



allaboutyou
urban retreat

Relax, de-stress and unwind with an exceptional spa experience for mind, body and soul.

Treatment Menu

Relaxation Massage 30/60-mins \$74.95 / \$99

A relaxing full body massage based on gentle relaxing techniques to soothe tension & stress. Ideal for those who prefer a softer style massage to help unwind.

Hot Stone Massage 60-mins \$119

A deeply tranquil massage experience. Feel the heat of the earth as smooth, warm stones are held by your therapist's hands and glided over the body. The stones act powerfully to soothe and ground you and alleviate muscle tension without the depth of a remedial massage.

MEMBERS PRICE
\$99.95

Bamboo-Fusion Massage 60-mins \$119

Heated bamboo rods combined with classic Swedish style relaxation massage techniques. Bamboo used to knead and roll out knots, stress and relax tense muscles, this unique massage focuses on the key areas of the body where we all tend to carry tension – the back of the legs, back, neck and shoulders.

MEMBERS PRICE
\$99.95

All About You Signature Massage 90-mins \$149

The supreme massage to melt away tension and stress, this full body signature massage combines Hot Stones, Warm Bamboo, Lomi Lomi and Swedish Massage techniques. A one of a kind massage experience.

MEMBERS PRICE
\$99.95 + \$19.95

NuMe Coconut Body Wrap 60/90-mins \$129 / \$159

Restore your skin with this unique exfoliating and hydrating treatment using virgin cold pressed coconut oil and natural cane sugar. This is a sensory experience for the body with an application of rich coconut body butter which leaves skin smooth and vibrant.

MEMBERS PRICE
60-mins \$99.95
90-mins \$99.95 + \$29.95

Rejuvenating Facial 60-mins

This facial will rejuvenate, nourish skin and bestow vitality; you will be left feeling relaxed and radiant.

\$129

MEMBERS PRICE
\$99.95

Top to Toe Indulgence 180-mins

Begin your treatment with a relaxing back massage to relieve tension, then lie back and enjoy our rejuvenating manuka honey facial. Finish this luxurious treat with our NuMe manicure and NuMe pedicure treatment & leave feeling like a new you!

\$360

MEMBERS PRICE
3x \$99.95

Essential Harmony 120-mins

Begin with a full body relaxation massage followed by a rejuvenating facial to transform dehydrated skin with manuka honey. Intensive repair cream calms and soothes sensitised skin and improves firmness and texture.

\$245

MEMBERS PRICE
2x \$99.95

Couples Retreat

Enjoy the companionship of sharing any of the above Spa Packages with someone special (prices become per person).

Spa Parties

Book a spa party for groups, weddings, parties and corporate functions

POA

Whether your spa party is for three or a group of six, we will accommodate your needs. After each spa party treatment continue to relax in our relaxation lounge with complimentary herbal tea or enjoy the option to add platters and beverages.

Ideal for:

- Hen's Parties & Bridal Showers
- Birthday's, Anniversaries & Mother's Day
- Corporate Team Building & Stress Management
- Staff Christmas Functions

EMAIL skincare@allaboutyou.co.nz

ADDRESS 162 Clarence Street, Riccarton

PHONE 03 348 3949



allaboutyou.co.nz