

# Triathlon.de Cup München 2023



## Ergebnisliste MW- Mitteldistanz

| Platz  | StNr. | Name                    | NAT | Verein                              | SWIM  | T1    | BIKE    | T2    | RUN     | TOTAL          |
|--------|-------|-------------------------|-----|-------------------------------------|-------|-------|---------|-------|---------|----------------|
| Männer |       |                         |     |                                     |       |       |         |       |         |                |
| 1.     | 2131  | HEERSSEMA Jan-Roelf     | NED | WFV Finkenstein                     | 20:17 | 02:20 | 1:51:36 | 01:30 | 1:24:00 | <b>3:39:45</b> |
| 2.     | 2134  | KAZIS Theo              | GRE |                                     | 26:30 | 01:28 | 1:49:58 | 01:59 | 1:23:31 | <b>3:43:28</b> |
| 3.     | 2135  | KUNDRAT Jan*            | CZE | Rocktechnik                         | 24:22 | 02:29 | 1:51:05 | 01:35 | 1:23:39 | <b>3:43:33</b> |
| 4.     | 2121  | DRUEKE Martin           | GER | Soprema Team                        | 24:30 | 02:13 | 1:51:17 | 02:14 | 1:25:55 | <b>3:46:11</b> |
| 5.     | 2089  | BRÜGGEMANN Nils         | GER | TSV Jahn Freising 1891 e.V.         | 25:04 | 02:13 | 1:48:03 | 01:23 | 1:30:13 | <b>3:46:58</b> |
| 6.     | 2129  | WESCHLER Marco*         | GER | TV Hatzenbühl Tria                  | 23:03 | 01:27 | 1:52:49 | 01:33 | 1:31:24 | <b>3:50:39</b> |
| 7.     | 2124  | BALNTOUMIS Thomas       | GER | FTZ LEISTUNGSTEAM MÜH               | 20:12 | 01:28 | 2:02:26 | 02:05 | 1:27:11 | <b>3:53:24</b> |
| 8.     | 2112  | ECKHARDT Stefan         | GER |                                     | 21:41 | 01:41 | 1:53:16 | 02:24 | 1:36:12 | <b>3:55:16</b> |
| 9.     | 2052  | WEGENER Mike            | GER |                                     | 25:04 | 03:03 | 1:53:33 | 02:45 | 1:34:51 | <b>3:59:18</b> |
| 10.    | 2079  | LAUKENMANN Tobias       | GER | Tri Dornbirn                        | 25:05 | 02:14 | 2:01:42 | 01:49 | 1:32:18 | <b>4:03:10</b> |
| 11.    | 2073  | BOAS Jens*              | GER | Triteam Schongau                    | 25:22 | 03:12 | 1:53:38 | 02:04 | 1:34:02 | <b>4:03:20</b> |
| 12.    | 2091  | ENDERLE Manuel          | GER | SG Niederwangen                     | 24:23 | 01:53 | 2:02:46 | 01:32 | 1:34:09 | <b>4:04:45</b> |
| 13.    | 2122  | ZACHRAU Marco           | GER | TuS Frammersbach Ausdauersport      | 24:19 | 01:27 | 2:01:02 | 01:36 | 1:37:41 | <b>4:06:07</b> |
| 14.    | 2080  | ALBER Christoph         | GER | VfL Sindelfingen Triathlon          | 25:58 | 02:23 | 2:00:46 | 02:33 | 1:34:58 | <b>4:06:40</b> |
| 15.    | 2117  | MORARIU Lucian*         | GER | Tri-Team Triftern                   | 23:14 | 02:19 | 1:59:01 | 02:17 | 1:30:13 | <b>4:07:06</b> |
| 16.    | 2014  | SIGLE Toralf            | GER | DAV Ravensburg                      | 26:57 | 01:37 | 2:00:44 | 01:53 | 1:36:15 | <b>4:07:27</b> |
| 17.    | 2065  | FRANK Christian         | GER | TRI TV Lauingen                     | 28:03 | 01:48 | 2:03:34 | 02:08 | 1:32:17 | <b>4:07:53</b> |
| 18.    | 2081  | BERGNER Ralph           | GER |                                     | 24:43 | 02:12 | 2:05:25 | 02:22 | 1:33:17 | <b>4:08:01</b> |
| 19.    | 2128  | OPITZ Tobias            | GER | WSV Bad Tölz                        | 25:11 | 02:07 | 2:01:58 | 01:52 | 1:37:23 | <b>4:08:33</b> |
| 20.    | 2044  | RIEK-SCHNEIDER Frederik | GER |                                     | 27:13 | 02:26 | 1:59:35 | 02:18 | 1:40:38 | <b>4:12:12</b> |
| 21.    | 2016  | BRATZ Kurt              | GER | SV Solidarität Ismaning             | 28:24 | 02:55 | 2:03:22 | 01:48 | 1:35:44 | <b>4:12:15</b> |
| 22.    | 2083  | WEDEKIND Nico           | GER |                                     | 27:30 | 04:10 | 2:06:18 | 02:51 | 1:33:48 | <b>4:14:39</b> |
| 23.    | 2068  | NAUJOKS Jan             | GER | MRRC München                        | 26:54 | 01:23 | 1:57:40 | 02:43 | 1:51:34 | <b>4:20:15</b> |
| 24.    | 2092  | SCHOTTEN Volker         | GER | SG Niederwangen                     | 22:08 | 02:31 | 2:02:26 | 02:07 | 1:51:31 | <b>4:20:45</b> |
| 25.    | 2113  | STAUDT Albrecht*        | GER | Formkurve.de                        | 33:22 | 02:47 | 2:01:30 | 02:05 | 1:36:16 | <b>4:21:02</b> |
| 26.    | 2015  | JUEN Florian            | GER | Forstenrieder SC                    | 28:41 | 02:26 | 2:07:31 | 01:35 | 1:42:06 | <b>4:22:21</b> |
| 27.    | 2070  | SCHRAMM Fabian          | GER | BaderMainzl TriTeam TSV 1860        | 23:08 | 02:20 | 2:05:55 | 01:37 | 1:49:49 | <b>4:22:52</b> |
| 28.    | 2099  | DERR Lorenz             | GER |                                     | 27:39 | 02:53 | 2:09:14 | 02:22 | 1:41:13 | <b>4:23:23</b> |
| 29.    | 2074  | SCHÄPERS Max            | GER |                                     | 25:20 | 02:24 | 2:07:45 | 02:15 | 1:45:44 | <b>4:23:31</b> |
| 30.    | 2019  | BAUER Marcus*           | GER | SV Solidarität Ismaning e.V.        | 25:02 | 02:17 | 2:01:45 | 01:54 | 1:42:54 | <b>4:23:53</b> |
| 31.    | 2054  | SCHOLZ Felix*           | GER | TriTeam UniBw                       | 30:07 | 04:14 | 2:02:54 | 02:35 | 1:44:32 | <b>4:24:43</b> |
| 32.    | 2132  | GIRAUDO Nicolas         | GER |                                     | 27:49 | 06:22 | 2:09:09 | 02:16 | 1:39:31 | <b>4:25:09</b> |
| 33.    | 2088  | FISCHER Samuel          | GER | Triathlon Team Düsseldorf e.V.      | 34:26 | 03:02 | 2:02:26 | 02:35 | 1:42:43 | <b>4:25:14</b> |
| 34.    | 2090  | SCHNEIDER André         | GER |                                     | 26:11 | 02:19 | 2:15:12 | 02:36 | 1:39:06 | <b>4:25:25</b> |
| 35.    | 2107  | REISS Detlef            | GER | Team Erdinger Alkoholfrei           | 28:02 | 03:08 | 2:11:32 | 02:10 | 1:43:41 | <b>4:28:35</b> |
| 36.    | 2064  | SCHLERETH Stefan        | GER |                                     | 29:05 | 03:42 | 2:06:57 | 02:23 | 1:47:07 | <b>4:29:16</b> |
| 37.    | 2062  | KASSNER Patrick         | GER | DAV Ravensburg                      | 26:51 | 02:14 | 2:05:43 | 01:48 | 1:53:08 | <b>4:29:46</b> |
| 38.    | 2103  | SCHMALENBERG Tim        | GER |                                     | 28:49 | 04:05 | 2:11:34 | 02:42 | 1:43:13 | <b>4:30:25</b> |
| 39.    | 2045  | HELWIG Stefan           | GER | BSV 92                              | 29:36 | 03:08 | 2:11:56 | 01:42 | 1:45:07 | <b>4:31:31</b> |
| 40.    | 2119  | LEMTIS Peter            | GER | TuS Fürstenfeldbruck                | 31:53 | 03:34 | 2:05:37 | 03:24 | 1:48:55 | <b>4:33:25</b> |
| 41.    | 2049  | HRIBERSEK Benjamin      | GER | T3AM Jorge Sports                   | 26:58 | 03:41 | 2:14:46 | 02:21 | 1:46:33 | <b>4:34:22</b> |
| 42.    | 2012  | D'HAESE Jan             | GER |                                     | 27:45 | 03:51 | 2:07:17 | 00:21 | 1:55:07 | <b>4:34:23</b> |
| 43.    | 2097  | SCHALLER Klaus          | GER | power & pace                        | 25:35 | 03:10 | 2:04:35 | 02:27 | 1:59:03 | <b>4:34:51</b> |
| 44.    | 2005  | MARQUARDT Kai*          | GER | Erdinger Alkoholfrei                | 30:24 | 03:13 | 2:05:20 | 02:12 | 1:49:41 | <b>4:35:52</b> |
| 45.    | 2101  | SCHUMACHER enno         | GER |                                     | 28:29 | 04:29 | 2:18:35 | 02:24 | 1:42:44 | <b>4:36:42</b> |
| 46.    | 2025  | MAYER Christoph         | GER |                                     | 34:39 | 03:07 | 2:11:34 | 01:40 | 1:46:00 | <b>4:37:01</b> |
| 47.    | 2004  | KLOTZ Michael           | GER | TV Riem Dornach                     | 26:49 | 03:14 | 2:19:38 | 02:27 | 1:46:11 | <b>4:38:21</b> |
| 48.    | 2039  | BRUNNER Michael         | GER | TSV Eintracht Karlsfeld - Triathlon | 26:18 | 02:54 | 2:17:25 | 01:56 | 1:50:54 | <b>4:39:28</b> |
| 49.    | 2109  | PETERS Thomas           | GER | Erdinger Active Team                | 29:31 | 02:19 | 2:08:19 | 02:59 | 1:56:20 | <b>4:39:29</b> |
| 50.    | 2096  | SIEGEL Felix*           | GER |                                     | 24:47 | 04:00 | 2:13:25 | 03:08 | 1:55:29 | <b>4:41:11</b> |
| 51.    | 2111  | MENNER Peter            | GER |                                     | 26:59 | 05:21 | 2:17:34 | 03:10 | 1:48:55 | <b>4:42:01</b> |
| 52.    | 2043  | GRÄBNER Ulrich*         | GER |                                     | 27:00 | 03:23 | 2:10:58 | 02:37 | 1:53:06 | <b>4:42:05</b> |
| 53.    | 2020  | SIGLE Thormod           | GER | VfL Sindelfingen Triathlon          | 26:12 | 02:22 | 2:19:40 | 01:58 | 1:53:49 | <b>4:44:03</b> |
| 54.    | 2082  | HEB Jonas               | GER |                                     | 28:42 | 04:01 | 2:19:39 | 02:33 | 1:49:37 | <b>4:44:34</b> |

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| Platz | StNr. | Name                        | NAT | Verein                                 | SWIM  | T1    | BIKE    | T2    | RUN     | TOTAL          |
|-------|-------|-----------------------------|-----|--|-------|-------|---------|-------|---------|----------------|
| 55.   | 2034  | SCHARPF Karl                | GER | Scharpf Family                         | 25:55 | 03:22 | 2:18:52 | 02:44 | 1:54:24 | <b>4:45:20</b> |
| 56.   | 2125  | BLEUL Karsten               | GER |  | 28:01 | 03:23 | 2:19:07 | 03:30 | 1:52:40 | <b>4:46:42</b> |
| 57.   | 2042  | WEIGEL Ingo                 | GER | TSV Ensingen 1911 e.V.                 | 28:33 | 05:32 | 2:23:04 | 02:59 | 1:47:59 | <b>4:48:09</b> |
| 58.   | 2141  | MICHEL Dirk                 | GER | 1970                                   | 34:20 | 02:44 | 2:14:16 | 03:29 | 1:53:27 | <b>4:48:18</b> |
| 59.   | 2002  | KRÄMER Jonathan             | GER |  | 32:26 | 03:10 | 2:08:14 | 02:07 | 2:02:20 | <b>4:48:19</b> |
| 60.   | 2094  | KONHÄUSER Michael           | GER |  | 26:12 | 03:28 | 2:18:22 | 02:38 | 2:01:17 | <b>4:52:00</b> |
| 61.   | 2060  | TAHHAN Isam                 | GER | RIG Freiburg                           | 42:36 | 04:36 | 2:10:52 | 02:28 | 1:52:10 | <b>4:52:44</b> |
| 62.   | 2006  | RATTEI Florian              | GER | LC Waldsiedlung                        | 32:28 | 01:54 | 2:10:24 | 01:53 | 2:06:43 | <b>4:53:23</b> |
| 63.   | 2056  | MÜLLER Frank                | GER | VFL Sindelfingen Trias                 | 30:56 | 03:06 | 2:19:45 | 03:20 | 1:58:30 | <b>4:55:39</b> |
| 64.   | 2036  | ZAPF Sascha                 | GER |  | 28:47 | 06:03 | 2:07:14 | 03:16 | 2:10:54 | <b>4:56:16</b> |
| 65.   | 2038  | BODE Christoph              | GER |  | 27:17 | 04:12 | 2:24:44 | 02:51 | 1:58:49 | <b>4:57:54</b> |
| 66.   | 2126  | NIEDERHUBER Robert          | GER |  | 30:08 | 07:31 | 2:24:35 | 03:09 | 1:52:29 | <b>4:57:55</b> |
| 67.   | 2055  | SEUFERT Andreas             | GER | SG Poing                               | 32:18 | 03:47 | 2:04:35 | 03:26 | 2:14:47 | <b>4:58:54</b> |
| 68.   | 2032  | SPIELER Louis               | GER | Jawoll - spritz                        | 22:23 | 04:09 | 2:11:44 | 01:55 | 2:19:05 | <b>4:59:18</b> |
| 69.   | 2027  | BOSCHKE Maik                | GER | Power&Pace                             | 26:47 | 03:52 | 2:16:39 | 03:03 | 2:13:11 | <b>5:03:33</b> |
| 70.   | 2076  | BENTLAGE-SCHMÖLZER Florian* | GER | DJK Augsburg                           | 32:46 | 03:06 | 2:11:58 | 02:17 | 2:13:08 | <b>5:03:36</b> |
| 71.   | 2063  | KOHLBECK Thomas             | GER | Forstenrieder Sport Club e.V.          | 31:52 | 05:25 | 2:16:23 | 03:00 | 2:07:49 | <b>5:04:31</b> |
| 72.   | 2057  | BRUNNER Frank               | GER | Gemeinschaftsschule Dödingen           | 32:28 | 03:02 | 2:29:26 | 02:24 | 1:57:28 | <b>5:04:49</b> |
| 73.   | 2009  | MÄUSBACHER Reinhard         | GER | La Carrera TriTeam Rothsee             | 31:06 | 03:48 | 2:12:40 | 02:31 | 2:15:31 | <b>5:05:38</b> |
| 74.   | 2069  | KUHN Andreas                | GER | DLRG OSTFILDERN                        | 30:03 | 03:36 | 2:19:16 | 03:05 | 2:15:32 | <b>5:11:34</b> |
| 75.   | 2072  | BERGMANN Johannes           | GER | BaderMainzl TriTeam TSV 1860 Rosenheim | 34:57 | 02:23 | 2:20:41 | 02:42 | 2:11:10 | <b>5:11:54</b> |
| 76.   | 2046  | BRENDEL Oliver              | GER | YouTube - Der Medienfuzzi              | 34:36 | 04:01 | 2:15:44 | 02:30 | 2:16:03 | <b>5:12:56</b> |
| 77.   | 2110  | JAEKEL Claus                | GER |  | 31:22 | 06:54 | 2:38:49 | 03:15 | 2:02:22 | <b>5:22:44</b> |
| 78.   | 2098  | SCHOWALTER Christian        | GER |  | 36:40 | 06:26 | 2:33:34 | 04:44 | 2:02:13 | <b>5:23:40</b> |
| 79.   | 2127  | RÜPPEL Faisel               | GER | ERDINGER Active Team                   | 40:44 | 06:12 | 2:18:34 | 04:34 | 2:16:36 | <b>5:26:41</b> |
| 80.   | 2029  | MERKEL Jürgen               | GER |  | 32:54 | 06:06 | 2:22:53 | 05:58 | 2:22:28 | <b>5:30:21</b> |
| 81.   | 2061  | HEGENBARTH Malte            | GER |  | 37:09 | 04:41 | 2:17:47 | 00:22 | 2:35:54 | <b>5:35:55</b> |
| 82.   | 2136  | VOGL Andreas                | GER |  | 32:19 | 05:14 | 2:53:12 | 02:38 | 2:11:46 | <b>5:45:11</b> |
| 83.   | 2086  | WASCHER Andreas*            | GER |  | 33:38 | 06:12 | 2:21:20 | 00:29 | 2:50:15 | <b>5:52:16</b> |
| 84.   | 2031  | SCHARPF Bene                | GER | Jawoll - spritzig                      | 28:35 | 05:12 | 2:33:08 | 05:40 | 2:52:36 | <b>6:05:12</b> |
| 85.   | 2030  | SCHARPF Gottfried*          | GER | Jawoll - spritzig                      | 26:16 | 07:38 | 2:34:17 | 04:24 | 2:52:36 | <b>6:15:12</b> |
| 86.   | 2085  | LECHNER Felix               | GER |  | 37:03 | 04:40 | 2:39:59 | 02:41 | 2:52:15 | <b>6:16:39</b> |
| 87.   | 2093  | SONNTAG Stefan              | GER | Athletes for Charity                   | 37:41 | 04:52 | 3:02:56 | 04:18 | 2:37:59 | <b>6:27:48</b> |
| a.k.  | 2123  | BEBBER Nils                 | GER |  | 27:16 | 05:12 | 3:04:32 | 03:27 |         |                |
| DSQ   | 2026  | SCHERER Christian           | GER | a3sports.de                            | 28:39 | 02:43 | 2:03:29 | 01:50 | 1:36:56 | <b>4:13:39</b> |
| DSQ   | 2095  | RIVEIRO Mario               | GER |  | 27:43 | 02:13 | 2:22:23 | 00:27 |         |                |
| DSQ   | 2130  | MOHS Lukas*                 | GER |  | 31:16 | 05:47 | 2:14:56 | 03:06 | 1:30:31 | <b>4:30:38</b> |
| DSQ   | 2137  | SCHULZ Luis*                | GER | Pedal Party Passau                     | 26:23 | 03:05 | 1:53:21 | 02:35 | 1:33:35 | <b>4:04:21</b> |
| DNF   | 2017  | SEITZ Bernhard              | GER | TRI TV Lauingen                        | 30:05 | 02:11 |         |       |         |                |
| DNF   | 2114  | FERNSLER Joerg              | GER | MC Pirate                              | 27:22 | 04:17 | 2:21:08 | 02:37 |         |                |
| DNF   | 2139  | STORM PHILIPP               | GER | SV GRÄFELFING                          | 31:55 | 03:06 | 2:29:04 | 03:19 |         |                |
| DNF   | 2140  | WIEDEMANN Matteo            | GER |  | 23:05 | 01:31 | 1:52:20 | 01:32 |         |                |

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| Platz  | StNr. | Name                   | NAT | Verein                     | SWIM  | T1    | BIKE    | T2    | RUN     | TOTAL          |
|--------|-------|------------------------|-----|----------------------------|-------|-------|---------|-------|---------|----------------|
| Frauen |       |                        |     |                            |       |       |         |       |         |                |
| 1.     | 2133  | LINGELBACH Sophie      | GER | WFV Finkenstein            | 24:14 | 01:46 | 2:06:08 | 01:30 | 1:33:20 | <b>4:07:01</b> |
| 2.     | 2024  | ENGELMANN Diana        | GER | Team Bad Orb - Gesund      | 26:21 | 01:51 | 2:09:35 | 01:52 | 1:42:32 | <b>4:22:14</b> |
| 3.     | 2084  | GARD Dagmar            | GER | SG Niederwangen            | 26:12 | 01:38 | 2:11:00 | 02:17 | 1:51:16 | <b>4:32:25</b> |
| 4.     | 2077  | WEGHOFER Judith*       | GER |                            | 26:39 | 03:21 | 2:12:11 | 02:32 | 1:49:19 | <b>4:39:04</b> |
| 5.     | 2035  | MÖßNER Angelika        | GER | Geh-Punkt Weißenburg       | 31:48 | 03:25 | 2:17:48 | 02:19 | 1:48:50 | <b>4:44:12</b> |
| 6.     | 2059  | KLOEBER Susanne        | GER | Wasserfreunde Pullach e.V. | 24:37 | 04:06 | 2:11:19 | 04:27 | 2:00:27 | <b>4:44:58</b> |
| 7.     | 2008  | KNABBEN Brigitte       | GER | TriAs Wernau               | 31:42 | 05:18 | 2:28:09 | 02:48 | 1:51:02 | <b>4:59:00</b> |
| 8.     | 2018  | VAN DER PUTTEN Kerstin | GER | -                          | 33:52 | 02:29 | 2:21:19 | 02:22 | 1:59:18 | <b>4:59:21</b> |
| 9.     | 2053  | SCHOLZ Georgia         | GER | TriTeam UniBw              | 31:30 | 04:31 | 2:27:17 | 03:05 | 2:23:36 | <b>5:30:00</b> |
| 10.    | 2010  | HINDENNACH Silke       | GER | TriAs Wernau               | 32:03 | 04:43 | 2:28:21 | 04:09 | 2:21:09 | <b>5:30:27</b> |
| 11.    | 2066  | LOY Sabrina            | GER | Geh-Punkt Weißenburg       | 35:36 | 04:37 | 2:44:49 | 03:04 | 2:06:11 | <b>5:34:18</b> |

TEILNEHMER: 107

\* Zeitstrafe