

Living Pudding



Ready in no time

Serves 1

Ingredients

- 1 oz Banana Crystals (less than ½ cup)
- 0.7 oz Mango Crystals (⅓ cup)
- 0.11 oz Spinach Crystals (2 tablespoons)
- ½ cup nut mylk

Preparation

1. Mix everything together and enjoy feeling alive!