

*BREAKFAST SERVED 8AM-11AM MON-FRI. SELECT ITEMS AVAILABLE ALL DAY.
*A LIMITED VERSION OF THIS MENU IS AVAILABLE AT OUR SMALLER LOCATIONS

FIKA / BREAKFAST

THE PERFECT START

YOGURT PARFAIT WITH FIKA GRANOLA
Hudson Valley Fresh low fat yogurt
honey/raspberry 5

NAKED OATMEAL
nothing but oats 4
optional toppings: FIKA lingonberry spread
/FIKA strawberry & vanilla spread/shaved
almonds/walnuts +0.50/each

CHIA & PUMPKIN OATMEAL
almonds, apples, dried cranberries
cinnamon, brown sugar 5

BOILED EGG
individual hard-boiled egg 1.50

HAM & VÄSTERBOTTEN CROISSANT
plain croissant, Västerbotten cheese 5

BREADS

OPEN FACE EGG SANDWICH
FIKA kavring, Kalles Kaviar 5

VISBY WRAP
egg salad, spinach wrap 5

TOAST, BUTTER & JAM
FIKA sourdough, FIKA jam 4

BUILD YOUR brEGGfast

YOUR BREAKFAST, YOUR WAY 10
served with small toast and mixed
greens. Select from the following:

BASE
eggs/egg whites

FINISH
omelet/scrambled

TOPPINGS (3 INCLUDED)
PROTEIN; cherry smoked ham/
jarlsberg cheese/västerbotten
cheese
GREENS; spinach, mushroom,
tomato

FRESHLY BAKED PASTRIES

ASK YOUR BARISTA ABOUT TODAY'S SELECTION OF
HOME MADE COOKIES & PASTRIES, DELIVERED FRESH
DAILY FROM OUR OWN FIKA BAKERY

* LUNCH SERVED 11AM-4PM MON-FRI. SELECT ITEMS AVAILABLE ALL DAY
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FIKA / LUNCH

SANDWICHES

SKAGEN

shrimp salad, red onion, dill
FIKA sourdough 10

GÖTEBORG

Swedish meatballs, red beet salad
FIKA rye 10

ÖVERKALIX

house-cured salmon, arugula, cucumber
sweet mustard dipping sauce
Whole wheat wrap 11

TORSBY

chicken salad, cranberry, tarragon
FIKA rye 10

LYSEKIL

tuna salad, celery, green apple, red onion
pomegranate, sweet relish, chive
FIKA sourdough 10

KRAMFORS

shitake mushroom, mixed greens, chervil
cippolini onion, roasted pepper
white bean spread with ginger & elderberry
Spinach wrap 9
**served with a mint & lime yogurt dip*

*all FIKA sandwich breads made in house
with unbleached & unbromated flour*

SOUPS

SOUP OF THE WEEK 6

SOUP OF THE DAY 6

SOUP & HALF SANDWICH

combine your favorites 10

SPECIALS

ASK US ABOUT OUR DAILY
& WEEKLY SPECIALS!

ENTREES

MEATBALL PLATTER

Swedish meatballs, mashed potatoes
creamy gravy, pickled cucumbers
lingonberries 14

GRAVLAX PLATTER

house-cured salmon
dill stewed fingerling potatoes
mustard sauce 15

SALADS

SWEDISH CAESAR

Västerbotten cheese, croutons 9
**tossed with Caesar dressing*

GREEN POWER

baby kale, pomegranate, cranberry, fennel
cipollini onion, micro turnip, baby squash
rainbow carrots, flax seed 10
**chef recommends rosehip & passionfruit vinaigrette*

ORZO & HALLOUMI

orzo pasta, arugula, dill pickled tomato
watermelon radish, halloumi cheese
pumpkin seeds 11
**chef recommends without dressing*

CHEVRE SALAD

goat cheese, red & green baby spinach
beets, apple, golden raisins
lavender honey roasted walnuts 10
**chef recommends licorice & orange vinaigrette*

ADD A PROTEIN

GRAVLAX/HERB MARINATED CHICKEN/MEATBALLS 4

CHOOSE YOUR DRESSING

LICORICE & ORANGE VINAIGRETTE

CAESAR DRESSING

HONEY & LEMON VINAIGRETTE

DILL & MUSTARD DRESSING

ROSEHIP & PASSIONFRUIT VINAIGRETTE

BALSAMIC VINAIGRETTE

FIKA / BRUNCH

THE PERFECT START

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honey/raspberry 5

NAKED OATMEAL
nothing but oats 4
optional toppings: FIKA lingonberry spread /FIKA strawberry & vanilla spread/shaved almonds/walnuts +0.50/each

CHIA & PUMPKIN OATMEAL
almonds, apples, dried cranberries
cinnamon, brown sugar 5

BOILED EGG
individual hard-boiled egg 1.50

OPEN FACE EGG SANDWICH
FIKA kavring, Kalles Kaviar 5

SALADS

SWEDISH CAESAR
Västerbotten cheese, croutons 9

ORZO & HALLOUMI
orzo pasta, aurgula, dill pickled tomato
watermelon radish, halloumi cheese
pumpkin seeds 11

ADD A PROTEIN
GRAVLAX/HERB MARINATED CHICKEN/MEATBALLS 4

CHOOSE YOUR DRESSING
LICORICE & ORANGE VINAIGRETTE
CAESAR DRESSING
HONEY & LEMON VINAIGRETTE
ROSEHIP & PASSIONFRUIT VINAIGRETTE
DILL & MUSTARD DRESSING
BALSAMIC VINAIGRETTE

BUILD YOUR BRÉGGFAST

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served with small toast and mixed greens. Select from the following:

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FINISH
omelet/scrambled

TOPPINGS (3 INCLUDED)
PROTEIN; cherry smoked ham/
jarlsberg cheese/västerbotten
cheese
GREENS; spinach, mushroom,
tomato

SWEDISH CLASSICS

MEATBALL PLATTER
Swedish meatballs, mashed
potatoes creamy gravy, pickled
cucumbers, lingonberries 14

GRAVLAX PLATTER
house-cured salmon, dill-stewed
fingerling potatoes, mustard sauce 15

"SMÖRGÅSTÅRTA"
classic layered sandwich cake
shrimp salad, egg salad, tuna
salad, ham, dill 10

SWEDISH PANCAKES
traditional thin pancakes, FIKA jam,
whipped cream 10

FRESHLY BAKED PASTRIES

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OF HOME MADE COOKIES & PASTRIES, DELIVERED
FRESH DAILY FROM OUR OWN FIKA BAKERY