

<b>WEEROES Choice!</b>	<b>RUN ACROSS LIVING ROOM 2X</b>	<b>ROLL OVER 5X</b>	<b>THROW A BALL FROM ONE TO ANOTHER 5X</b>	<b>RUNNING IN SAME PLACE 15 SEC</b>	<b>WEEROES Choice!</b>
<b>JUMPING JACKS 10X</b>	 <p><b>HERO WORKOUT</b></p> <p>Get a dice and pick a symbol to play with. Youngest player starts. Everyone does the exercise everyone lands on. "WEEROES Choice!" gets to choose any exercise.</p> <p><a href="http://weeroes.com">weeroes.com</a></p>				<b>CRAWL ACROSS THE ROOM AND BACK</b>
<b>DO AIRPLANE POSE 10 SEC</b>					<b>DANCE A WEEROES SPOTIFY SONG</b>
<b>BUTT KICKS 10X</b>					<b>PUNCH INTO THE AIR 15 SEC</b>
<b>WEEROES Choice!</b>	<b>BICYCLE ABS 10X</b>	<b>FROG JUMPS 5X</b>	<b>WHEELBARROW ACROSS THE ROOM AND BACK</b>	<b>SQUAT AND JUMP 5X</b>	<b>LET'S GO!</b>

