



R60 Recumbent Bike

Discover an ideal mix of exercise comfort and convenience with the R60. A recumbent design with a walk-through frame makes low-impact workouts accessible to everyone — even older and deconditioned users — and a contoured seat and back pad provide excellent lumbar support and stability.



- A step-through frame makes it easy for anyone from fitness enthusiasts to older and deconditioned users to start their low-impact cardio workout.
- Self-balancing pedals with easily adjustable straps make it easy for anyone to strap in and go.
- A convenient accessory tray keeps water or smartphones close at hand.
- Self-powered design makes it easy to place the bike wherever it's most convenient for your facility.
- A bright white LED console provides easy-to-read workout feedback to keep users on track for their goals.
- A heavy-gauge welded steel frame provides excellent stability during hard rides and durability that withstands years.
- Conveniently positioned contact grips and a built-in wireless receiver offer easy heart rate tracking (chest strap not included).

Frame

Frame Type	Heavy-gauge welded steel, recumbent
Pedal Type	Self-balancing with adjustable straps
Seat Type	Pure Comfort seat
Seat Adjustment	28 positions
Resistance System	2-stage generator
Handlebar Type	Console and seat-mounted with contact heart rate grips
Extras	Water bottle holder, reading rack

Console

Resistance Range	1–25
Display	10 x 14 white dot-matrix LED profile display, alphanumeric LEDs, dedicated HR zone display
Workout Feedback	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile
Programs	Manual, Interval, Fat Burn, Random, Constant Watts, Interval Watts, Hill Watts, Time Goal, Distance Goal, Calories Goal, HR Weight Loss, HR Interval
Heart Rate	Contact grips, wireless receiver

Tech Specs

Assembled Dimensions	161.9 x 72.5 x 138.3 cm / 63.7" x 28.5" x 54.4"
Assembled Weight	70 kg / 154 lbs.

Tech Specs

User Weight Capacity	182 kg / 400 lbs.
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Electrical Requirements	Self-powered
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Extras

Accessories Tray	Water bottle holder and reading rack
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