

CASCADE

HEALTH & FITNESS®



CASCADE ULTRA RUNNER PLUS

A MORE EFFECTIVE CURVED TREADMILL

The Cascade Ultra Runner Plus not only gives you all the exercise benefits of a self powered curved treadmill, it gives you the option to add 6 levels of magnetic resistance to add higher intensity interval training. Walk or run at your own pace then add resistance to burn more calories and add variety to your workout.

Upper and lower handlebar positions accommodate all user sizes and facilitate different exercises, including sled conditioning. Premium anti-slip molded rubber slats with sealed bearings create an exceptionally quiet and smooth running surface and reduce friction wear and tear. The ultimate training tool, the Cascade Ultra Runner Plus is fully commercial and built to last.

CASCADE ULTRA RUNNER PLUS - KEY PRODUCT FEATURES



Console With Interval Programs

Console has interval programs for high intensity workouts and displays time, distance, calories, watts, HR and speed. Built in wireless heart rate receiver.



Premium Aluminum Slats

Slats have exceptional durability with extruded aluminum alloy core, pure vulcanized rubber, and sealed cartridge bearings.



Easy To Adjust Lever

Lever has 6 levels of magnetic resistance to control the workout intensity. Range allows you to go from free running to a sled push.



Rear Handle

Handle makes it so easy to pick up and move the Ultra Runner.

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Large LCD screen with 7 workout modes, including 20/10, 20/30, custom intervals, 4 target settings



ULTRA RUNNER PLUS FEATURES



Water Bottle Holder

Comfortable ergonomic handlebar allows for natural arm and hand positions

Built-in wireless heart rate monitor

Low position handlebar for HIIT sled workout

Premium aluminum core anti-slip durable rubber slat with 608zz sealed cartridge bearings for smooth and quiet exercise

63" x 19" comfortable curved running surface for effective HIIT workouts



Easy to adjust 6 position intensity lever - from free running pace to maximum sled push workout

Integrated wheels for smooth transportation

Anti-slip leveling foot levelers for excellent stability

Rear handle makes it easy to move the Ultra Runner

KEY BENEFITS

- Commercial quality - extremely durable
- Unlimited HIIT workouts with 6 levels of magnetic resistance
- Improve power, speed, endurance and agility
- Dual handlebars for high and low pushes

SPECIFICATIONS

Length	74" (188 cm)
Width	34" (86 cm)
Height	62" (158 cm)
Weight	335 lbs (152 kgs)
Running Surface	63" x 19" (160 cm x 48 cm)
Maximum User Weight	350 lbs (159 kg)