



Designed For

High performance strength training and conditioning

Quick Identification

Olympic standard colours and white raised lettering facilitate quick and easy weight identification

Secure Handling

Lipped edge around circumference for easy and safe handling

Deformation Resistant

Our high tensile strength rubber is highly deformation resistant to ensure long lasting performance

Durable Hubs

The rubber is vulcanised onto the metal hub for durability

For Athletes

Developing Strength and High Performance in Sports and Life

The Eleiko Sport Training Plates are durable, versatile and ideal for general strength training. The discs are manufactured from robust coloured rubber which is damage and deformation-resistant and feature an inset vulcanized hub so discs stay in great shape and perform well for years to come. Our high standards for materials and manufacturing are verified by rigorous testing and backed by our guarantee.

RANGE (LBS): 25 / 35 / 45 / 55

Length

450 mm / 17.72 in.

Width

450 mm / 17.72 in.

Warranty

3 years*

* To be dropped on 30 mm-thick rubber flooring (training platform recommended by Eleiko). Indoor use only. Normal wear and tear does not fall under warranty.