Broccoli Hummus



Ready in 10 minutes

Serves 2

Ingredients

- 1 cup Broccoli Crystals (0.4oz)
- 1 tablespoon lemon juice
- 1 tablespoon tahini paste
- 5 tablespoons olive oil
- ½ cup hot water
- Salt & pepper to taste

Preparation

- 1. Blend everything together.
- 2. Top with cracked pepper, nutritional yeast, or your favorite seeds.
- 3. Enjoy!