

# Raspberry Beets



Ready in 30 minutes

Serves 1

## Ingredients

- 2 tablespoons Raspberry Crystals
- 2 tablespoons water
- 1 tablespoon olive oil
- 2 small beets
- pinch sea salt

## Preparation

1. Pressure cook beet for 15 minutes.
2. If present, break up the clumps in the Raspberry Crystals with your fingers.
3. Mix Raspberry Crystals with water.
4. Add olive oil to the raspberry purée, stir together. Add salt.
5. Cube beets and mix with the berry sauce.