

# RANDOM ACTS OF KINDNESS ACTIVITIES

1. Smile at everybody. Its contagious.
2. Give someone a compliment.
3. Walk dogs at an animal shelter.
4. Plant something.
5. Clean up your toys without being asked.
6. Leave a letter in a library book.
7. Give high fives to your friends.
8. Donate your old toys to charity.
9. Leave happy notes around your community.
10. Pick up litter.
11. Tell a joke.
12. Set the table for dinner.
13. Tell the principal how great your teacher is.
14. Talk to someone new at school.
15. Bake treats for a policeman or firefighter.
16. Visit the elderly and have a chat with them.
17. Hold the door open for someone.
18. Tell someone why they are special.
19. Bring flowers to your teacher.
20. Help make dinner.

