

LAT PULLDOWN/MID ROW

Experience the perfect fusion of commercial-grade quality and versatility with the BODYCRAFT EXP Series Lat Pulldown/Mid Row machine. This exceptional equipment combines dual-function lat and mid-row exercises, ensuring a comprehensive workout. Designed with an oversized bench and adjustable thigh hold down pads, the EXP Series Lat/Mid Row delivers exceptional stability and support, accommodating users of all sizes with utmost comfort.

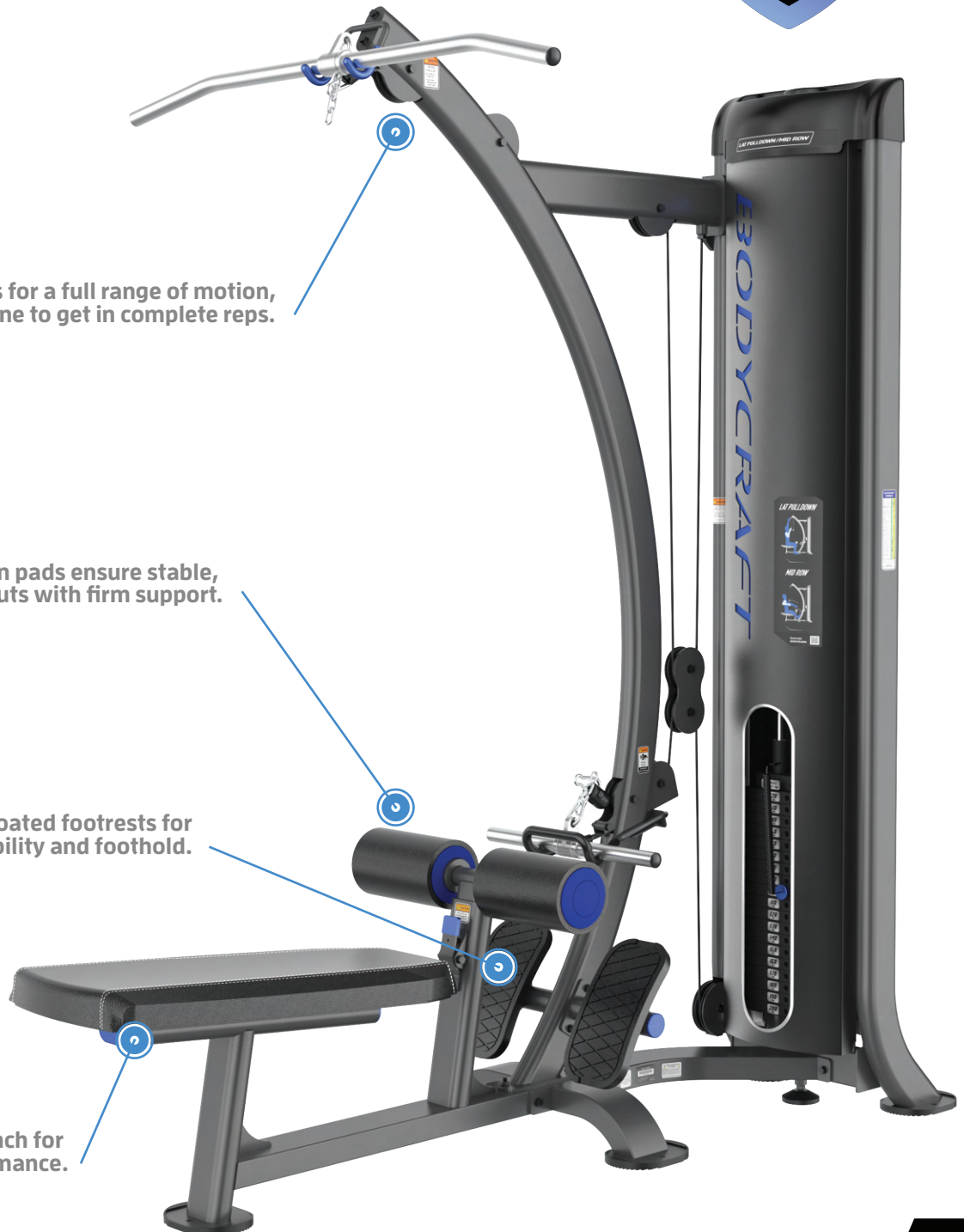


The tall height allows for a full range of motion, enabling everyone to get in complete reps.

Adjustable thigh hold down pads ensure stable, comfortable workouts with firm support.

Durable rubber-coated footrests for reliable stability and foothold.

Spacious ergonomic bench for optimal performance.



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FEATURES AND SPECIFICATIONS

FRAME	Heavy duty 11-gauge 2" x 4" oval steel frames and 2" round tubing
PIVOT POINTS	1" diameter solid steel axle encased in machined housing on all primary pivot points
ROLLER BEARINGS	Sealed 2" precision ABEC bearings
PULLEYS	4-1/2" and 3-1/2" diameter fiberglass reinforced nylon pulleys with precision sealed bearings enclosed in protective steel covers.
PADS/UPHOLSTERY	High-density molded PU foam padding with double-stitched upholstery secured to 3/4" plywood backing.
CABLES	1/4" 4,200lb test 7x19 PU coated cable
GUIDE RODS	3/4" solid steel precision ground, hard chrome finish, guide rods
WEIGHT STACK	200lb Steel weight stack w/built-in storage compartment cover (upgradeable to 250lbs)
LAT/ROW BAR	48" aluminum lat bar, 19" aluminum seated row bar (both w/swivel, knurling, & chain)
SHROUDS	Steel weight stack shrouds with decorative built-in storage compartment cover
SELECTOR PINS	Magnetic selector pins and steel weight stacks are easily accessible from seated position
STABILIZER FEET	Protective rubber stabilizer feet with anchoring holes
FINISH/AESTHETICS	Electro-statically applied powder coat finish baked at 400F Diamond Gray and Textured Black Powder Coated Heavy Gauge Steel Tubing Blue Anodized Aluminum Selector Pins and Pop-Pins and Blue Single Handle Accents
DIMENSIONS	75" L x 48" W x 88" H
WEIGHT	550 lb

WARRANTY

110 YEARS	Structural main frames & welds.
5 YEARS	Parts: bearings, pulleys, bushings, guide rods, & weight plates.
1 YEAR	Upholstery & cables.
90 DAYS	Labor

