



TensCare have a range of at-home beauty therapy devices using a number of different treatments, including EMS, Microcurrent, Red Light Therapy and Blue Light Therapy.

EMS stands for Electrical Muscle Stimulation and has successfully been used in medical rehabilitation and training in competitive sports. EMS produces intensive and effective muscular contractions which can help to tone and shape selected muscle groups and parts of the body. Using EMS alongside exercise is particularly useful for targeting areas of the body which are difficult to exercise and often lose their shape.

EMS Beauty Applications

Facial toning; helps tone, firm lift and tighten the soft tissues of the face, counteracting the effects of aging. Body shaping and toning by generating passive muscle contractions in targeted areas of the body, to build, strengthen, tone and firm targeted muscles.

Microcurrent technology has become a revolutionary tool in the field of beauty applications. This non-invasive and painless procedure involves the use of low-level electrical currents to stimulate facial muscles and improve skin tone. Here is a summary of microcurrent technology in beauty applications:

Microcurrent technology was originally developed for medical purposes, such as muscle rehabilitation and pain management. However, it has gained popularity in the beauty industry for its ability to tone facial muscles and rejuvenate the skin. Microcurrent devices deliver gentle electrical currents that mimic the body's natural electrical signals.

These currents stimulate the muscles beneath the skin, causing them to contract and relax. This process helps to lift and tone facial muscles, reducing the appearance of sagging skin.

Benefits:

Facial Toning: Microcurrent treatments are often referred to as "non-surgical facelifts" because they can enhance the contours of the face and reduce the appearance of fine lines and wrinkles.

Improved Circulation: The electrical currents increase blood flow to the skin, promoting a healthier complexion and better nutrient delivery.

Increased Collagen and Elastin Production: Microcurrent therapy can stimulate the production of collagen and elastin, essential proteins for youthful, supple skin.

Enhanced Product Absorption: By improving the skin's permeability, microcurrent treatments can enhance the absorption of skincare products, making them more effective.

Red light therapy and Blue light therapy have gained significant popularity in the beauty and skincare industry for their potential to promote various aesthetic benefits.

Red light therapy

Red Light therapy, also known as photobiomodulation uses low-level wavelengths of red light to stimulate cellular processes and deliver a range of cosmetic advantages:

Skin Rejuvenation: Red light therapy helps stimulate collagen production, leading to improved skin elasticity and reduced fine lines and wrinkles. It can also aid in the healing of scars and blemishes, resulting in smoother, younger-looking skin.

Acne Management: Red light therapy has been shown to reduce acne by targeting and minimizing inflammation and bacteria on the skin's surface. It can help control breakouts and improve overall skin clarity.

Anti-Aging: By enhancing blood circulation and cellular turnover, red light therapy can contribute to a more youthful appearance. It can diminish age spots, sun damage, and hyperpigmentation, promoting an even skin tone.

Hair Growth: Red light therapy can stimulate hair follicles and improve the thickness and density of hair. It is used in treating conditions like androgenetic alopecia and promoting hair growth.

Pain Reduction: While primarily a beauty treatment, red light therapy can also alleviate discomfort associated with certain skin conditions, such as psoriasis and eczema, making the skin feel more comfortable and look healthier.

Reduced Inflammation: Red light therapy's anti-inflammatory properties can reduce redness and puffiness in the skin, contributing to a more balanced and radiant complexion.

Minimized Scarring: It can help minimize the appearance of scars, including surgical scars and stretch marks, by promoting the healing and regeneration of damaged skin cells.

Enhanced Product Absorption: Red light therapy can enhance the absorption of skincare products, allowing them to penetrate deeper into the skin, maximizing their effectiveness.

Blue Light Therapy

Low-level blue light can be used to target specific skin issues and improve overall skin health.

Acne Treatment: Blue light therapy is particularly well-known for its ability to treat acne. It works by killing the bacteria responsible for acne breakouts (*Propionibacterium acnes*) while also reducing inflammation in the skin. This can result in clearer and smoother skin, with fewer pimples and blemishes.

Restore oil balance: Blue light therapy helps regulate sebum production, which is often excessive in individuals with oily skin. By reducing sebum levels, it can contribute to a matte and less greasy complexion.

Rosacea Management: Blue light therapy can alleviate the redness and visible blood vessels associated with rosacea, providing relief and improving the appearance of the skin.

Psoriasis and Eczema Relief: While primarily used for acne, blue light therapy can also help manage symptoms of skin conditions like psoriasis and eczema. It can reduce inflammation, itching, and discomfort, promoting better skin health.

Complementary to Skincare Products: Blue light therapy can enhance the effectiveness of skincare products by helping them penetrate deeper into the skin. This can maximize the benefits of serums, creams, and other skincare regimens.



Glomask LED Face Mask

Clinically proven combination light therapy using blue, red and near infrared light stimulation for healthy, radiant and younger looking skin.

Compatible with Unigel for radiant results.



Device Features:




- 5 treatment modes including Blue and Red/NIR combination treatment
- Varying treatment times
- Hand-held wireless controller
- Eye protection to eliminate direct exposure to light
- Full visibility during use

Advanced Skin Light Therapy



Blue & Red+NIR Lights

Blue light benefits:

-  Clears acne
-  Kills bacteria
-  Restores oil balance
-  Closes pores
-  Protects skin

Red+NIR light benefits:

-  Reduces wrinkles
-  Improves sun damage
-  Restores skin firmness
-  Enhances complexion
-  Rejuvenates skin



Uniglo & Uniwand

Uniglo & Uniwand is the ultimate full body toning and facial rejuvenation beauty therapy tool using EMS and microcurrent technology.



Unigel Hyaluronic Gel

Unigel is a hyaluronic gel that improves microcurrent facial treatment effectiveness whilst moisturising and rejuvenating your skin.

Hyaluronic Benefits:



Anti-Aging and Full Body Toning



Full body toning programmes to improve muscle bulk, tone and strength.

- Sculpt your body, tighten your skin and lose weight with daily Uniglo workouts.
- Combine EMS technology with a healthy, active lifestyle for best results.



Microcurrent treatment reduces the appearance of wrinkles.

- Stimulates collagen and elastin production in your skin for a non-invasive and effective face lift.
- Improves face contour and brightens your complexion.

Device Features:



- 6** **Six body toning programmes** target those areas that need a little extra help.



- 2** **Two dedicated facial toning programmes** brings professional beauty therapy treatment to your home.



Nailit Nail Cleaning Device

Nailit is a light therapy device designed to clean and improve the appearance of fungal nails.

Nailit uses a combination of infrared and blue light therapy to break down bacteria and reduce nail fungus, helping to provide a visible improvement in the appearance of the nail.



Daily 7 minute sessions per nail.



Visible improvement is possible in just **3 months** of daily use.



Dual-action hinge makes Nailit suitable for fingers and toes.



Rechargeable battery can provide up to 22 hours of use.