

# Peach Face Scrub/Mask



Ready in 2 minutes

Serves 1

## Ingredients

- 1 tablespoon Peach Crystals
- 1 tablespoon water
- 2 tablespoons coconut sugar
- Few drops of almond oil (or jojoba or olive)

## Preparation

1. Mix Peach Crystals with water to form a paste.
2. Stir in coconut sugar.
3. Add a few drops of oil of choice.
4. Scrub your face gently and rinse.  
Alternately, wait a few minutes for sugar to dissolve and apply to face & neck as a mask. Wait 5 minutes, rinse and moisturize.