



LES MILLS

VIRTUAL BIKE

/ SPEC SHEET

The best international presenters, programs and content, from the leaders in group fitness, delivered on a world-class bike.

The LES MILLS VIRTUAL BIKE™ delivers a total fitness experience with cinematic ultra-engaging cycle classes playing on a 15" HD touch screen console.

The Stages Power meter gives live, accurate metrics as you ride, and Bluetooth™ connectivity lets you easily pair your heart-rate monitor.

LES MILLS |  **STAGES**

HARDWARE

Frame Material	6061T-6 aluminum alloy
Frame Construction	Hydro & air formed tubing, TIG weld
Frame Finish	Industrial powder coat
Frame Color	Black Grey
Assembly Hardware	Stainless steel
Drive System	CarbonGlyde™ featuring Gates® Carbon Drive™ carbon fiber belt
Gear Ratio	5:1
Resistance System	Magnetic Eddy current with SprintShift™ resistance lever, micro-adjust resistance dial, & emergency push-to-stop
Handlebars	Comfort coated aluminum Stages RoadBar™
Adjustment System	Pop-pin height adjustment & patented StagesFit™ fore-aft adjustment
Flywheel	High-inertia, cast iron perimeter weighted
Pedals	SPD & toe cage
Power Measurement	Stages Power meter

WARRANTY

Tablet	1 yr standard. 3 yr extended with subscription		
Frame	15 yrs	CarbonGlyde Belt	10 yrs
Mechanics	3 yrs	Electronics	1 yr
Labor	1 yr	Wear Items	6 mth

TECH

Content	Rolling 2 year back catalogue featuring RPM™, LES MILLS SPRINT™ and THE TRIP™ Automated content updates every quarter
Instruction	Best international presenters, programs and content, from the world leaders in group fitness. Multiple language options.
Power Input	110/240V power to the tablet
Operating System	LES MILLS VIRTUAL BIKE app, Android-based
Headphones	Wired connection
Updates	Via wifi, completed during off hours

MEASUREMENTS

Bike Weight	105 lbs (48 kg)
Bike + Tablet	25.2" W x 55.1" L (64cm W x 140cm L)
Q Factor	158mm
Rider Fit Range	4'10" (147cm) to 6'10" (208cm)
Max User Weight	350 lbs (158 kg)
Tablet Dimensions	15.1" W x 8.8" H (38.4cm x 22.3cm)

CONTACT

For more details email: lesmills@stagescycling.com