

Stuffed Peppers



Ready in 20 min

Serves 2

Ingredients

- ½ cup Spinach Crystals (0.35oz)
- ¼ cup Cauliflower Crystals (0.35oz)
- 1 cup chopped celery
- 1 cup curried cashews
- 2 tablespoon salsa
- ½ teaspoon cumin
- ½ teaspoon sea salt
- About 20 sweet mini bell peppers

Preparation

1. Cut the tops off the peppers and remove seeds.
2. Blend all ingredients together into a textured paste.
3. Fill peppers and pressure cook for 5 minutes.