

TOPSPORT  
**THE MULTISPORT  
PROFESSIONALS**

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TRAVELLING ATHLETE  
INFORMATION FOR THE 2024  
KATHMANDU COAST TO COAST

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## TRAVELLING ATHLETE INFORMATION FOR THE **2024 KATHMANDU COAST TO COAST**

If you are travelling from outside of Christchurch to spend some time with us on the river or over the mountain here is some information to help plan your trip. Please get in touch if you require further help with your plans.

### **FLYING DOWN TO SEE US?**

When booking your flights we always advise booking flexi flights. Our trips are all weather and river flow dependant. Our trips will be postponed if the conditions are not safe for us to be out on the river or over Goat Pass. If you have a flexi flight you can change your flights to our new date a lot more smoothly.

Our trip meeting point and recommended accommodation locations are very close to the airport. Depending on where you stay you are looking at about 10 minutes from the airport.

If you are booking flights for a Grade II Course you need to be in Christchurch by 5.30pm the previous evening. This is for our introduction and pool session.

If you are booking flights for a river trip you need to be here at some stage previous evening. We leave the city at 6.30am on the day of your trip. Your return flight can be booked after a 6pm check in the evening.

If you are booking flights for a mountain run you need to be here at some stage the previous evening. We leave the city at 6am. We recommend flying home the following day as we are often don't arrive back to the city until after 7pm. We have a total of 4 hours driving for this day alone.

### **FLYING WITH YOUR GEAR?**

We recommend booking a bag so you can bring your own PFD and helmet. If you have a split paddle you should be able to take this on as carry on and fit in the overhead locker. If you are travelling regional in a smaller plane this may not be an option and it will need to be checked. Brining your own gear is worth the effort if it is an option to you.

If you can't fit it in you can hire gear from us. You can select 'hire gear' when filling out your pre trip waiver.

Remember you must bring your own dry bag with all your compulsory gear and your nutrition for the day.

### **WANT A RENTAL CAR WHILE YOU ARE HERE?**

We use and recommend Touchdown rentals, which is based at the Commodore Hotel. This is about 5 minutes from the airport and they offer a collection service from the airport. They have a fleet of 4WD vehicles that are ideal for a multisport adventure, especially if you need to transport your bike or a kayak. The Touchdown team having racking systems for bikes and kayaks at no additional cost when you mention 'Coast' during your booking.

# WHERE IS A GOOD SPOT TO STAY?

If you are joining us on one of our kayaking or running trips and need to find accommodation in Christchurch here are some great options on the right side of town that will make getting our meeting point in the morning easy.

\*Please note that these are not in the Christchurch CBD. If you want to stay in the city you can. The taxi ride out to our meeting point will be about 15 to 20 minutes depending on where you choose.

## COMMODORE AIRPORT HOTEL

449 Memorial Ave, Burnside  
03 358 8129  
[commodorehotel.co.nz](http://commodorehotel.co.nz)

The Commodore Hotel is just a 5 drive from the airport and offers a free transport service to and from the airport. This Hotel is a 9km taxi ride from our Yaldhurst meeting point, about a 10 min drive. The Commodore is the official accommodation partner of the Kathmandu Coast to Coast.

The team at the Commodore hotel are passionate multisporters themselves and are offering Topsport clients a 10% discount off accommodation. Just use the Promo code 'coast' either on the hotel website or when speaking with the hotel direct.

## JUICY SNOOZE

5 Peter Leeming Rd, Christchurch Airport, Harewood  
0800 427 736  
[juicysnooze.co.nz](http://juicysnooze.co.nz)

Juicy Snooze is pod style accommodation based at Christchurch Airport. If you stay here a taxi ride to our meeting place in Yaldhurst is about 8kms and 10 mins away.

## AIRWAYS MOTEL

Cnr Russley Rd & Dinton St, Yaldhurst  
0800 737 893  
[airwaysmotel.co.nz](http://airwaysmotel.co.nz)

Airways Motel is a motel close Yaldhurst Road. If you stay here Topsport can pick you up at the Z Service Station (open 24 hours & great for morning coffee), which is a 50 meter walk next door. Approx 8 mins from the Airport.

## AVONHEAD GARDENS MOTEL

168 Yaldhurst Rd, Yaldhurst  
0800 80 50 10

Avonhead Motel is a motel located on Yaldhurst Road. Topsport can pick you up from this location if you stay here. Approx 10 mins from the Airport.

## YALDHURST HOTEL

Main West Coast Rd, Yaldhurst  
03 342 8901  
[yaldhursthotel.co.nz](http://yaldhursthotel.co.nz)

Yaldhurst Hotel is **CHEAP, NOISY PUB STYLE** accommodation and is our meeting location. No walking or pick up required. You are already here. Approx 10 mins from the airport.



## KAYAK HIRE

If you are flying down to see us you will most likely to book a kayak to paddle for your trip or course as well. There is a link to booking and paying for this on the specific course/trip pages.

We have two boat options available. You can make your choice between our two excellent stable kayak options. Our kayaks come with a spray deck and air bags.

### **RUAHINE SHADOW**

The Ruahine Shadow is a stable kayak and made of composite material. It is suitable for good novice or intermediate paddlers. It is 5.7 meters long and offers great speed and handling. It has great stability and is ideally suited to paddlers looking for the edge over the more stable sea kayak.

[ruahinekayaks.co.nz/multisport-kayaks/shadow/](http://ruahinekayaks.co.nz/multisport-kayaks/shadow/)

### **BARRACUDA BEACHCOMBER**

The Beachcomber is slightly more stable than the Shadow and is made of special light weight plastic. This is suitable for novices and anyone you doesn't want to compromise their race with a swim. It turns on a dime and has compartments and deck bungys for access to the all important food and drink.

[barracudakayaks.com/beachcomber](http://barracudakayaks.com/beachcomber)

If you want to hire an alternative kayak for another provider that is fine. Please contact us to let us know your plans. You will need to get the kayak dropped off to our morning meeting point in Yaldhurst.

**We also have a couple of advanced boats available.**

Please contact us if you have any questions or require further information