


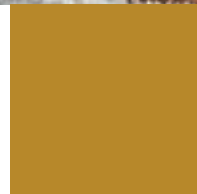
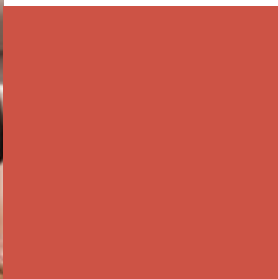


**THE FEELING AND
HEALING COLLECTION**

**Books to Aid in
Social-Emotional Development**



Groundwood Books
Toronto / Berkeley



INTRODUCTION

In this catalog, imagination and fiction meet mental health and social-emotional development. Every book can be used as a step toward understanding social-emotional concepts and challenges through the magic of storytelling. Here, you'll discover a collection of treasures designed to spark conversations around emotional awareness and regulation, as well as inclusion, culture and tougher topics like grief, death and family struggles.

Our hope is that this catalog becomes a source of understanding, connection and support for children, youth and families. Within these carefully curated books, you'll discover tales that speak directly to the hearts of many children in a simplified and easy-to-digest way.

Some of these tales describe very real situations, by authors who understand the importance of writing stories to represent and bring forward these experiences. These books can be used to foster a supportive environment for children to explore their feelings and life events, and can help move them further into developing important coping and social skills.

The goal is always to raise resilient and emotionally intelligent children, so let this catalog be your guide. We hope the books within these pages allow for meaningful conversations and skill-building through the power of a good story.

Tania DaSilva,
Clinical Director,
Child, Youth and Family Therapist,
Hons. BA, CYW, CYC



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Tania DaSilva holds an Honors Bachelor of Arts degree majoring in psychology and sociology. She is certified in cognitive behavioral therapy, solution-focused therapy and narrative therapy from the Ontario Institute for Studies in Education, University of Toronto. She holds an honors advanced diploma in child and youth care from Humber College, specializing in counseling, interventions, treatment and therapeutic activities.

Her passion for the field and personal experience have led her to create a space like no other for the children, youth, families, individuals and corporations that her clinic, Behaviour Matters, services.

SALES INFORMATION

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NAVIGATING FAMILY ISSUES

Navigating difficult moments within a family unit can feel overwhelming and confusing at times, especially when trying to figure out how to explain certain hard topics to young children in an age-appropriate way.

There are many great books and stories to help navigate specific family struggles. You can find some popular books and topics in this category.

Category 1 NAVIGATING FAMILY ISSUES



Away

Written by Emil Sher
Illustrated by Qin Leng

Love shines through in the sticky notes shared between a mother and daughter in this picture book about making time for family in the midst of our busy lives.

SPECIFICATIONS:

ISBN: 978-1-55498-483-1
Hardcover with jacket | \$18.95
Ages 4 to 7 | Grades K to 2
32 pages | 10.5" x 8.5"

Away touches on not spending as much time together as we'd like and more specifically on going away to camp. It shows creative ways to stay connected through sticky notes, and that being away from family can sometimes get easier with time, be enjoyable and, most importantly, be temporary.

KEY ATTRIBUTES:

- Being Away from Loved Ones

SOCIAL SKILLS:

- Independence
- Flexibility
- Change
- Perspective-Taking
- Problem-Solving



Category 1
NAVIGATING FAMILY ISSUES

Because I Already Loved You helps navigate stillbirth, miscarriage and infant loss. This book is a simple and relatable way to discuss the loss of a new baby with younger children and can be used to discuss “faults” or “blame” and life after loss.

KEY ATTRIBUTES:

- Child/Sibling Loss/Death

SOCIAL SKILLS:

- Resilience
- Emotional Awareness & Regulation
- Support
- Connection



Because I Already Loved You

Written by Andrée-Anne Cyr

Illustrated by Bérangère Delaporte

A child eagerly waits for their sibling to be born, but when Mommy and Daddy come home from the hospital, they explain that the baby has died.

SPECIFICATIONS:

ISBN: 978-1-77306-973-9

Hardcover with jacket | \$19.99

Ages 3 to 6 | Grades PreK to 1

32 pages | 7.5" x 9"





The Big Bad Wolf in My House

Written by Valérie Fontaine
 Illustrated by Nathalie Dion

A young girl describes what it’s like when her mom’s new friend comes to stay — a moving story about domestic violence that ends on a hopeful note.

SPECIFICATIONS:

ISBN: 978-1-77306-501-4
 Hardcover with jacket | \$18.95
 Ages 4 to 8 | Grades K to 3
 32 pages | 8.375” x 10.875”

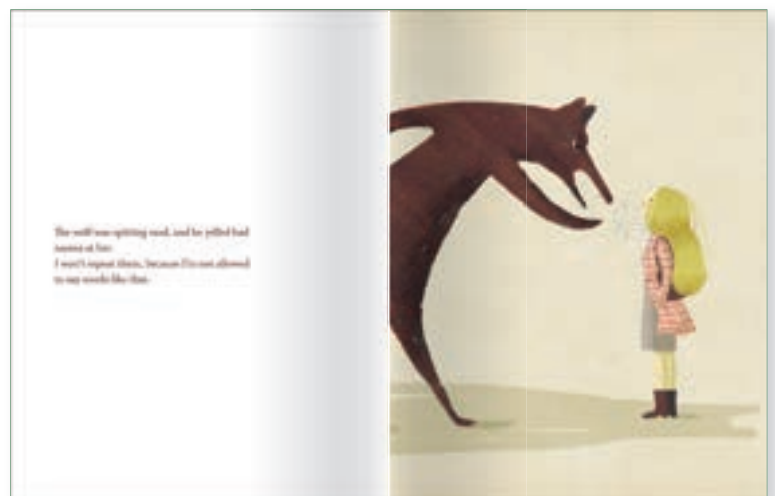
The Big Bad Wolf in My House portrays a young girl’s experience of physical and emotional abuse at home. This book can help start conversations around abuse suffered or witnessed by children and their parents, and help navigate the steps and courage needed to make it stop.

KEY ATTRIBUTES:

- Domestic Violence
- Physical & Emotional Abuse

SOCIAL SKILLS:

- Boundaries
- Communication Styles
- Problem-Solving
- Emotional Awareness & Regulation
- Advocation
- Courage
- Coping



Category 1
NAVIGATING FAMILY ISSUES

Bitter and Sweet helps navigate moving to a new home, school and community, and all the difficult aspects that come with change. This book plays on the concept of bitter and sweet to acknowledge the challenges of moving, while trying to find the sweet parts along the way.

KEY ATTRIBUTES:

- Moving Homes/Schools

SOCIAL SKILLS:

- Flexibility
- Resilience
- Perspective-Taking
- Positive Mindset
- Change



Bitter and Sweet

Written by Sandra V. Feder
Illustrated by Kyrsten Brooker

When Hannah's family has to move, her grandmother tells her how she felt leaving the old country — it was both bitter and sweet.

SPECIFICATIONS:

ISBN: 978-1-55498-995-9
Hardcover with jacket | \$17.95
Ages 4 to 7 | Grades K to 2
32 pages | 8.75" x 9.75"



Category 1
NAVIGATING FAMILY ISSUES



Louis Undercover

Written by Fanny Britt
Illustrated by Isabelle Arsenault

Louis is a young boy with an alcoholic dad and a worried mom, but with the help of his best friend, he summons up the courage to speak to his true love.

SPECIFICATIONS:

ISBN: 978-1-55498-859-4
Hardcover | \$19.95
Ages 10 to 14 | Grades 5 to 9
160 pages | 8.5" x 11.25"

Louis Undercover helps navigate alcoholism and the impacts it could have on a family, in addition to exploring relapses and the detox process. This book can be used to discuss a child's experience in a nonthreatening and explorative manner.

KEY ATTRIBUTES:

- Alcoholism

SOCIAL SKILLS:

- Resilience
- Emotional Awareness
- Empathy
- Boundaries



Category 1
NAVIGATING FAMILY ISSUES

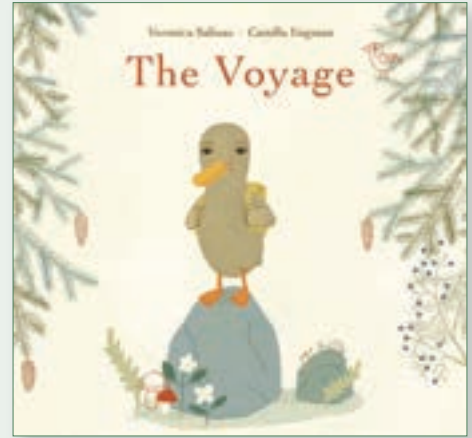
The **Voyage** touches on moving far away and forgetting who you are and where you came from, as well as the struggle to understand others and things, literally and figuratively.

KEY ATTRIBUTES:

- Moving to a New Country

SOCIAL SKILLS:

- Resilience
- Connection
- Adapting to New Things
- Change
- Friendship Skills



The Voyage

Written by Veronica Salinas
Illustrated by Camilla Engman

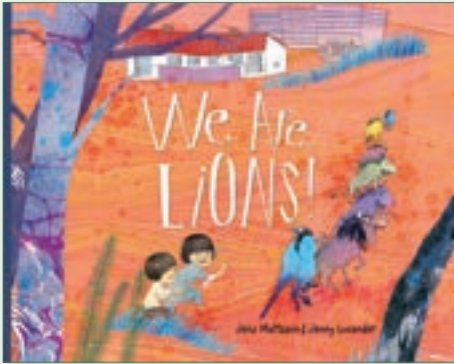
A small duck finds itself in a place full of unusual creatures speaking an unfamiliar language. But with a friend by its side, it soon feels at home.

SPECIFICATIONS:

ISBN: 978-1-55498-386-5
Hardcover with jacket | \$16.95
Ages 4 to 7 | Grades K to 2
40 pages | 8.5" x 8.1"



Category 1
NAVIGATING FAMILY ISSUES



We Are Lions!

Written by Jens Mattsson
Illustrated by Jenny Lucander

A tender story, punctuated by moments of humor, about the illness of a sibling, the love between brothers and the healing power of imagination.

SPECIFICATIONS:

ISBN: 978-1-77306-701-8
Hardcover with jacket | \$19.99
Ages 3 to 6 | Grades PreK to 1
32 pages | 9.65" x 7.68"

We Are Lions! helps navigate childhood illness (like cancer) and the changes that come with it — physical changes, hospital visits, the inability to play the same way, etc. This book can help prepare a child for what's to come in their sibling's journey or their own.

KEY ATTRIBUTES:

- Childhood/Sibling Illness

SOCIAL SKILLS:

- Emotional Awareness & Regulation
- Cooperation
- Resilience
- Courage
- Healing



Category 1
NAVIGATING FAMILY ISSUES

Weekend Dad helps navigate separation and getting used to two different homes, as well as not seeing a parent as often as before. This book helps start conversations about divorce and getting prepared and/or used to the changes and new routines that come with it.

KEY ATTRIBUTES:

- Divorce & Separation

SOCIAL SKILLS:

- Flexibility
- Resilience
- Communication
- Honesty
- Emotional Awareness & Regulation
- Change



Weekend Dad

Written by Naseem Hrab
Illustrated by Frank Viva

A little boy spends the weekend at his dad's new apartment in this picture book about how things change when parents separate — and the important things that stay the same.

SPECIFICATIONS:

ISBN: 978-1-77306-108-5
Hardcover with jacket | \$18.95
Ages 4 to 7 | Grades K to 2
36 pages | 6.5" x 9.25"

ASIAN COLLECTION



Burying the Moon

Written by Andrée Poulin
Illustrated by Sonali Zohra

A beautifully illustrated novel in verse about a young Indian girl who tackles the taboos around sanitation in her village.

SPECIFICATIONS:

ISBN: 978-1-77306-604-2
Hardcover with jacket | \$19.99
Ages 9 to 12 | Grades 4 to 6
112 Pages | 6" x 8.5"



Look! Look!

Written by Uma Krishnaswami
Illustrated by Uma Krishnaswami

A girl in India discovers an ancient step well in this compelling story that embraces community, nature and the passage of time.

SPECIFICATIONS:

ISBN: 978-1-77306-932-6
Hardcover with jacket | \$19.99 US | \$21.99 CDN
Ages 3 to 6 | Grades PreK to 1
32 pages | 7.875" x 11"



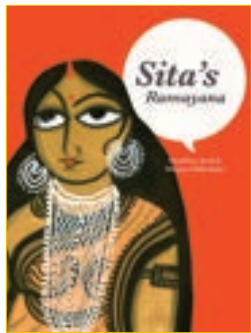
Out of the Way! Out of the Way!

Written by Uma Krishnaswami
Illustrated by Uma Krishnaswami

A wide-spreading tree and a busy road grow simultaneously as time passes, and the footsteps of people and animals give way to speeding cars, buses and trucks.

SPECIFICATIONS:

ISBN: 978-1-77306-842-8
Trade paperback | \$12.99
Ages 4 to 7 | Grades K to 2
28 pages | 7.875" x 11"



Sita's Ramayana

Written by Samhita Arni
Illustrated by Moyna Chitrakar

A beautifully illustrated feminist graphic-novel version of the story of Sita from the great Indian epic — *The Ramayana*.

SPECIFICATIONS:

ISBN: 978-1-55498-145-8
Hardcover | \$24.95
Ages 7 to 10 | Grades 2 to 5
152 pages | 6.5" x 9.25"



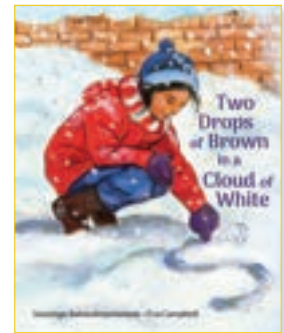
Two at the Top: A Shared Dream of Everest

Written by Uma Krishnaswami
Illustrated by Christopher Corr

Tenzing Norgay and Edmund Hillary each tell their story, culminating in their thrilling ascent of Mount Everest.

SPECIFICATIONS:

ISBN: 978-1-77306-741-4
Trade paperback | \$14.99
Ages 3 to 6 | Grades PreK to 1
32 pages | 8.75" x 11"



Two Drops of Brown in a Cloud of White

Written by Saumiya Balasubramaniam
Illustrated by Eva Campbell

A child's joy on a snowy day finally helps her mother feel at home in their new country.

SPECIFICATIONS:

ISBN: 978-1-77306-258-7
Hardcover with jacket | \$19.99
Ages 3 to 7 | Grades PreK to 2
32 pages | 8.75" x 10.75"

For more Asian titles, visit groundwoodbooks.com

NAVIGATING DEATH, LOSS, GRIEF

Learning to process death, loss and grief — some of the hardest things many of us will face — is important.

It is especially crucial that we help children navigate these topics in a developmentally appropriate way.

Death, grief and loss are difficult to discuss or prepare for, but the books in this category can definitely help with some tough conversations or realities.

Category 2
NAVIGATING DEATH, LOSS, GRIEF



The Funeral

Written & Illustrated by Matt James

A child's first experience of death involves love, laughter and some big questions about life.

SPECIFICATIONS:

ISBN: 978-1-55498-908-9
Hardcover with jacket | \$18.95
Ages 4 to 7 | Grades K to 2
40 pages | 8.75" x 12"

The Funeral portrays a child's first experience of death and traditional funeral expectations. It can be used to prepare children for a funeral, start a conversation about rituals or help navigate the questions children might have.

This book also touches on a child's innocence and ability to still feel happy during times that are difficult for adults, and features the loss of a family member the child wasn't close to. But it's important to note that even if a child loses someone close to them, they may not grieve or experience the funeral process the way we do as adults, due to their lack of understanding.

KEY ATTRIBUTES:

- Understanding Funerals

SOCIAL SKILLS:

- Emotional Awareness & Regulation
- Coping
- Resilience
- Perspective-Taking
- Respect



Category 2 NAVIGATING DEATH, LOSS, GRIEF

Good Night, Commander offers a glimpse into the world of a child who has lost his mother and one of his limbs in a war. The child lives in his imagination avenging his mother's death and the trauma he faced. This book can be used to discuss traumatic events like war or the desire to get revenge on a person who took a family member away.

KEY ATTRIBUTES:

- PTSD
- Loss
- Revenge

SOCIAL SKILLS:

- Emotional Awareness
- Coping
- Resilience
- Perspective-Taking



Good Night, Commander

Written by Ahmad Akbarpour

Illustrated by Morteza Zahedi

A powerful, moving, prize-winning story about a child who has survived the Iran-Iraq war but has endured great loss.



SPECIFICATIONS:

ISBN: 978-0-88899-989-4

Hardcover | \$17.95

Ages 4 to 7 | Grades K to 2

24 pages | 8.25" x 8.25"



Grandmother's Visit

Written by Betty Quan
Illustrated by Carmen Mok

Grace says goodbye to Grandmother in this moving book about love and loss.

SPECIFICATIONS:

ISBN: 978-1-55498-954-6
Hardcover with jacket | \$17.95
Ages 4 to 7 | Grades K to 2
32 pages | 8.625" x 9.5"

Grandmother's Visit explores a child's experience of losing a loved one and the connection that remains between them. This book can be used to discuss traditions and beliefs about the afterlife and what happens after death to the spirit.

KEY ATTRIBUTES:

- Death & Spirits

SOCIAL SKILLS:

- Emotional Awareness
- Coping
- Resilience
- Perspective-Taking
- Connection
- Culture



NAVIGATING DEATH, LOSS, GRIEF

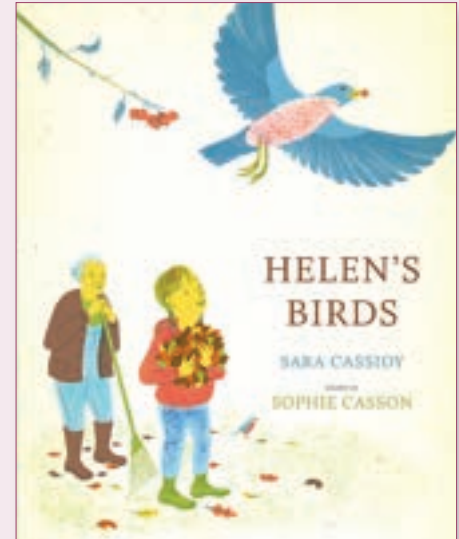
Helen's Birds uses pictures to showcase losing someone and remembering what they taught us, while continuing specific things in their memory. This book can help discuss loss, while touching on what we'd like to remember about that person and the things they taught us that we can carry on.

KEY ATTRIBUTES:

- Remembering Loved Ones & Honoring Them

SOCIAL SKILLS:

- Emotional Awareness
- Coping
- Resilience
- Perspective-Taking
- Connection



Helen's Birds

Written by Sara Cassidy
Illustrated by Sophie Casson

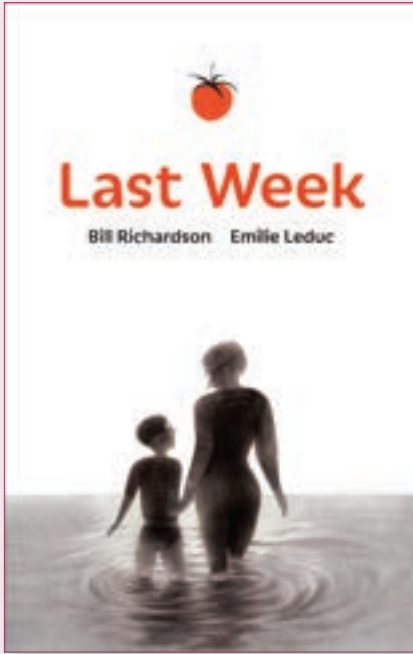
From Sara Cassidy, acclaimed author of *A Boy Named Queen*, comes a stunning wordless graphic novel about friendship, loss and hope.

SPECIFICATIONS:

ISBN: 978-1-77306-038-5
Hardcover | \$18.95
Ages 6 to 9 | Grades 1 to 4
44 pages | 8.25" x 9.75"



Category 2
NAVIGATING DEATH, LOSS, GRIEF



Last Week

Written by Bill Richardson
Illustrated by Emilie Leduc

A child cherishes every second of their grandmother's last week of life in this sensitive portrayal of medical assistance in dying.

SPECIFICATIONS:

ISBN: 978-1-77306-566-3
Hardcover with jacket | \$14.99
Ages 9 to 12 | Grades 4 to 7
64 pages | 5.25" x 8.25"

Last Week helps navigate understanding, preparing for and coping with assisted death. This book explains the usual process of saying goodbyes, and touches on the steps that come next when a family member embarks on this journey.

KEY ATTRIBUTES:

- Understanding Assisted Death

SOCIAL SKILLS:

- Emotional Awareness & Regulation
- Coping
- Resilience
- Perspective-Taking
- Connection
- Support



Category 2
NAVIGATING DEATH, LOSS, GRIEF

Malaika, Carnival Queen deals with loss and shares how a family can preserve the memory of a lost family member. When Malaika dreams about her deceased father, her family uses that opportunity to explore the past and preserve his memory.

KEY ATTRIBUTES:

- Continuing Life without a Loved One

SOCIAL SKILLS:

- Emotional Awareness
- Resilience
- Perspective-Taking
- Connection



Malaika, Carnival Queen

Written by Nadia L. Hohn
Illustrated by Irene Luxbacher

Malaika learns about her father, who came to North America as a migrant farm worker when she was just a baby and who shared her love of carnival.

SPECIFICATIONS:

ISBN: 978-1-77306-850-3
Hardcover with jacket | \$18.99
Ages 3 to 6 | Grades PreK to 1
32 pages | 10" x 9"



Category 2
NAVIGATING DEATH, LOSS, GRIEF



Maybe a Whale

Written by Kirsten Pendreigh
Illustrated by Crystal Smith

After Grandpa dies, a girl and her mother take the trip he had planned for her, kayaking along the West Coast to look for the whales that he loved.

SPECIFICATIONS:

ISBN: 978-1-77306-664-6
Hardcover with jacket | \$21.99
Ages 3 to 6 | Grades PreK to 1
36 pages | 8.625" x 11.25"

Maybe a Whale touches on celebrating and remembering a loved one who's passed away by continuing with plans or things they would've enjoyed. This book helps teach kids about keeping loved ones in our hearts and memories and continuing on with life, events or commitments without that special person.

KEY ATTRIBUTES:

- Continuing Life without a Loved One

SOCIAL SKILLS:

- Emotional Awareness
- Coping
- Resilience
- Perspective-Taking
- Connection



Category 2
NAVIGATING DEATH, LOSS, GRIEF

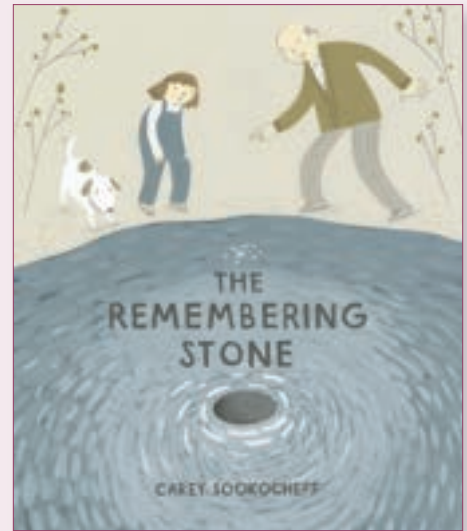
The **Remembering Stone** helps navigate losing the material things our loved ones left us and finding new ways to remember them. This book is great for kids who have lost or broken something that holds sentimental value to them or reminds them of a lost loved one. It can teach kids to find other nonmaterial ways to remember and connect to their loved ones if this happens.

KEY ATTRIBUTES:

- Connecting to Sentimental Objects
- Remembering Loved Ones

SOCIAL SKILLS:

- Emotional Awareness
- Coping
- Resilience
- Perspective-Taking
- Connection



The Remembering Stone

Written & Illustrated by Carey Sookocheff

When Alice loses a keepsake from her grandfather, she worries that she won't have anything to remember him by.

SPECIFICATIONS:

ISBN: 978-1-77306-589-2
Hardcover with jacket | \$19.99
Ages 3 to 6 | Grades PreK to 1
40 pages | 8.5" x 10"



Category 2
NAVIGATING DEATH, LOSS, GRIEF



What the Kite Saw

Written by Anne Laurel Carter
Illustrated by Akin Duzakin

In this memorable story, a young boy finds solace flying his kite from the rooftop after soldiers take his father and brother away.

SPECIFICATIONS:

ISBN: 978-1-77306-243-3
Hardcover with jacket | \$18.95
Ages 4 to 8 | Grades K to 3
32 pages | 8.5" x 10"

What the Kite Saw can be used to lightly introduce the topic of war, as well as the impacts and grief experienced by those who have been affected by war. This book can also be used as a prompt to dive into individual experiences.

KEY ATTRIBUTES:

- Experiencing War
- PTSD

SOCIAL SKILLS:

- Resilience
- Safety
- Healing



NAVIGATING DEATH, LOSS, GRIEF

Wildful can be used to touch on parental depression or extreme sadness due to grief. This book shows a child trying to engage a grief-stricken parent and the parent finally reconnecting with the child after some time has passed in their grief process.

KEY ATTRIBUTES:

- Parental Grief
- Depression & Sadness

SOCIAL SKILLS:

- Emotional Awareness
- Coping
- Resilience
- Perspective-Taking
- Connection
- Support



Wildful

Written & Illustrated by Kengo Kurimoto

Reminiscent of *The Secret Garden*, this breathtaking graphic novel explores how we can find magic in the wilderness — and in ourselves.

SPECIFICATIONS:

ISBN: 978-1-77306-862-6

Hardcover | \$22.99

Ages 9 to 12 | Grades 4 to 7

216 pages | 9.625" x 6.75"



LATINO COLLECTION



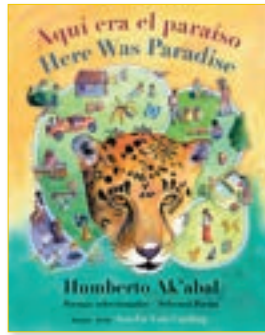
Colors! / ¡Colores!

Written by Jorge Luján
Illustrated by Piet Grobler

This bilingual, bicultural book presents us with a beautiful vision of a planet in which nature, words and the rising and setting of the sun and the moon exist in harmony.

SPECIFICATIONS:

ISBN: 978-1-77306-742-1
Trade paperback | \$14.99
Ages 3 to 6 | Grades PreK to 1
36 pages | 11.4" x 9.6"



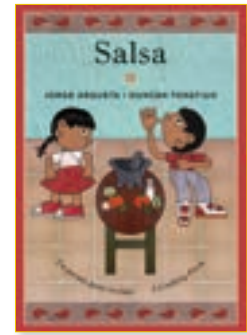
Aquí era el paraíso / Here Was Paradise

Written by Humberto Ak'abal
Illustrated by Amelia Lau Carling

A collection of poetry by one of the greatest Indigenous poets of the Americas about the vanished world of his childhood — that of the Maya K'iche'.

SPECIFICATIONS:

ISBN: 978-1-77306-495-6
Hardcover with jacket | \$19.99
Ages 9 to 14 | Grades 4 to 9
172 pages | 6.5" x 8.313"



Salsa: Un poema para cocinar / A Cooking Poem

Written by Jorge Argueta
Illustrated by Duncan Tonatiuh

In this cooking poem, Jorge Argueta brings us a fun and easy recipe for a yummy salsa!

SPECIFICATIONS:

ISBN: 978-1-77306-003-3
Trade paperback | \$8.95
Ages 4 to 7 | Grades K to 2
32 pages | 7.25" x 10.5"



Sleeping with the Light On

Written by David Unger

Life in Guatemala is simple for young Davico and his older brother Felipe ... until soldiers invade, and the blackouts begin.

SPECIFICATIONS:

ISBN: 978-1-77306-384-3
Hardcover with jacket | \$14.95 US | \$16.95 CDN
Ages 6 to 9 | Grades 1 to 4
96 pages | 5" x 7.75"



Two Green Birds

Written & Illustrated by Geraldo Valério

A child in Brazil experiences the beauty and wonder of the natural world, and comes to understand his role within it.

SPECIFICATIONS:

978-1-77306-795-7
Hardcover | \$14.99
Ages 6 to 9 | Grades 1 to 4
88 pages | 5.5" x 7.25"



Somos como las nubes / We Are Like the Clouds

Written by Jorge Argueta
Illustrated by Alfonso Ruano

This book of poetry offers an eloquent and timely plea for understanding refugees.

SPECIFICATIONS:

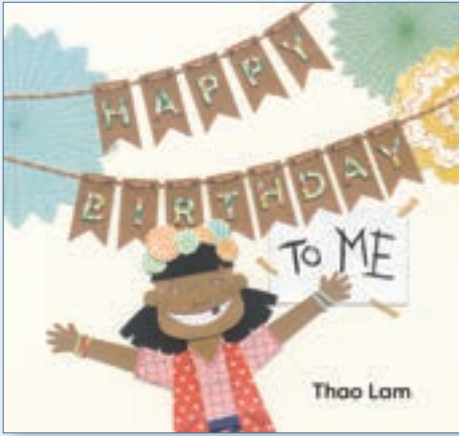
ISBN: 978-1-55498-849-5
Hardcover with jacket | \$19.99
Ages 7 to 12 | Grades 2 to 7
36 pages | 8.5" x 9.25"

For more Latino titles, visit groundwoodbooks.com

DEVELOPING EMOTIONAL AWARENESS

Developing general emotional and self-awareness is the foundation of emotional intelligence and absolutely needed for emotional and self-regulation.

The books in this category are great resources to start conversations about emotions and to develop better emotional awareness.



Happy Birthday to Me

Written & Illustrated by Thao Lam

How does it feel to turn a year older? A child runs through a spectrum of emotions on the best day of the year, their birthday!

SPECIFICATIONS:

ISBN: 978-1-77306-872-5
Hardcover with jacket | \$19.99
Ages 3 to 6 | Grades PreK to 1
44 pages | 9.5" x 9"

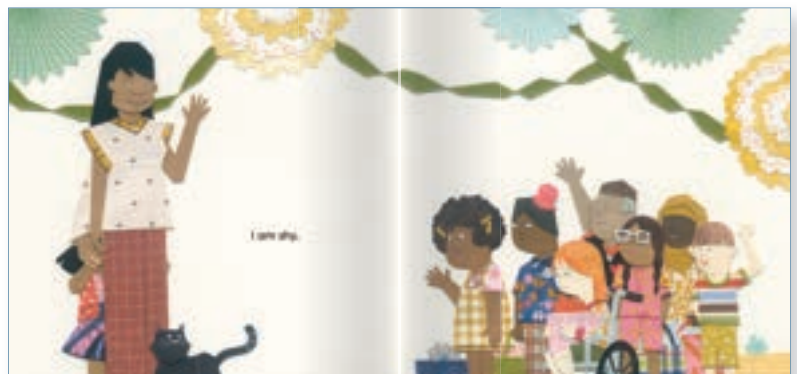
Happy Birthday to Me helps navigate feelings and how quickly they can change, while highlighting how many we can feel in a day or during specific situations. This book helps navigate understanding and accepting emotions and their intensity, and normalizes the many feelings we experience on a daily basis!

KEY ATTRIBUTES:

- Emotional Awareness & Regulation

SOCIAL SKILLS:

- Perspective-Taking
- Acceptance



DEVELOPING EMOTIONAL AWARENESS

A Serious Thought shows how many thoughts we have and how quickly they can change. It touches on serious and sometimes scary thoughts and how we can change our thoughts and perspective to feel better through developing awareness.

KEY ATTRIBUTES:

- Awareness of Thoughts & Perspective

SOCIAL SKILLS:

- Emotional Awareness & Regulation
- Perspective-Taking
- Acceptance



A Serious Thought

Written & Illustrated by Jonas Taul

A boy ponders his place in the universe in this thoughtful story about the things that keep us up at night.

SPECIFICATIONS:

ISBN: 978-1-77306-229-7

Hardcover | \$18.95

Ages 4 to 7 | Grades K to 2

64 pages | 7.25" x 5.7087"

ONE EVENING HE WAS PLAYING HAPPILY,
BUT THEN IT WAS TIME FOR BED.





Sometimes I Feel Like a Fox

Written & Illustrated by Danielle Daniel

Children’s love for animals and disguise come together in this award-winning introduction to the Anishinaabe tradition of totem animals.

SPECIFICATIONS:

ISBN: 978-1-77306-117-7
Trade paperback | \$12.99
Ages 4 to 7 | Grades K to 2
40 pages | 8.25” x 10”

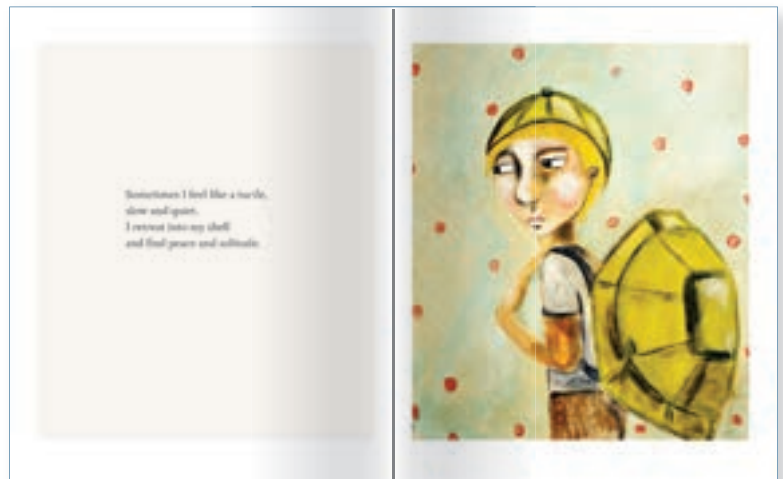
Sometimes I Feel Like a Fox uses animals and their traits to help children understand feelings. Identifying with different animals and their characteristics can make it easier for a child to connect to their own feelings and relate to what others might feel. For example, a bear is strong and protective of its loved ones — and when we feel strong and protective, we can feel like a bear, too!

KEY ATTRIBUTES:

- Emotional Awareness & Regulation

SOCIAL SKILLS:

- Perspective-Taking
- Acceptance



DEVELOPING EMOTIONAL AWARENESS

Sometimes I Feel Like a River uses nature and its elements to create self-awareness. A child describes how or why they feel like the sun, an ocean, a mountain and more. Connecting and identifying with the natural world makes understanding and relating to emotions a little easier for children. For example, feeling sunny and bright can translate to feeling happy and optimistic.

KEY ATTRIBUTES:

- Emotional Awareness & Regulation

SOCIAL SKILLS:

- Perspective-Taking
- Acceptance



Sometimes I Feel Like a River

Written by Danielle Daniel
Illustrated by Josée Bisailon

Following the huge success of *Sometimes I Feel Like a Fox*, this companion book is a lyrical celebration of our relationship to the natural world.

SPECIFICATIONS:

ISBN: 978-1-77306-695-0
Hardcover with jacket | \$18.99
Ages 3 to 6 | Grades PreK to 1
32 pages | 8.25" x 10"

LGBTQ+ COLLECTION



Dodger Boy

Written by Sarah Ellis

An American draft dodger turns up to stay with thirteen-year-old Charlotte and her family in 1970 Vancouver.

SPECIFICATIONS:

ISBN: 978-1-77306-072-9
Hardcover with jacket | \$16.95
Ages 10 to 14 | Grades 5 to 9
176 pages | 5" x 7.5"



Happy Birthday, Alice Babette

Written by Monica Kulling
Illustrated by Qin Leng

Inspired by the lives of artist Gertrude Stein and writer Alice B. Toklas.

SPECIFICATIONS:

ISBN: 978-1-55498-820-4
Hardcover with jacket | \$16.95
Ages 4 to 8 | Grades K to 3
32 pages | 8.5" x 10"



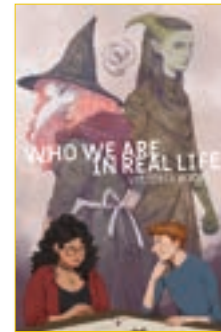
Operatic

Written by Kyo Maclear
Illustrated by Byron Eggenschwiler

A story of friendship, first crushes, opera and the high drama of middle school.

SPECIFICATIONS:

ISBN: 978-1-55498-972-0
Hardcover | \$19.95 US | \$21.95 CDN
Ages 10 to 14 | Grades 5 to 9
160 pages | 6.5" x 9"



Who We Are in Real Life

Written by Victoria Koops

A story of tabletop gaming, romance and epic campaigns — both in game and IRL.

SPECIFICATIONS:

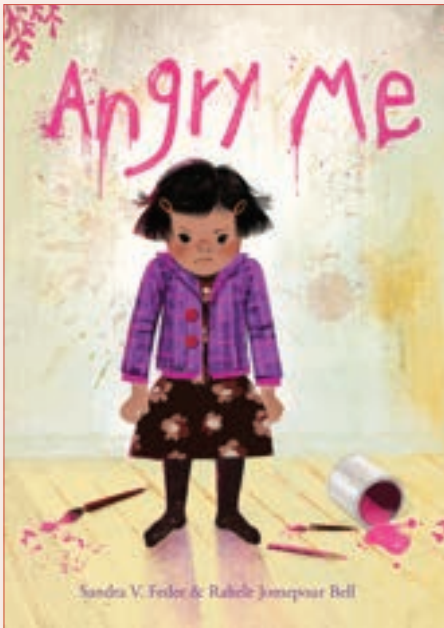
ISBN: 978-1-77306-889-3
Trade paperback | \$17.99
Ages 13 to 17 | Grades 8 to 12
288 pages | 5.5" x 8.5"

For more LGBTQ+ titles, visit groundwoodbooks.com

NAVIGATING SPECIFIC EMOTIONS

Navigating specific feelings and emotions can be difficult, especially if we don't fully understand them.

The books in this category can help explain some common emotions, while starting conversations needed to understand and regulate them.



Angry Me

Written by Sandra V. Feder

Illustrated by Rahele Jomepour Bell

In this nuanced look at what may underlie angry feelings, a young child tells us what makes her angry and how she tries to let the anger come and go.

SPECIFICATIONS:

ISBN: 978-1-77306-338-6

Hardcover with jacket | \$19.99

Ages 3 to 6 | Grades PreK to 1

32 pages | 8" x 11.25"

Angry Me navigates understanding anger and its many triggers, while exploring how to manage the emotion and highlighting that it eventually passes and reduces in intensity.

KEY ATTRIBUTES:

- Anger

SOCIAL SKILLS:

- Emotional Awareness & Regulation
- Perspective-Taking
- Resilience



Category 4 NAVIGATING SPECIFIC EMOTIONS

Game Face navigates the “what-ifs” that rattle around in many of our heads and the pressure to succeed and overcome them.

KEY ATTRIBUTES:

- Managing Anxiety & Pressure

SOCIAL SKILLS:

- Emotional Awareness & Regulation
- Empathy
- Perspective-Taking
- Resilience



Game Face

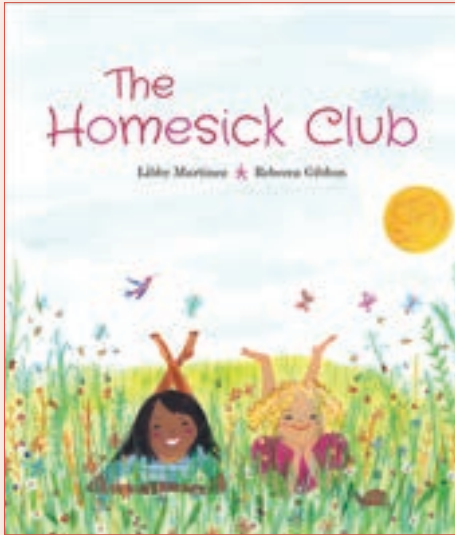
Written by Shari Green

Thirteen-year-old Jonah is determined to prove that anxiety won't stop him from succeeding as his hockey team's goalie in this dynamic novel in verse.

SPECIFICATIONS:

ISBN: 978-1-77306-868-8
Trade paperback | \$17.99
Ages 9 to 12 | Grades 4 to 7
376 pages | 5" x 7.5"





The Homesick Club

Written by Libby Martinez
Illustrated by Rebecca Gibbon

A story about making new friends and missing home, wherever home may be.

SPECIFICATIONS:

ISBN: 978-1-77306-164-1
Hardcover with jacket | \$17.95
Ages 3 to 7 | Grades PreK to 2
32 pages | 8.5" x 10"

The Homesick Club navigates feeling homesick when moving to a new country or place. It dives into the feelings of missing the people and things we don't see anymore, or as often, and adjusting to where we are now.

KEY ATTRIBUTES:

- Feeling Homesick

SOCIAL SKILLS:

- Emotional Awareness & Regulation
- Perspective-Taking
- Resilience



Category 4
NAVIGATING SPECIFIC EMOTIONS

The **Invitation** helps navigate anxiety and all the worries and “what-ifs” that can come with it, while teaching kids that there is usually something we can do to counter the “what if” thought. This book explores the idea that sometimes there might even be something positive on the other side of not knowing or of pushing through anxiety.

KEY ATTRIBUTES:

- Pushing Past Anxiety

SOCIAL SKILLS:

- Emotional Awareness & Regulation
- Perspective-Taking
- Resilience



The Invitation

Written by Stacey May Fowles
Illustrated by Marie LaFrance

Stacey May Fowles’s debut picture book is a whimsical, warmhearted story of how a super-special surprise can lead to anxiety — or invite imagination.

SPECIFICATIONS:

ISBN: 978-1-77306-661-5
Hardcover with jacket | \$19.99
Ages 3 to 6 | Grades PreK to 1
40 pages | 9” x 10”

Category 4
NAVIGATING SPECIFIC EMOTIONS



Jane, the Fox & Me

Written by Fanny Britt

Illustrated by Isabelle Arsenault

A graphic novel about bullying, body image and the transformative power of fiction.

SPECIFICATIONS:

ISBN: 978-1-55498-360-5

Hardcover | \$24.99

Ages 10 to 14 | Grades 5 to 9

104 pages | 8.5" x 11.25"

Jane, the Fox & Me highlights bullying, specifically regarding weight, and the insecure feelings it can cause someone to struggle with. This book can be used to discuss bullying in general or body shaming.

KEY ATTRIBUTES:

- Bullying/Body Insecurities

SOCIAL SKILLS:

- Emotional Awareness & Regulation
- Perspective-Taking
- Resilience
- Self-Confidence
- Boundaries
- Assertiveness



Category 4
NAVIGATING SPECIFIC EMOTIONS

Peaceful Me helps children understand what it means to be peaceful and the various things we can do to try to bring that feeling up for us. It also highlights many different methods to bring about peace that might not be so obvious to some.

KEY ATTRIBUTES:

- Feeling Peaceful & Finding Peace

SOCIAL SKILLS:

- Emotional Awareness & Regulation



Peaceful Me

Written by Sandra V. Feder
Illustrated by Rahele Jomepour Bell

A young child tells us about the different times when he feels peaceful, as well as how he copes when he needs to find a peaceful state again.

SPECIFICATIONS:

ISBN: 978-1-77306-341-6
Hardcover with jacket | \$19.99
Ages 3 to 6 | Grades PreK to 1
32 pages | 8" x 11.25"



Category 4
NAVIGATING SPECIFIC EMOTIONS



The Pet Store Window

Written by Jairo Buitrago
Illustrated by Rafael Yockteng

Ana looks out the pet store window with the store's last remaining animals for sale — a dog, a hedgehog and a mouse. What are they waiting for?

SPECIFICATIONS:

ISBN: 978-1-77306-459-8
Hardcover with jacket | \$19.99
Ages 3 to 6 | Grades PreK to 1
32 pages | 9" x 9"



The **Pet Store Window** explores feelings of compassion for people or things that may be overlooked by others. It also encourages showing up as a good friend when someone needs it. This book can be used to encourage developing compassion and empathy and to start conversations about these topics in general.

KEY ATTRIBUTES:

- Empathy/Compassion

SOCIAL SKILLS:

- Emotional Awareness
- Perspective-Taking
- Friendship Skills



Category 4
NAVIGATING SPECIFIC EMOTIONS

A Place for Pauline navigates feelings of not knowing where you fit in and working toward finding independence and comfort for yourself.

KEY ATTRIBUTES:

- Independence

SOCIAL SKILLS:

- Emotional Awareness
- Perspective-Taking
- Confidence
- Feeling Peaceful



A Place for Pauline

Written by Anouk Mahiout
Illustrated by Marjolaine Perreten

As the eldest child in a large family, Pauline struggles to find her niche and longs for peace and quiet — a charming story in graphic-novel style.

SPECIFICATIONS:

ISBN: 978-1-77306-609-7
Hardcover with jacket | \$18.99
Ages 3 to 6 | Grades PreK to 1
48 pages | 8" x 9.5"





Violet Shrink

Written Christine Baldacchino
Illustrated by Carmen Mok

In this powerful story, a young girl navigates social anxiety at family gatherings and works with her father to find a solution.

SPECIFICATIONS:

ISBN: 978-1-77306-205-1
Hardcover with jacket | \$19.99
Ages 3 to 7 | Grades PreK to 2
32 pages | 8.25" x 9.875"

Violet Shrink showcases social anxiety and how it feels for those who experience it. The character manages her anxiety and social interactions in ways she finds comforting but which still allow her to be present. This book can be used to help children work toward a compromise in discovering comforts while still exposing themselves to social interactions and facing their anxiety.

KEY ATTRIBUTES:

- Anxiety/Social Anxiety

SOCIAL SKILLS:

- Emotional Awareness & Regulation
- Perspective-Taking
- Resilience
- Compromise



Category 4
NAVIGATING SPECIFIC EMOTIONS

Walk with Me navigates being brave and independent as a child and taking on things that might be scary and hard. It touches on staying strong in the face of such experiences or things that feel dangerous or difficult. This book can also be used to explore situations where a child has had to grow up too fast and take on adult roles and tasks prematurely.

KEY ATTRIBUTES:

- Bravery
- Safety
- Strength
- Independence

SOCIAL SKILLS:

- Emotional Awareness
- Perspective-Taking
- Confidence



Walk with Me

Written by Jairo Buitrago
Illustrated by Rafael Yockteng

A simple, imaginative story depicting the complex emotional reality of a girl whose father no longer lives at home.

SPECIFICATIONS:

ISBN: 978-1-55498-857-0
Hardcover with jacket | \$18.95
Ages 4 to 7 | Grades K to 2
32 pages | 9" x 9"



BLACK COLLECTION



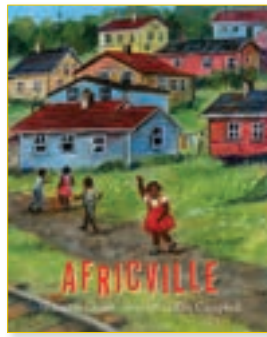
African Icons: Ten People Who Shaped History

Written by Tracey Baptiste
Illustrated by Hillary D. Wilson

Meet ten remarkable African kings, queens, inventors, scholars and visionaries who changed the world.

SPECIFICATIONS:

ISBN: 978-1-77306-870-1
Hardcover with jacket | \$24.99
Ages 9 to 12 | Grades 4 to 7
176 pages | 6" x 9"



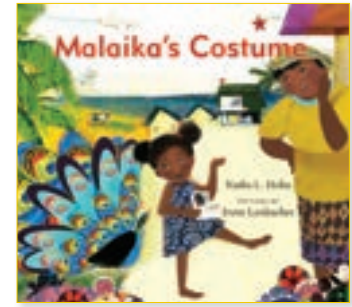
Africville

Written by Shauntay Grant
Illustrated by Eva Campbell

A powerful reimagining of what it was like to live in Africville in the 1960s through the eyes of a young girl.

SPECIFICATIONS:

ISBN: 978-1-77306-043-9
Hardcover with jacket | \$19.99
Ages 4 to 7 | Grades K to 2
32 pages | 8.25" x 10.25"



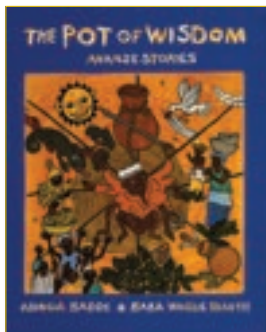
Malaika's Costume

Written by Nadia L. Hohn
Illustrated by Irene Luxbacher

Malaika's mother can't buy her a carnival costume — will she still be able to dance in the parade?

SPECIFICATIONS:

ISBN: 978-1-77306-745-2
Trade paperback | \$14.99
Ages 3 to 6 | Grades PreK to 1
32 pages | 10" x 9"



The Pot of Wisdom: Ananse Stories

Written by Adwoa Badoe
Illustrated by Baba Wagué Diakité

A marvelously witty and entertaining collection of ten tales drawn from the rich vein of the African Ananse tradition about this spider trickster.

SPECIFICATIONS:

ISBN: 978-0-88899-869-9
Trade paperback | \$14.95
Ages 7 and up | Grades 2 and up
64 pages | 8.06" x 10"



The Stone Thrower

Written by Jael Ealey Richardson
Illustrated by Matt James

The inspirational story of the undefeated African American football player Chuck Ealey.

SPECIFICATIONS:

ISBN: 978-1-55498-752-8
Hardcover with jacket | \$18.95
Ages 5 to 9 | Grades K to 4
32 pages | 10" x 9"



Viola Desmond Won't Be Budged!

Written by Jody Nyasha Warner
Illustrated by Richard Rudnicki

A picture-book biography of Viola Desmond, Canada's Rosa Parks, who was arrested for refusing to sit in the segregated section of a movie theater.

SPECIFICATIONS:

ISBN: 978-1-77306-035-4
Trade paperback | \$9.95
Ages 5 to 9 | Grades K to 4
32 pages | 8" x 10"

For more Black titles, visit groundwoodbooks.com

EXPLORING CULTURE AND IDENTITY

Trying to connect to our identity and culture or feeling misunderstood or like an outsider can be difficult.

The books in this category can be used to help create connection to or understanding of culture and identity in children. They can also be used to spotlight specific cultures and normalize differences and personal experiences.



Alone:
The Journeys of Three Young Refugees

Written by Paul Tom
Illustrated by Mélanie Baillaigé

A fully illustrated depiction of the true stories of three young people who journeyed alone to North America, seeking refugee status.

SPECIFICATIONS:

ISBN: 978-1-77306-927-2
Hardcover with jacket
\$21.99 US | \$24.99 CDN
Ages 8 to 12 | Grades 3 to 7
144 pages | 6" x 8.5"

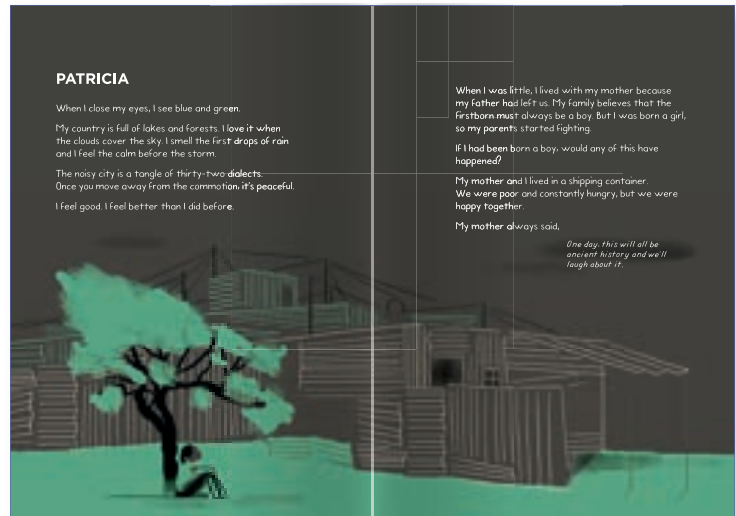
Alone touches on the experiences of minors who arrive alone in Canada, requesting refugee status, without their parents or any adults. These three stories recount heartbreaks, sacrifices and hardships these young people faced, as well as the courage and resilience they demonstrated, before being able to finally obtain a life where threats and danger are no longer a part of their everyday existence.

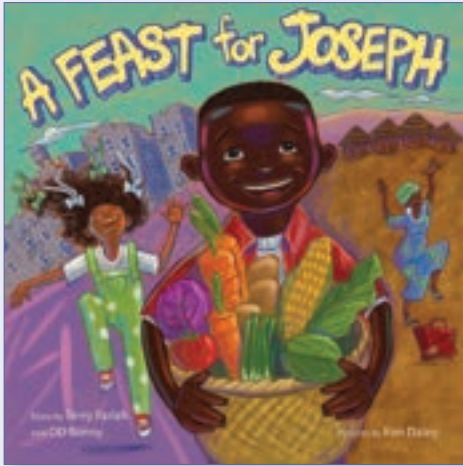
KEY ATTRIBUTES:

- Culture & Relocation

SOCIAL SKILLS:

- Perspective-Taking
- Resilience
- Change





A Feast for Joseph

Written by Terry Farish & OD Bonny
Illustrated by Ken Daley

Joseph misses sharing meals with lots of people like he did back in the refugee camp, so when the neighbors finally come over, it's a feast!

SPECIFICATIONS:

ISBN: 978-1-77306-438-3
Hardcover with jacket | \$18.99
Ages 3 to 6 | Grades PreK to 1
32 pages | 9" x 9"

A Feast for Joseph highlights the experience of a child who lived in a refugee camp in East Africa and his attempts to recreate the feeling of community in his new home. This book can open up conversations about what we miss from our homelands and encourage us to consider how we can recreate these traditions, feelings or experiences in a new country.

KEY ATTRIBUTES:

- Culture

SOCIAL SKILLS:

- Friendship
- Adapting to New Things
- Connection
- Individuality
- Community



EXPLORING CULTURE AND IDENTITY

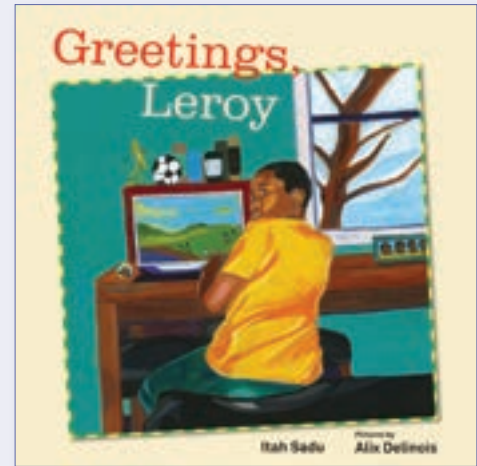
Greetings, Leroy portrays a child's experience of moving from one country to another — his nervousness, the cultural differences he sees and feels, and the adjustments he needs to make. But it also touches on being proud of one's culture, finding ways to share who we are with new friends and coming to love a new home.

KEY ATTRIBUTES:

- Culture

SOCIAL SKILLS:

- Adapting to New Things
- Connection
- Confidence
- Individuality



Greetings, Leroy

Written by Itah Sadu
Illustrated by Alix Delinois

Moving can be scary, but by the end of his first day at his new school, Roy is happy to find a piece of his old home, Jamaica, in his new home.

SPECIFICATIONS:

ISBN: 978-1-55498-760-3
Hardcover with jacket | \$18.95
Ages 4 to 7 | Grades K to 2
32 pages | 9" x 9"



The Last Two Crayons portrays the “beautiful world of brown” through a child’s use of two brown crayons to embrace her own skin and beauty. This empowering story touches on race and celebrates diversity, creativity and family.

KEY ATTRIBUTES:

- Culture

SOCIAL SKILLS:

- Connection
- Confidence
- Individuality



The Last Two Crayons

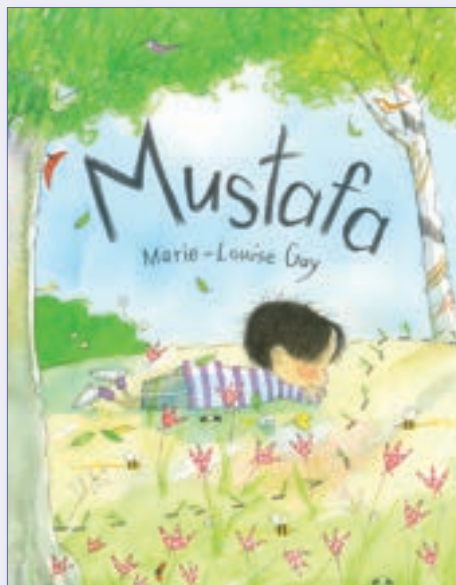
Written by Leah Freeman-Haskin
Illustrated by Shantala Robinson

Sienna looks forward to drawing a picture for her school’s spring art show, until she ends up with the last two crayons — dark brown and light brown.

SPECIFICATIONS:

ISBN: 978-1-77306-623-3
Hardcover with jacket | \$18.99
Ages 3 to 6 | Grades PreK to 1
32 pages | 8.375” x 9.75”





Mustafa

Written & Illustrated by Marie-Louise Gay

Young Mustafa feels invisible in his adopted home until a girl extends a welcoming hand.

SPECIFICATIONS:

ISBN: 978-1-77306-138-2
Hardcover with jacket | \$19.95
Ages 4 to 8 | Grades K to 3
40 pages | 8" x 10.5"

Mustafa explores the experience of a child learning to feel at home in a new place and the feeling of being invisible during that process. This book can be used to further dive into the emotions and experiences of those adjusting to a new home in a new country.

KEY ATTRIBUTES:

- Culture

SOCIAL SKILLS:

- Connection
- Individuality



Shi-shi-etko tells the story of an Indigenous girl who must leave her family and all that she knows to attend residential school. She spends her last days at home treasuring the beauty of her world, gathering memories and learning valuable teachings about her culture. *Shi-shi-etko* also talks about residential schools and the attempts to preserve Indigenous culture amongst the attempts to eliminate it.

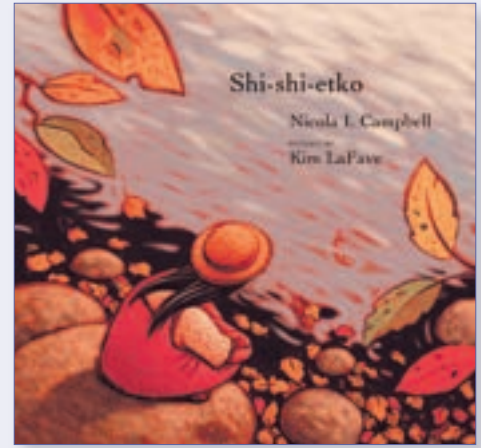
This book can open up discussions about the experiences of Indigenous Peoples and what they endured. Conversations should include those who are within the Indigenous community, as well as those outside the community who are open to learning more.

KEY ATTRIBUTES:

- Culture

SOCIAL SKILLS:

- Connection
- Empathy
- Perspective-Taking



Shi-shi-etko

Written by Nicola I. Campbell
Illustrated by Kim LaFave

A gently moving and poetic account of a child who finds solace all around her even though she is on the verge of great loss — a loss that Indigenous Peoples have endured for generations because of the residential school system.

SPECIFICATIONS:

ISBN: 978-0-88899-659-6
Hardcover | \$18.95
Ages 4 to 7 | Grades K to 2
32 pages | 8.4" x 8.1"





Shin-chi's Canoe

Written by Nicola I. Campbell
 Illustrated by Kim LaFave

Shi-shi-etko is about to return to residential school, but this time she is not alone — her six-year-old brother, Shin-chi, is going, too.

SPECIFICATIONS:

ISBN: 978-0-88899-857-6
 Hardcover | \$18.95
 Ages 4 to 7 | Grades K to 2
 40 pages | 8.5" x 8.13"

Shin-chi's Canoe tells the story of two children's experiences at residential school. It also portrays the attempts to preserve Indigenous culture amongst attempts to eliminate it.

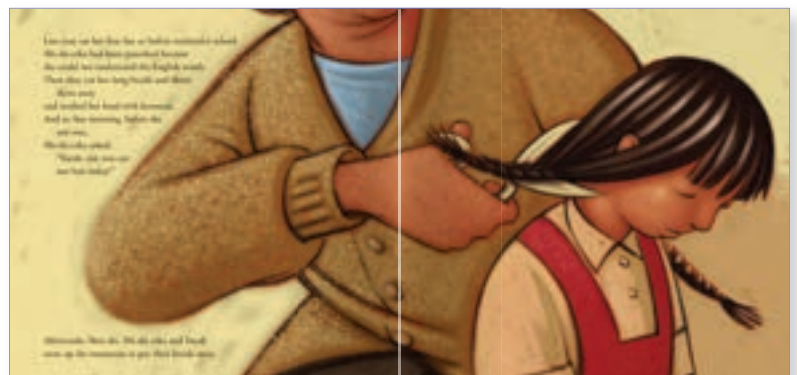
This book can open up discussions about the experiences of Indigenous Peoples and what they endured. Conversations should include those who are within the Indigenous community, as well as those outside the community who are open to learning more.

KEY ATTRIBUTES:

- Culture

SOCIAL SKILLS:

- Connection
- Empathy
- Perspective-Taking



EXPLORING CULTURE AND IDENTITY

Two White Rabbits describes the experience of many migrants traveling from Mexico and Central America to the US. It explores the journey and work it takes toward a better life.

KEY ATTRIBUTES:

- Culture

SOCIAL SKILLS:

- Connection
- Individuality



Two White Rabbits

Written by Jairo Buitrago
Illustrated by Rafael Yockteng

In this moving and timely story, a young child describes what it is like to be a migrant as she and her father travel north toward the US border.

SPECIFICATIONS:

ISBN: 978-1-55498-741-2
Hardcover with jacket | \$19.99
Ages 4 to 7 | Grades K to 2
56 pages | 8.86" x 8.27"





When I Found Grandma

Written by Saumiya Balasubramaniam
Illustrated by Qin Leng

Maya longs to see her grandmother, but when Grandma arrives from far away for a visit, she is not quite what Maya expected.

SPECIFICATIONS:

ISBN: 978-1-77306-018-7
Hardcover with jacket | \$17.95
Ages 4 to 7 | Grades K to 2
32 pages | 7.25" x 10.5"



When I Found Grandma depicts a child's rejection of her homeland's culture due to it being different from the culture she is familiar with in the West. This book helps navigate cross-cultural contexts and generational differences, as well as the journey to accepting and appreciating where we came from.

KEY ATTRIBUTES:

- Culture

SOCIAL SKILLS:

- Connection
- Confidence
- Individuality



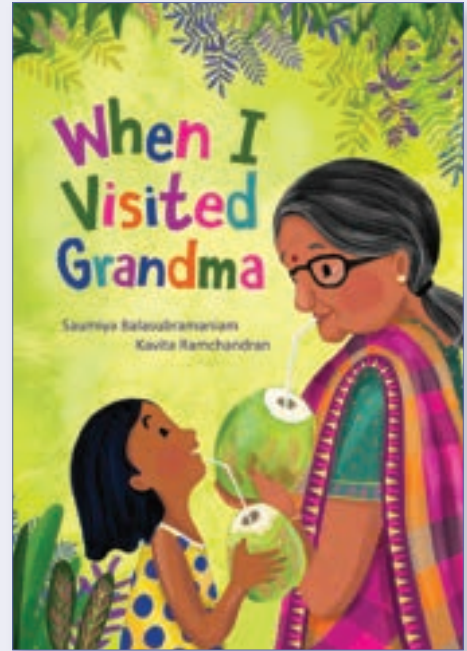
When I Visited Grandma helps highlight and navigate the challenges of cross-cultural and intergenerational relationships. It helps us connect to cultural differences and to notice them when visiting our homeland.

KEY ATTRIBUTES:

- Culture

SOCIAL SKILLS:

- Connection
- Community
- Perspective-Taking
- Change



When I Visited Grandma

Written by Saumiya Balasubramaniam
Illustrated by Kavita Ramchandran

Maya is excited to be in India visiting Grandma, but their time together isn't quite what she expected.

SPECIFICATIONS:

ISBN: 978-1-77306-833-6
Hardcover | \$19.99 US | \$21.99 CDN
Ages 3 to 6 | Grades PreK to 1
32 pages | 7.25" x 10.5"



INDIGENOUS COLLECTION



Alego

Written & Illustrated by Ningeokuluk Teevee

An enchanting and authentic introduction to the life of an Inuit child and her world.

SPECIFICATIONS:

ISBN: 978-0-88899-943-6
Hardcover | \$17.99
Ages 3 to 7 | Grades PreK to 2
24 pages | 7.63" x 9.63"



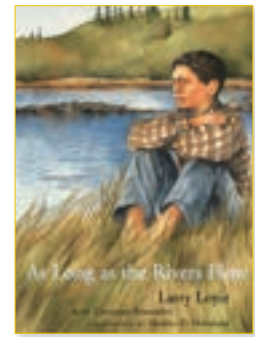
Arctic Adventures

Written by Raquel Rivera
Illustrated by Jirina Marton

Drawn from the lives of four Inuit artists, these stories offer a glimpse into this rich, remote culture, past and present.

SPECIFICATIONS:

ISBN: 978-0-88899-714-2
Hardcover | \$18.95
Ages 6 to 9 | Grades 1 to 4
48 pages | 8.5" x 10.25"



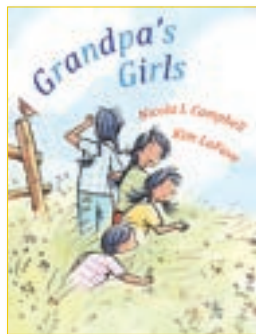
As Long as the Rivers Flow

Written by Larry Loyie & Constance Brissenden
Illustrated by Heather D. Holmlund

The story of Larry Loyie's last summer before entering residential school.

SPECIFICATIONS:

ISBN: 978-0-88899-696-1
Trade paperback | \$9.99 US | \$12.95 CDN
Ages 8 to 11 | Grades 3 to 6
48 pages | 7.25" x 10"



Grandpa's Girls

Written by Nicola I. Campbell
Illustrated by Kim LaFave

A wonderful blend of fun and family history is shared in this story of a young girl's visit to a much-loved grandparent.

SPECIFICATIONS:

ISBN: 978-1-55498-084-0
Hardcover | \$18.95
Ages 4 to 7 | Grades K to 2
32 pages | 7" x 9.125"



nipêhon / I Wait

Written & Illustrated by Caitlin Dale Nicholson

A quiet, gentle story about a family working together in the Cree tradition.

SPECIFICATIONS:

ISBN: 978-1-55498-914-0
Hardcover with jacket | \$18.95
Ages 4 to 7 | Grades K to 2
24 pages | 8.5" x 12.25"



Mii maanda ezhi-gkendmaanh / This Is How I Know

Written by Brittany Luby
Illustrated by Mangeshig Pawis-Steckley

An Anishinaabe child and her grandmother explore the natural wonders of each season.

SPECIFICATIONS:

ISBN: 978-1-77306-326-3
Hardcover with jacket | \$19.99
Ages 3 to 7 | Grades PreK to 2
44 pages | 8.75" x 8.5"

For more Indigenous titles, visit groundwoodbooks.com

FOSTERING INCLUSION AND ACCEPTANCE

Fostering inclusion and acceptance is an important skill and ability for children to develop.

Inclusion and acceptance can take many forms. The books in this category can help start the conversations in a variety of ways and can open up deeper exploration of what else this could mean or how it can present.



Aunt Pearl

Written by Monica Kulling
Illustrated by Irene Luxbacher

A sensitive and bittersweet portrayal of a loving family affected by homelessness, from acclaimed creators Monica Kulling and Irene Luxbacher.

SPECIFICATIONS:

ISBN: 978-1-77306-153-5
Hardcover with jacket | \$18.95
Ages 4 to 7 | Grades K to 2
32 pages | 10" x 8.75"

Aunt Pearl touches on homelessness, family and love. It illustrates acceptance, inclusion and love of those who are different from us or the “norm” and can open up conversations about how we can include and accept those in need of support.

KEY ATTRIBUTES:

- Homelessness
- Depression
- Mental Illness

SOCIAL SKILLS:

- Inclusion
- Empathy
- Acceptance
- Support



FOSTERING INCLUSION AND ACCEPTANCE

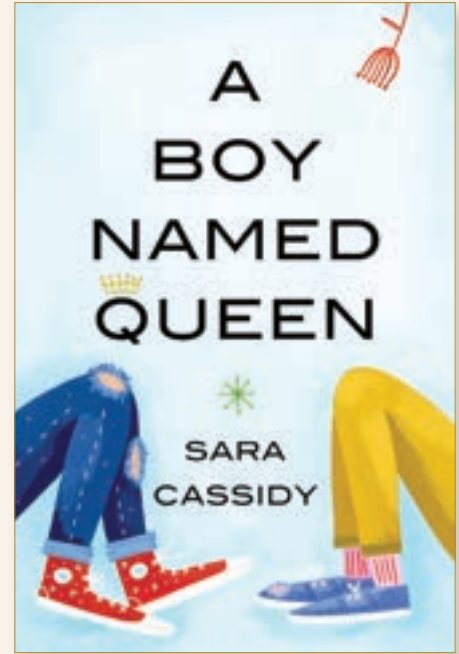
A Boy Named Queen encourages living by your own rules and being unphased by judgments. It can be used to foster individuality and uniqueness.

KEY ATTRIBUTES:

- Individuality & Uniqueness

SOCIAL SKILLS:

- Inclusion
- Acceptance
- Curiosity



A Boy Named Queen

Written by Sara Cassidy

Who will be brave enough to make friends with the boy named Queen?

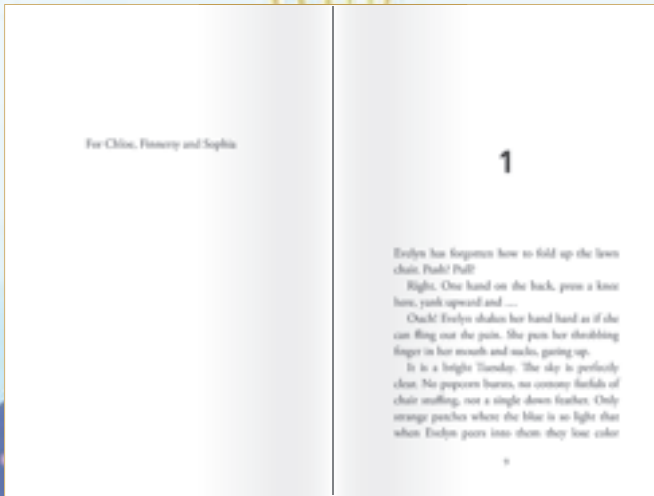
SPECIFICATIONS:

ISBN: 978-1-77306-378-2

Trade paperback | \$9.99

Ages 8 to 11 | Grades 3 to 6

80 pages | 5" x 7.5"



FOSTERING INCLUSION AND ACCEPTANCE

A Family Is a Family Is a Family showcases how families can exist in many different shapes, sizes and dynamics. It emphasizes that although we might explain our families in different ways, they are all similar at the core. This is a great book to discuss differences and encourage acceptance and inclusion of all family units, even if they differ from ours.

KEY ATTRIBUTES:

- Different Family Dynamics

SOCIAL SKILLS:

- Inclusion
- Acceptance
- Perspective-Taking



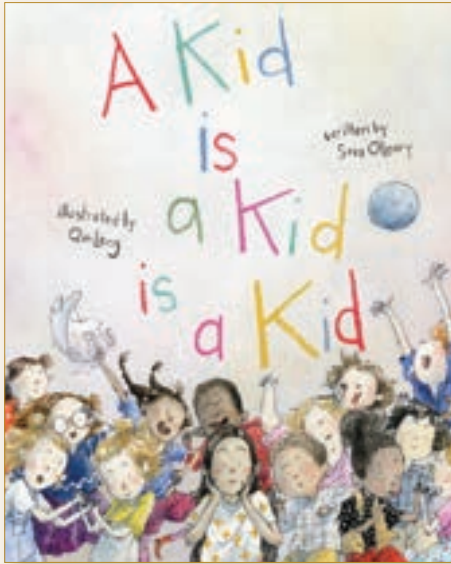
A Family Is a Family Is a Family

Written by Sara O'Leary
Illustrated by Qin Leng

When a teacher asks her class to think about what makes their families special, the answers are all different, but the same in one important way.

SPECIFICATIONS:

ISBN: 978-1-55498-794-8
Hardcover with jacket
\$17.95 US | \$18.95 CDN
Ages 4 to 7 | Grades K to 2
32 pages | 8.5" x 9.5"



A Kid Is a Kid Is a Kid

Written by Sara O'Leary
Illustrated by Qin Leng

A group of kids share the silly questions they always hear, as well as the questions they would *rather* be asked about themselves.

SPECIFICATIONS:

ISBN: 978-1-77306-250-1
Hardcover with jacket | \$18.99
Ages 3 to 6 | Grades PreK to 1
32 pages | 8.5" x 10"

A Kid Is a Kid Is a Kid recognizes that children are all different, all themselves, all just kids. It's a story that touches on the questions kids are tired of hearing and substitutes them with questions they would rather answer. It's a great way to start conversations about acceptance and individuality, what we would like others to just accept and not ask, and what questions and topics we would prefer to talk about. This book can also open up discussions about the questions we ask, how the way we ask them might make others not feel accepted and what we can do to be more accepting and inclusive instead.

KEY ATTRIBUTES:

- Accepting Others as They Are

SOCIAL SKILLS:

- Inclusion
- Individuality
- Perspective-Taking



FOSTERING INCLUSION AND ACCEPTANCE

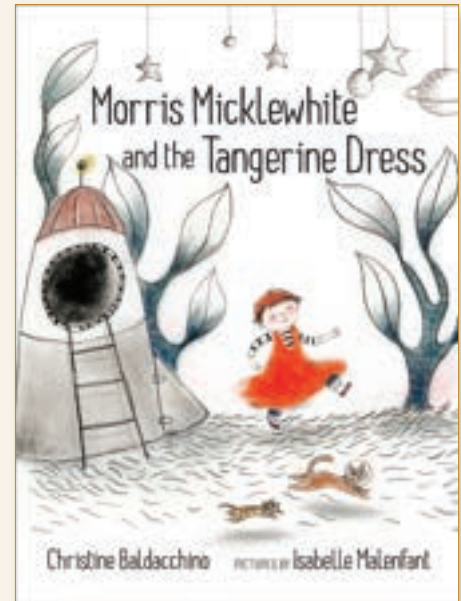
Morris Micklewhite and the Tangerine Dress touches on the courage it takes to be different and the struggles of not being understood or accepted because of it. This is a great book to open up discussions about rejection due to differences and to encourage steps toward acceptance of ourselves and others.

KEY ATTRIBUTES:

- Overcoming Rejection

SOCIAL SKILLS:

- Inclusion
- Acceptance
- Individuality



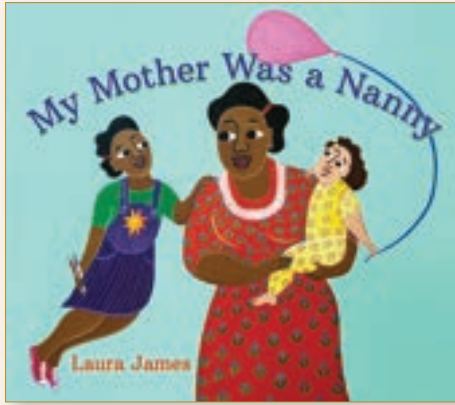
Morris Micklewhite and the Tangerine Dress

Written by Christine Baldacchino
Illustrated by Isabelle Malenfant

Morris is a little boy who loves using his imagination. But most of all, Morris loves his classroom's dress-up center and its tangerine dress.

SPECIFICATIONS:

ISBN: 978-1-55498-347-6
Hardcover with jacket | \$17.99
Ages 4 to 7 | Grades K to 2
32 pages | 7.875" x 10.5"



My Mother Was a Nanny

Written & Illustrated by Laura James

A girl longs for her mother’s attention. But Mummy is always busy helping everyone else and their children!

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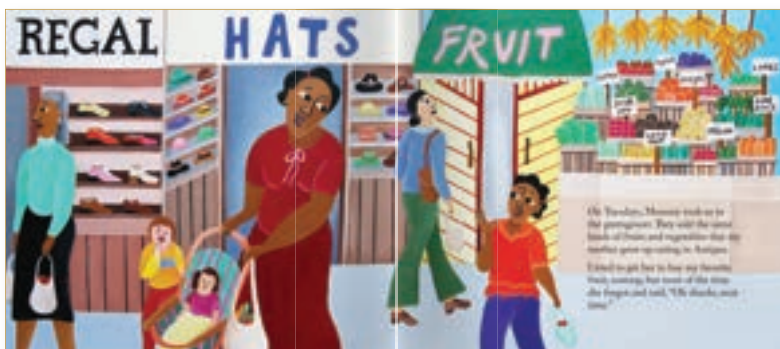
ISBN: 978-1-77306-830-5
 Hardcover with jacket
 \$19.99 US | \$21.99 CDN
 Ages 3 to 6 | Grades PreK to 1
 32 pages | 9.125” x 8”

KEY ATTRIBUTES:

- Acceptance of Our Varying Roles and Traits

SOCIAL SKILLS:

- Flexibility
- Perspective-Taking
- Individuality



FOSTERING INCLUSION AND ACCEPTANCE

The **Scooter Twins** explores the joys and challenges of disabled childhood, and offers many kids who get new wheels the opportunity to find themselves in the pages of a book.

KEY ATTRIBUTES:

- Disability

SOCIAL SKILLS:

- Acceptance
- Perspective-Taking
- Inclusion



The Scooter Twins

Written by Dorothy Ellen Palmer
Illustrated by Maria Sweeney

Twins Melvin and Melanie are excited to get their first mobility scooters. But will it change how the world sees them and how they see themselves?

SPECIFICATIONS:

ISBN: 978-1-77306-629-5
Hardcover | \$19.99 US | \$21.99 CDN
Ages 6 to 9 | Grades 1 to 4
32 pages | 10" x 9"



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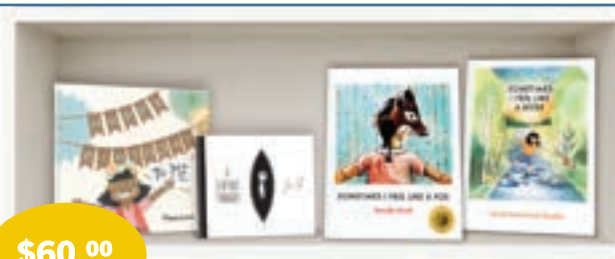
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