

# Mango Gnocchi



Ready in 15 min

Serves 1

## Ingredients

- ¼ cup Mango Crystals
- 1 cup rice flour
- ½ cup rice water
- 1 teaspoon lemon juice
- Maple syrup & yogurt for serving

## Preparation

1. Mix everything into dough.
2. Drop into boiling water with a spoon.
3. Cook for a few minutes, until gnocchi floats.
4. Pan fry until golden\*
5. Serve with yogurt and maple syrup.

## Tips

\*You can eat these mango gnocchi without pan-frying. Simply serve with butter and maple syrup after boiling.