



IPF Specifications

While not competition certified, the IPF Training Bar is built to meet competition specifications so training transfer to the competition stage.

Sensor Ready Sleeves

Install Enode sensors to optimize performance with velocity-based training information. The bar maintains calibrated weight with sensors installed.

Long-lasting performance

The bar features robust self-lubricating, graphite infused bronze bushings enhancing performance and longevity while controlling rotation.

Designed for performance

The narrow flange keeps the centre of mass tighter and lets you load more on the bar.

The Eleiko IPF Powerlifting Training Bar is made for training the powerlifting competition lifts – specifically the squat, bench press and deadlift. The 29 mm stainless steel bar grip is uncoated like an IPF Competition Bar, so the grip is exceptionally secure but corrosion resistant as it's made from stainless steel. The chromed sleeves feature a patented design to house Enode sensors, the first training bar to integrate technology into the bar sleeve.

Article code

3085606

Length

2200 mm / 86.61 in.

Weight

20 kg / 44.09 lbs

Warranty

12 years*

Grip Surface

Stainless Steel

Sleeve Surface

Chrome

Bearings and Bushings

Graphite-infused bronze bushings

Grip Marking

Powerlifting

Knurling

1.5 - Aggressive

Max Load

1500 kg / 3306,93 lbs

Dustproof Seal

Yes

Sleeve Diameter

50 mm / 1.97 in.

Loadable Sleeve Length

433 mm / 17.05 in.

Flange Width

12 mm / 0.47 in.

Sensor ready sleeves

Yes