

Pineapple Banana Quencher



Ready in 5 minutes

Serves 2

Ingredients

- 1 oz Pineapple Crystals (¼ cup)
- 0.5 oz Banana Crystals (less than ¼ cup)
- 2 cups kombucha, sparkling water, rejuvelac or tonic water

Preparation

1. Mix a few tablespoons of water into the Pineapple and Banana Crystals to form a paste and break up clumps.
2. Add your choice of kombucha, sparkling water, rejuvelac or tonic water. Stir gently.
3. Serve!