



X-LARGE 26+ lbs (12+ kg)



YOUR BABY'S CONFIDENCE

continues to develop. They can connect words with objects, and have a clear grasp of "choice." Your baby has opinions, preferences, dislikes, and is not shy about expressing them. With well over fifty words in their vocabulary, your baby can converse with you and communicate some of their own needs and desires. They may be able to identify different colors as well as differences in size and texture. Around 2 years of age, your baby may learn to count up to ten, although they may skip around in their counting – "one, two, five, six..."

Even during a simple (or sometimes not so simple) diaper change, you and your baby are connecting. This necessary activity can be a great time to deepen the bond between the two of you. Following are some 'smart tips' to help stimulate your baby's brain development during diaper changes.

POINT TO THE T-SHIRT on your baby's diaper. Ask your baby what shirt they'd like to wear today. Giving them a choice between two options may empower them to make a decision.

DRAW ATTENTION TO the flowers and birds on your baby's diaper. Ask them if they'd like to go outside. Suggest a nature walk, or a trip to the park.

PREP FOR BATH TIME. Show your baby the cute rubber duckie on their diaper and let them know it's almost tub time. Routines are helpful for everyone.

POINT TO THE WAGON on your baby's diaper and ask how many wheels it has. Your baby may already be able to count up to three.

POINT TO THE BALLOONS on your baby's diaper and ask them where they've seen balloons. The grocery store? A birthday party? A carnival?

TRY CHANGING your baby while they are standing. This lets them continue their activity while you quickly change their diaper.

TELL A STORY. Make up voices. Your baby thinks you're the smartest and funniest person in the world. Believe it.

TALK ABOUT different vehicles and how they travel. Point to the airplane and ask your baby how it flies.

POINT TO THE NUMBER BLOCKS on your baby's diaper. Count "1, 2, 3" and then continue up to ten. Your baby will follow your lead.

TALK ABOUT THE SUN AND MOON, rising and setting, while you point to the moon on their diaper. Your baby is learning daily routines that revolve around the time of day.

ASK THEM WHAT BOOKS they would like to read before bedtime. At this point, they have some clear favorites that give comfort before sleep.

SING A FAVORITE SONG with them. They'll remember some lyrics and get joy from singing together.

ACCOMPANY THEIR FAVORITE SONGS with easy hand movements. This is a fun activity that will keep your baby busy and entertained.

REMIND YOUR BABY of something fun you did together, whether a playdate, or a trip to a museum. They'll pause to think back to all the fun they had.

SAY "I LOVE YOU". It never stops being meaningful.

LET THEM HOLD their favorite stuffed animal or special blanket. A security object can help when there is discomfort.

PLAY "PATTYCAKE." At this age, they may be able to play along.

REVIEW ALL THE COLORS with your baby. Ask them what color grass is. Ask them what color the ocean is. Point to different objects in the room, asking what color they are.

ASK YOUR BABY what their favorite animal is and tell them what yours is. Conversational skills are already in motion.

TAKE A MOMENT to acknowledge how far you and your baby have come. You have both learned so much.