

Sweet Potato Cauliflower Lentil Tacos



Ready in 20 minutes

Serves 4

Ingredients

- 1 cup Cauliflower Crystals
- 2 medium sweet potatoes
- 2 cups sprouted lentils
- Mineral salt to taste
- Vegan cheese
- Tortillas & salsa

Preparation

1. Pressure cook lentils for 5 minutes.
2. Add cubed sweet potato to lentils and pressure cook 5 more minutes.
3. Mix in vegan cheese and Cauliflower Crystals, sprinkle with salt, stir.
4. Serve on warm tortillas, topped with salsa.