

Kale Chips



Ready in 7.5 hours

Makes about 1 dehydrator tray

Ingredients

- 8 oz Kale Crystals (1 cup)
- ½ cup tahini
- ¾ cups water
- ½ teaspoon salt
- 1 tablespoon nutritional yeast
- ¼ teaspoon cumin
- ¼ teaspoon Kashmiri chili powder

Preparation

1. Layer all ingredients in a bowl and mix by hand, enjoying all the colors of this blend.
2. Spread on dehydrator trays and dehydrate at 95 degrees F for 7 hours.