

Blueberry Soft Serve



Ready in 4 hours

Makes 4 servings

Ingredients

- 1 oz Blueberry Crystals (½ cup)
- 4 avocados
- 1 can coconut milk
- 2 lemons, juiced
- Honey or liquid allulose to taste (start with ½ cup and adjust)
- 1 teaspoon pink salt

Preparation

1. Blend everything in a blender until smooth.
2. Place into a bag and freeze.
3. Blend again and serve.