

Chilled Blueberry Soup



Ready in 20 min + cooling time

Makes 1 serving

Ingredients

- 0.85 oz Blueberry Crystals (¼ cup)
- 1 cup water
- ½ inch fresh ginger root, grated
- ½ teaspoon Ceylon cinnamon
- Tablespoon coconut cream for serving

Preparation

1. Combine all ingredients in a pot and simmer for 15 minutes.
2. Blend, if ginger pieces are too large.
3. Let cool and serve with coconut cream.