



Grip Markings

Bar features markings for weightlifting

Designed For

High performance strength and conditioning

Mild grip to ensure a secure hold on the bar

Optimised Rotation

Engineered for smooth controlled rotation under load

Dustproof Seal

Keeps dust out and grease in for optimal performance

For Athletes

Developing Strength and High Performance in Sports and Life

The Performance Weightlifting Bar is made in Sweden and delivers the performance and quality you can rely on. Designed for explosive Olympic lifting, the steel is strong yet flexible and a great bar for anyone serious about high performance in sports and strength and conditioning. Precision needle bearings, an inner race and dustproof seal ensure weight moves smoothly under load and at high speeds, while the refined knurling provides a grip suited for high-performance training.

Article code

Certification None

Grip Surface

Chrome

Knurling

1.0 - Mild Knurling

Length

2010 mm / 79.13 in.

Loadable Sleeve Length

Sleeve Surface

Chrome

Max Load

1500 kg / 3306,93 lbs

Weight

15 kg / 33.07 lbs

Flange Width

30 mm / 1.18 in.

Bearings and Bushings

Needle bearings

Dustproof Seal

Yes

Warranty

12 years*

Sleeve Diameter

50 mm / 1.97 in.

Grip Marking

Weightlifting

Sensor ready sleeves

No

