R/L

Cappuccino

Espresso with perfect combination of steamed milk foam

219/239 R/L

Pour Over

Hot water slowly poured over ground coffee.

189

Tea

Green Tea

Delightfully earthy green tea, high in antioxidants

149

Chamomile Tea

Brewed chamomile buds known for their calming properties

159

Kashmiri Kahwa

Soul-warming traditional kashmiri tea with sabut spices

159

Assam Tea

Freshly brewed tea with a refreshing flavour

119

Masala Tea

Our special freshly brewed masala tea

169

Chai

The classic doodh chai!

129

Masala Chai

Classic masala chai with real fresh spices

169

Add Your Favourite Flavours:

Caramel (INR 40)
Hazelnut (INR 40)
Vanilla (INR 40)

Add Your Favourite Milk:

Almond Milk (INR 60)
Soy Milk - (INR 60)
Oat Milk - (INR 60)



Vegan

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COLD BEVERAGES



Iced Mocha

Shaken espresso with a chocolatey combination of milk and ice

240

Iced Flat White

Shaken espresso with perfect combination of ice and textured milk

219

Cold Coffee

The perfect combination of coffee, blended ice and milk with our secret mix!

249

Iced Chocolate

Shaken chocolatey milk based drink with ice

229

Iced Latte

Shaken espresso with perfect combination of milk and ice

219

Iced Cappuccino

Shaken espresso with perfect combination of ice and milk foam

229

Iced Americano

Shaken espresso with water and ice

159

Affogato

Espresso with french vanilla ice cream

249

FES Aerocano

The Aerocano is a new take your favourite classic espresso drink- "Iced Americano"

179

Cold Brew

Brewed for more than 12 hours, the perfect way to enjoy extracted coffee flavour

189

Coffee Tonic

Powered by Peer Tonic

Chilled espresso and tonic over ice

269

Iced Pour Over

Hot water slowly poured over ground coffee - straight over ice

199

Frappuccino

Hazelnut Frappuccino

Coffee, milk, hazelnut sauce and house frappe mix blended to perfection, topped with whipped cream

279

Caramel Frappuccino

Coffee, milk and house caramel frappe mix blended to perfection, topped with whipped cream

289

Chocolate Frappuccino

Coffee, milk and house chocolate frappe mix blended to perfection, topped with whipped cream

279

Add Your Favourite Flavours:

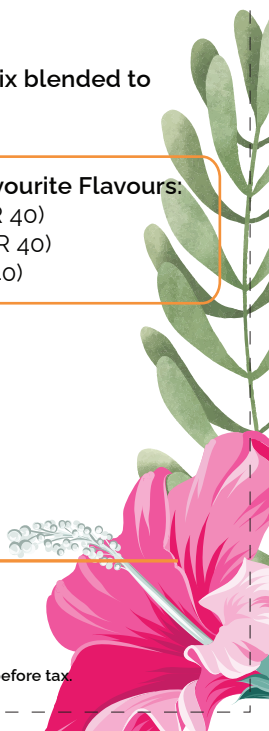
Caramel (INR 40)
Hazelnut (INR 40)
Vanilla (INR 40)

Add Your Favourite Milk:

Almond Milk (INR 60)
Soy Milk (INR 60)
Oat Milk (INR 60)



Government taxes as applicable. A 10% Service Charge is added before tax.



Summer Specials



Choco Espresso Shake



Banana, Housemade Chocolate Peanut Butter,
Cold Brew, Almond Flakes

450

Watermelon Iced Tea

Freshly brewed tea topped with ice and
fresh watermelon

219

Trioccino



A Blend Of Cold Brew, Espresso And Vegan Ice Cream!

249

Coolers



Minty Melon



A duet of melon & fresh mint in a smoothie!

199

Iced Tea

Freshly brewed tea topped with ice. Choose between
lemon or peach flavour!

189

Watermelon Basil Cooler

Watermelon & fresh basil blended with ice.

199

Berries & Banana Smoothie

Mix Seasonal Berries, Banana, Oats, Soaked Chia Seeds,
Mint Leafs, Milk

429

Vegan Energising



Government taxes as applicable. A 10% Service Charge is added before tax.



BOOK THE ENTIRE SPACE

for a private gathering with your loved ones

**Contact the manager to know more about
Catering, Corporate Meal Boxes, Gift Hampers and Corporate Events**

