

Consultation Safety Toolkit

Bring someone with you. Ask a coworker or assistant to accompany you to the consultation. Always use the buddy system when available.
Tell someone what you're doing. Let a coworker, friend, or family know where you will be and what times you will be there.
Carry only your phone and materials. Make sure your phone is on and charged and keep your location on if you can. Leave any other personal belongings in your car.
Don't turn your back to people. Always face the people you are talking to. Let them lead the way up and down stairs.
Stay aware. Trust your intuition and gauge whether a situation feels uncomfortable. Exit any time you feel unsafe.
Know your exit plan. Get a feel for the exits within the home and keep a line of sight to your car or any doors when you can.
Call someone as you leave. Call your coworker, friend, or family member when you are leaving the house and walking to your car.