



## S60 Suspension Elliptical

The low-maintenance suspension design of the S60 provides a whisper-quiet, natural exercise experience that protects the user's joints while engaging the whole body. Refined ergonomic details and an easily accessible design make it easy for anyone to get started and have a comfortable workout.



### Console

<b>CSAFE</b>	No
<b>Display</b>	10 x 14 white dot-matrix LED profile display, alphanumeric LEDs, dedicated HR zone display
<b>Workout Feedback</b>	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile
<b>Programs</b>	Manual, Interval, Fat Burn, Random, HR Weight Loss, HR Interval, Constant Watts, Interval Watts, Hill Watts, Time Goal, Distance Goal, Calories Goal
<b>Heart Rate</b>	Contact grips, wireless receiver

### Frame

<b>Frame Type</b>	Suspension Elliptical Trainer
<b>Stride Length</b>	53.3 cm / 21"
<b>Step-on Height</b>	23 cm / 9"
<b>Power Incline</b>	No
<b>Resistance System</b>	2-stage generator
<b>Resistance Range</b>	1-25
<b>Pedal Type</b>	Oversized with rubber inserts
<b>Pedal Spacing</b>	5.1 cm / 2"
<b>Handlebar Type</b>	Dual action and stationary with contact heart rate grips
<b>Extras</b>	Water bottle holder, reading rack

### Tech Specs

<b>Assembled Dimensions</b>	186 x 75 x 164 cm / 74" x 29.5" x 64.5"
<b>Assembled Weight</b>	140 kg / 308 lbs.
<b>User Weight Capacity</b>	182 kg / 400 lbs.
<b>Electrical Requirements</b>	Self-powered