



Designed For

Racking and holding bar between squats, bench press and dip sets

Protect Knurling

Built-in polyurethane rollers protect bar knurling and support positioning adjustments

Attention to Detail

Features generous, comfortable dip handles and ergonomic, knurled adjustment knobs

Versatile and Adjustable

3-in-1 design supports squats, bench press and dips – all in a compact footprint.

Made in Sweden

Swedish steel and manufacturing with distinctive details to optimize the lifting experience.

Versatile Squat Stand

A feature-packed staple for any training space

This 3-1 powerhouse supports squats, bench press and dips in a single compact footprint. Bench hooks and j cups feature built-in polyurethane rollers to protect the bar knurling and allow lifters to adjust the bar while loaded for optimal positioning. Generous dip handles, adjustable width and height, and distinctive design details make this versatile piece a must-have for a home gym or training facility.

Article code

Weight

26,3 kg / 57.98 lbs

Length

750 mm / 29.53 in

Warranty 6 months-10 years*

Width

1300 mm / 51.18 in.

Height

1194 mm / 47.01 in.

