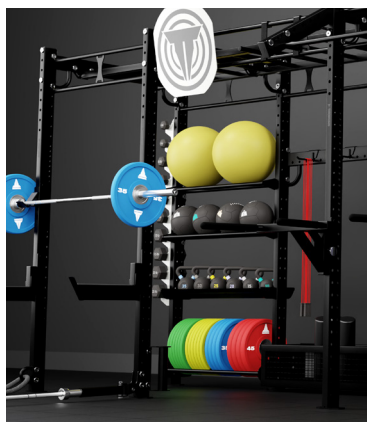


\*ACCESSORIES NOT INCLUDED

## THROWDOWN XTC™ RIGS

The XTC is a hyper flexible rig, carefully engineered to create training zones for groups of members to train simultaneously. Constructed with 4' cross member bars, the XTC comes available in 14', 24' and 34' lengths to accommodate various spaces and group sizes. With a variety of station attachments, the XTC rigs are ideal for functional training. Functional training targets multiple major muscle groups simultaneously and mimics movements that you perform in day-to-day activities.



### INTEGRATED STORAGE SOLUTIONS

From Olympic plates and kettle bells, to stability and medicine balls, XTC's integrated storage helps keep your functional fitness space organized and safe.



### CREATE REVENUE OPPORTUNITIES

The XTC can be a valuable revenue tool as it can accommodate multiple trainers and members in one space and is ideal for small group and team training.

## XTC 4x14 STANDARD 9-XTC-414C-60THD



RECOMMENDED FLOOR SPACE 14' X 24' (4.26 X 7.32M)

INCLUDES:

BALL SHELF, 4' X4    BAR STORAGE X2    PLATE STORAGE, 4' X2    LANDMINE, RIG MOUNT X2    ROPE ANCHOR, RIG MOUNT X2    STORAGE BIN, 6' X1  
STORAGE PIN X4    SQUAT STATION, 4' X2    TARGET + DPU ADAPTER X2    VERTICAL DUMBBELL RACK X2    WIDE SHELF, 4' X2    XTC CROSSMEMBER, 6' X1

## XTC 4x24 STANDARD 9-XTC-424C-60THD



RECOMMENDED FLOOR SPACE 14' X 34' (4.26 X 10.36M)

INCLUDES:

BALL SHELF, 4' X4    BAR STORAGE X2    DIP BAR X2    LANDMINE, RIG MOUNT X2    MEGA GRIP PULLUP BAR, 4' X1    MUSCLE UP ATTACHMENT X1  
NEUTRAL GRIP PULLUP X2    PLATE STORAGE, 4' X2    ROPE ANCHOR, RIG MOUNT X2    STORAGE BIN, 6' X2    STORAGE PIN X8  
SQUAT STATION, 4' X2    TARGET + DPU ADAPTER X2    VERTICAL DUMBBELL RACK X2    WIDE SHELF, 4' X6    XTC CROSSMEMBER, 6' X2

## XTC 4x34 STANDARD 9-XTC-434C-60THD



RECOMMENDED FLOOR SPACE 14' X 44' (4.26 X 13.41M)

INCLUDES:

BALL SHELF, 4' X8

BAR STORAGE X4

LANDMINE, RIG MOUNT X4

NEUTRAL GRIP PULLUP X1

PLATE STORAGE, 4' X4

ROCK GRIP PULLUP X1

ROPE ANCHOR, RIG MOUNT X4

STORAGE BIN, 6' X2

STORAGE PIN X8

SQUAT STATION, 4' X4

TARGET + DPU ADAPTER X4

VERTICAL DUMBBELL RACK X2

WIDE SHELF, 4' X4

WIDE SHELF, 6' X3

XTC CROSSMEMBER, 6' X2

## XTC COLOR CUSTOMIZATION

We know what it takes to build an authentic, meaningful brand experience. Our customization program is the perfect way to leverage your personal brand and make a strong first impression. Get Throwdown XTC rigs in a variety of custom color options.



BLACK -60



SILVER - 29



KARMINROT -30



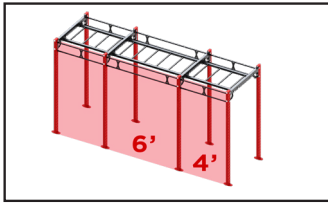
ULTRAMARINE BLUE -73



GALVANIZED -01



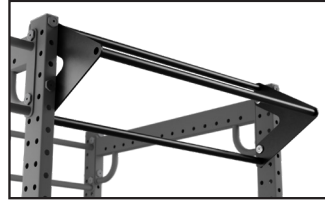
## DUAL POST ATTACHMENTS



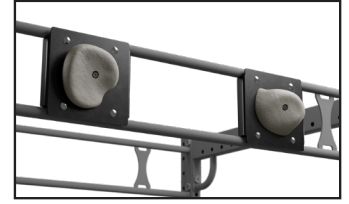
**DUAL POST  
MOUNT LOCATIONS**



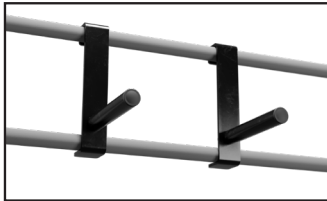
**FLYING PULLUP BAR, 4'**  
SKU: 51-00246-60-KT  
MOUNT: DUAL POST



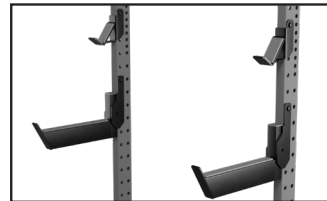
**TRIANGLE PULLUP BAR, 4'**  
SKU: 51-00252-60-KT  
MOUNT: DUAL POST



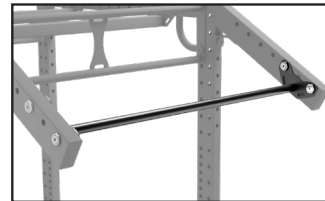
**ROCK GRIP PULLUP**  
SKU: 71-00229-60-KT  
MOUNT: DOUBLE PULLUP BAR



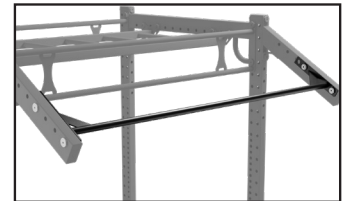
**NEUTRAL GRIP PULLUP**  
SKU: 71-00268-60-KT  
MOUNT: DOUBLE PULLUP BAR



**SQUAT STATION**  
SKU: 73-00120-60-KT  
MOUNT: DUAL POST



**MEGA GRIP PULLUP BAR, 4'**  
SKU: 51-00293-60-KT  
MOUNT: MUSCLEUP/POST



**MEGA GRIP PULLUP BAR, 6'**  
SKU: 51-00314-60-KT  
MOUNT: MUSCLEUP/POST



**TARGET + DPU ADAPTER**  
SKU: 73-00121-29THD-KT  
MOUNT: DOUBLE PULLUP BAR



**XTC CROSSMEMBER, 6'**  
SKU: 52-00114-60-KT  
MOUNT: DUAL POST



**XTC CROSSMEMBER, 4'**  
SKU: 52-00113-60-KT  
MOUNT: DUAL POST



**WIDE SHELF, 4'**  
SKU: 52-00124-60-KT  
MOUNT: DUAL POST



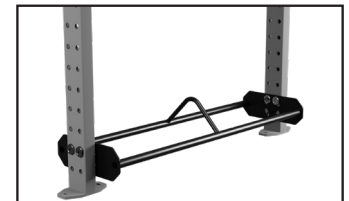
**WIDE SHELF, 6'**  
SKU: 52-00125-60-KT  
MOUNT: DUAL POST



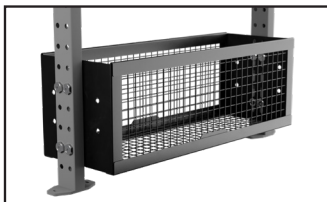
**BALL SHELF, 4'**  
SKU: 71-00271-60-KT  
MOUNT: DUAL POST



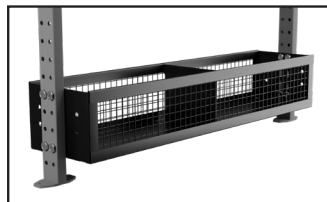
**KETTLEBELL SHELF, 4'**  
SKU: 73-00122-60-KT  
MOUNT: DUAL POST



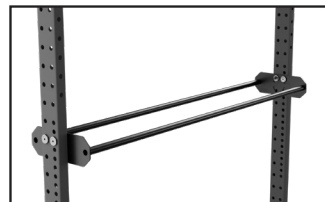
**PLATE STORAGE, 4'**  
SKU: 71-00363-60-KT  
MOUNT: DUAL POST



**STORAGE BIN, 4'**  
SKU: 71-00402-60-KT  
MOUNT: DUAL POST



**STORAGE BIN, 6'**  
SKU: 52-00127-60-KT  
MOUNT: DUAL POST

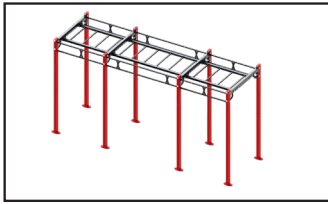


**STABILITY BALL SHELF, 6'**  
SKU: 52-00156-60-KT  
MOUNT: DUAL POST



**PLYO SHELF, 6'**  
SKU: 73-00128-60-KT  
MOUNT: DUAL POST

## SINGLE POST ATTACHMENTS



**SINGLE POST  
MOUNT LOCATIONS**



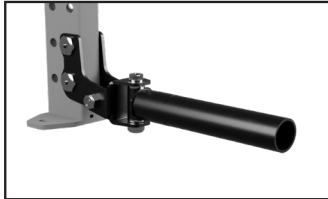
**UNIVERSAL CLIP ATTACHMENT**  
SKU: 72-00108-60-KT  
MOUNT: POST



**STEP-UP**  
SKU: 71-00100-60-KT  
MOUNT: POST



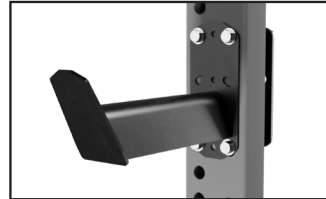
**DIP BAR**  
SKU: 71-00101-60-KT  
MOUNT: POST



**LANDMINE, RIG MOUNT**  
SKU: 71-00227-60-KT  
MOUNT: POST



**BAR STORAGE**  
SKU: 71-00267-60-KT  
MOUNT: POST



**ROPE HANGER**  
SKU: 71-00360-60-KT  
MOUNT: POST



**VERTICAL DUMBBELL RACK**  
SKU: 71-00367-60-KT  
MOUNT: POST



**ROPE ANCHOR, RIG MOUNT**  
SKU: 71-00308-60-KT  
MOUNT: POST



**STORAGE PEG**  
SKU: 71-00357-60-KT  
MOUNT: POST



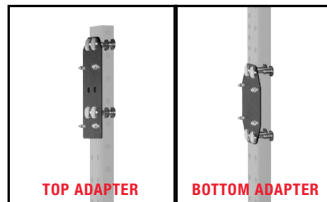
**CROSSMEMBER EXTENSION**  
SKU: 52-00144-60-KT  
MOUNT: POST



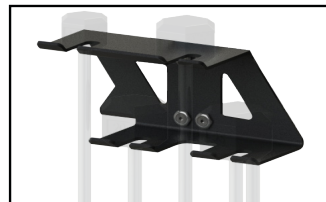
**MUSCLE UP ATTACHMENT**  
SKU: 52-00122-60-KT  
MOUNT: DUAL POST



**TARGET**  
SKU: 72-00133-29THD-KT  
MOUNT: POST



**ROPE TRAINING ADAPTER KIT**  
SKU: 72-00109-60  
MOUNT: POST



**HEX BARBELL STORAGE KIT**  
SKU: TD-BBSTOR  
MOUNT: POST

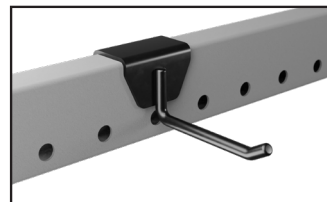
## CROSSMEMBER ATTACHMENTS



**CROSSMEMBER  
MOUNT LOCATIONS**



**TARGET**  
SKU: 72-00133-29THD-KT  
MOUNT: CROSSMEMBER



**STORAGE PIN**  
SKU: 52-00139-60-KT  
MOUNT: CROSSMEMBER



**BAG HANGER**  
SKU: 71-00323-60-KT  
MOUNT: CROSSMEMBER

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. This is why we've brought together five of the most recognizable fitness brands to ensure our customers can offer their members authentic fitness experiences. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.

## FUNCTIONAL IMPACT TRAINING ACCESSORIES

4X14 FIT PACKAGE SKU: 9-FITA-414C		
PRODUCT	SKU	QTY
MEDICINE BALLS	TD-MB-5	2
	TD-MB-10	2
	TD-MB-20	2
FITNESS KETTLEBELLS	TD-FKB-10	2
	TD-FKB-15	2
	TD-FKB-20	2
	TD-FKB-25	2
	TD-FKB-30	2
	TD-FKB-35	2
HIIT HEX DUMBBELLS	TD-HDB-5	4
	TD-HDB-8	4
	TD-HDB-10	4
	TD-HDB-15	4
	TD-HDB-20	4
DYNAMIC RESISTANCE BANDS	TD-RB-L1	2
	TD-RB-L2	2
	TD-RB-L3	2
	TD-RB-L4	2
	TD-RB-L5	2
	TD-RB-L6	2
JUMP ROPES	TD-JR-8	2
	TD-JR-9	2
	TD-JR-10	2
OLYMPIC BAR COLLARS	TD-OBC-1	2
BATTLE ROPE	TD-BTR-1.5	2
FOAM ROLLERS - 18"	TD-FMR-18	4
STABILITY BALLS	TD-STB-55	2
	TD-STB-65	2

4X24 FIT PACKAGE SKU: 9-FITA-424C		
PRODUCT	SKU	QTY
MEDICINE BALLS	TD-MB-5	2
	TD-MB-10	2
	TD-MB-20	2
FITNESS KETTLEBELLS	TD-FKB-10	2
	TD-FKB-15	2
	TD-FKB-20	2
	TD-FKB-25	2
	TD-FKB-30	2
	TD-FKB-35	2
HIIT HEX DUMBBELLS	TD-HDB-5	4
	TD-HDB-8	4
	TD-HDB-10	4
	TD-HDB-15	4
	TD-HDB-20	4
DYNAMIC RESISTANCE BANDS	TD-RB-L1	3
	TD-RB-L2	3
	TD-RB-L3	3
	TD-RB-L4	3
	TD-RB-L5	3
	TD-RB-L6	3
JUMP ROPES	TD-JR-8	3
	TD-JR-9	3
	TD-JR-10	3
OLYMPIC BAR COLLARS	TD-OBC-1	2
BATTLE ROPE	TD-BTR-1.5	2
FOAM ROLLERS - 18"	TD-FMR-18	6
STABILITY BALLS	TD-STB-55	2
	TD-STB-65	2

4X34 FIT PACKAGE SKU: 9-FITA-434C		
PRODUCT	SKU	QTY
MEDICINE BALLS	TD-MB-5	4
	TD-MB-10	4
	TD-MB-20	4
FITNESS KETTLEBELLS	TD-FKB-10	4
	TD-FKB-15	4
	TD-FKB-20	4
	TD-FKB-25	4
	TD-FKB-30	4
	TD-FKB-35	4
HIIT HEX DUMBBELLS	TD-HDB-5	8
	TD-HDB-8	8
	TD-HDB-10	8
	TD-HDB-15	8
	TD-HDB-20	8
DYNAMIC RESISTANCE BANDS	TD-RB-L1	4
	TD-RB-L2	4
	TD-RB-L3	4
	TD-RB-L4	4
	TD-RB-L5	4
	TD-RB-L6	4
JUMP ROPES	TD-JR-8	4
	TD-JR-9	4
	TD-JR-10	4
OLYMPIC BAR COLLARS	TD-OBC-1	4
BATTLE ROPE	TD-BTR-1.5	4
FOAM ROLLERS - 18"	TD-FMR-18	8
STABILITY BALLS	TD-STB-55	4
	TD-STB-65	4



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**CORE**  
HEALTH & FITNESS

StairMaster®  
SCHWINN  
NAUTILUS  
STAR TRAC  
THROWDOWN®