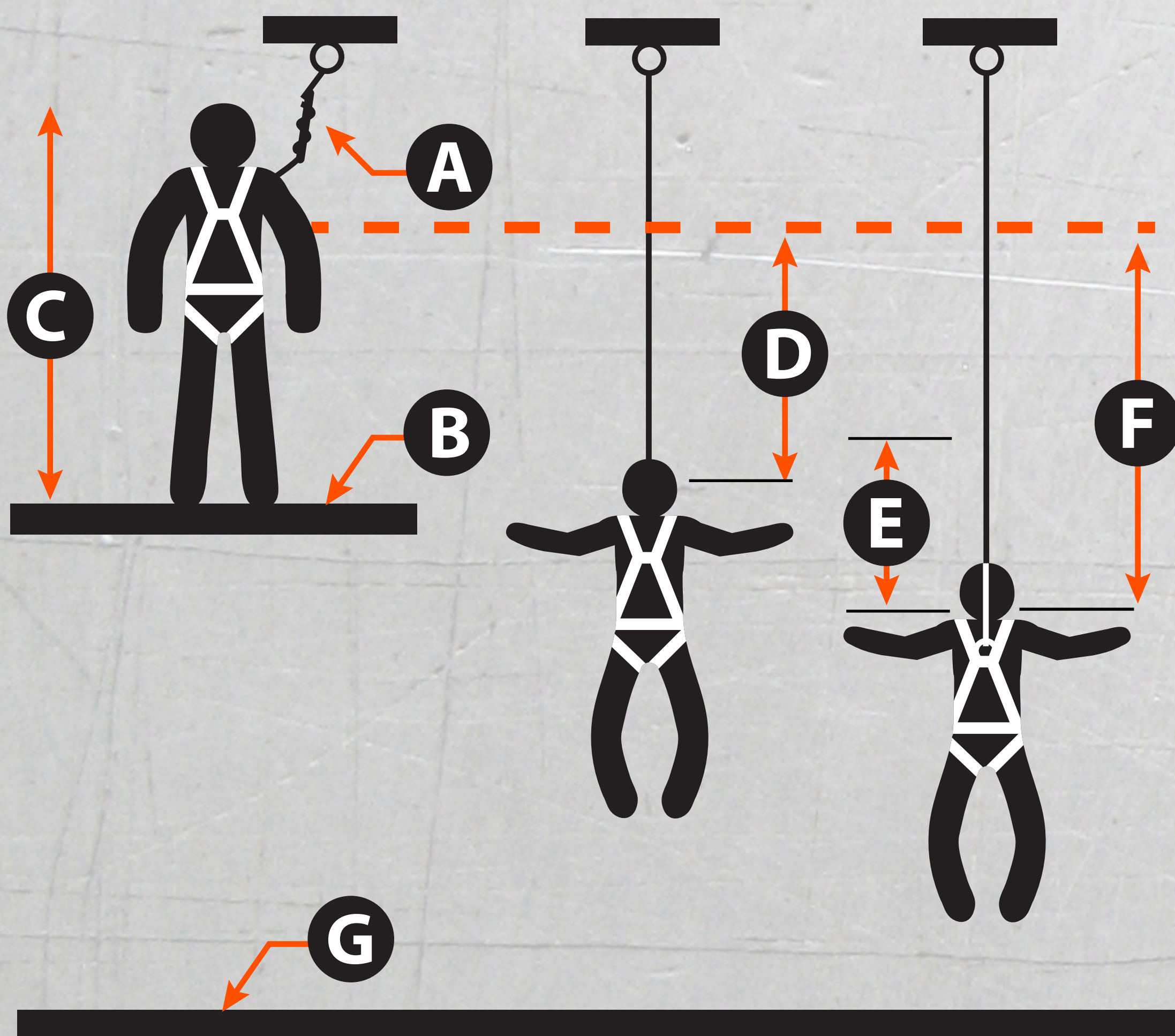


Calculating Your Clear Fall Distance

6 ft. Free Fall Example



- A. Connecting Subsystems
(Energy Absorbing Lanyard shown)
Length + Movement of Harness
Attachment + Length of FBH Stretch
- B. Working Level (thickness)
- C. Worker Height + Connector Length
- D. Free Fall - 6 ft. for sample
- E. Deceleration Distance
- F. Total Fall Distance: Sum of A through E
- G. Lower Level or Obstruction

Total Fall Clearance below worker is calculated from Anchorage Connection. Free Fall Distance + Working Level + Energy Absorber + Deceleration Distance + Worker Height + Connector Length + Safety Factor. Ensure that the total fall distance is clear of obstructions and equipment. Avoid potential contact with a lower level.



Any Questions?
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