

Positive Affirmations For Kids

Instructions:

1. Print these affirmation cards onto card or paper.
2. Cut out each card individually
3. Repeat these affirmations daily before school
4. It's important to help kids and young adults build that positive voice overtime with lots of practice.

*Bonus Set of MINI pencil case affirmation cards to keep in your pencil case to remind you of each of your daily affirmations.

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.co.za



I am
happy.



I am
strong.



I am
grateful.



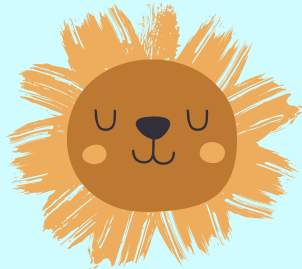
I am
honest.

Positive Affirmations

Pencil Case Mini Set



I am
happy.



I am
strong.



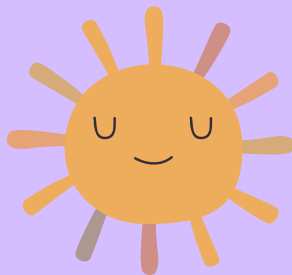
I am
calm.



I am
honest.



I am
amazing.



I am
unique.



I am
helpful.



I am
brave.



I am
honest.



I am
creative.



I am
loved.

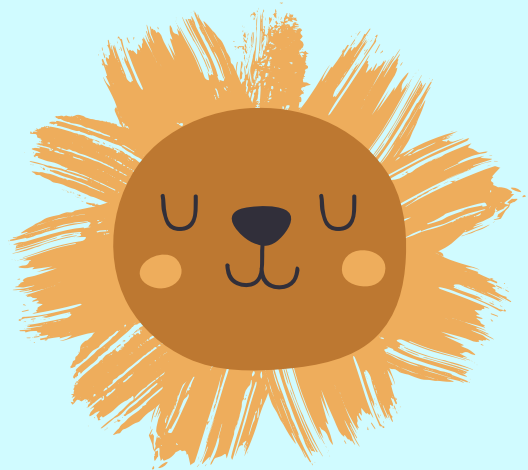


I am
enough.

Positive Affirmations - Large Cards



I am
happy.



I am
strong.



I am
calm.

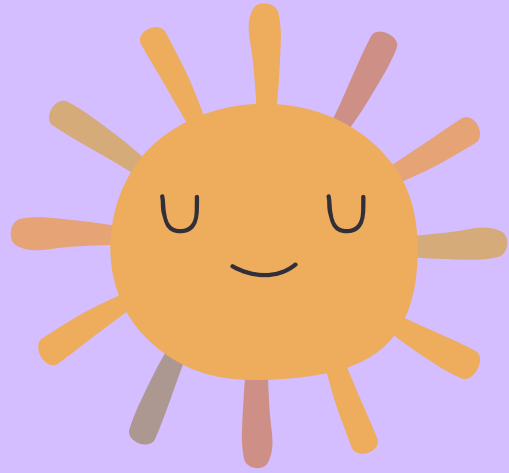


I am
amazing.

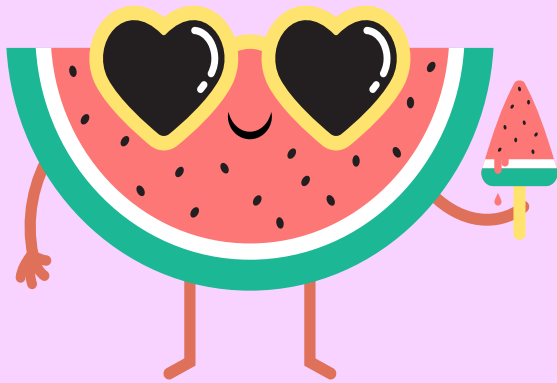
Positive Affirmations - Large Cards



I am
helpful.



I am
unique.



I am
creative.



I am
loved.

Positive Affirmations - Large Cards



I am
brave.



I am
honest.



I am
grateful.



I am
enough.