

**YORK Olympic 56 Inch  
Hex Shrug Bar**  
York Item #32034



**Features:**

**Chrome Finish 25mm diameter bar**  
**56" inches in Total Length**  
**9-7/8" inches Loadable Sleeve**  
**22-1/2" inches Total Depth**  
**23-3/4" inches Between Handles**  
**Bar Weight 20KG or 44 LBS**

**TO ORDER:**

**Fax: (905) 827-9593 / Phone: (905) 827-6362 / Toll Free: 1-800-361-0448**  
**York Barbell Co. Ltd. Canada – 1450 South Service Rd. West, Oakville, Ontario, L6L 5T7**

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