

Sample Winter Basket Contents

What's in the winter baskets? I'm glad you asked!

Here are some examples of what you might find in the baskets. While the specific details of what you will get from week to week will vary, these examples are meant to give you an idea of what quantity to expect.

For the root vegetables: When you come to pick up your basket at the Farm you will be able to mix and match root vegetables to your liking up to the total amount.

Mini Basket: 1-2 ppl

- 1 portion greens (Ex. 200 g spinach or salad mix, Bok Choi, 1 bunch Kale, or 1 portion micro greens)
- A total of 6 lbs root vegetables (Carrots, Beets, Onions, Potatoes, Celery Root, Parsnip, Daikon)

Small Basket: 2-3 ppl

- 1 or 2 portion greens (Ex. 200 g spinach or salad mix, 1 bunch Kale, or 1 portion micro greens)
- 1 Squash, Cabbage, or Chinese Cabbage
- A total of 6 lbs root vegetables (Carrots, Beets, Onions, Potatoes, Celery Root, Parsnip, Daikon)

Medium-Family Basket: 2-4 ppl

- 1 or 2 portion greens (Ex. 200 g spinach or salad mix, 1 bunch Kale, or 1 portion micro greens)
- 1 Squash, Cabbage, or Chinese Cabbage
- 1 Garlic
- A total of 9 lbs root vegetables (Carrots, Beets, Onions, Potatoes, Celery Root, Parsnip, Daikon)

Large-Family Basket: 5+ ppl

- 2 portion greens (Ex. 200 g spinach or salad mix, 1 bunch Kale, or 1 portion micro greens)
- 1 Squash, Cabbage, or Chinese Cabbage
- 1 Garlic
- A total of 14 lbs root vegetables (Carrots, Beets, Onions, Potatoes, Celery Root, Parsnip, Daikon)