



Nature's
GOLD

the Manuka Honey People®

PRODUCT INFORMATION

100% RAW AUSTRALIAN MANUKA HONEY

Contains Medicinal Strength Australian Manuka Honey

One of our *3 little miracles* products

Harvested from the East Coast of Australia, our Manuka honey has been lab tested domestically and awarded an NPA rating of between 5+ and 22+. The lab test determines the activity and how potent its active enzymes are. To be classed as therapeutic, Manuka honey must have a rating of 10+ or more. The higher the NPA number, the higher the antibacterial activity and the more beneficial the honey will be.

Manuka honey is fast becoming known as liquid gold. What makes it so special is its unique non-peroxide activity. This naturally occurring chemical process boosts the antibacterial and antiseptic properties. Manuka honey's unique value is recognised internationally and a long list of health benefits are associated with its use.

Medical grade Manuka honey is thought to help heal cuts, wounds, minor burns and abrasions. It is associated with the control of fungal infections, eczema, dermatitis, psoriasis and inflammation. It soothes insect bites and fights infections. As a beauty product it smooths, softens and makes skin radiant.

3 little miracles

- 1 TGA LISTED THERAPEUTIC SKIN CREAM
- 2 MANUKA POWER CONCENTRATED OINTMENT
- 3 RAW AUSTRALIAN MANUKA HONEY

Suggestions

- Take a teaspoon of the medicinal strength 20+ in the morning if you wake up with a sore throat. Do not eat or drink anything half an hour either side of taking the honey. This guarantees that you receive the full strength of the Manuka honey.
- 10+ can be taken as a tonic, to boost energy, immunity and digestive health.
- Manuka honey 10+ and higher can be rubbed directly onto open wounds, burns and skin infections to assist the healing process. Once the wound has a scab or skin over the top, start to apply the Therapeutic Skin Cream and/or Manuka Power Concentrated Ointment.
- Manuka Honey can be used as a face mask – leave on for at least ½ hour and then rinse.

- 100% PURE •
 - UNPASTURISED •
 - NOT BLENDED •
 - COLD EXTRACTED •
- and*
- WHEN NPA 10+ OR HIGHER
• MEDICINAL STRENGTH •

AVAILABLE IN

- NPA 5+
- NPA 8+
- NPA 10+
- NPA 12+
- NPA 15+
- NPA 18+
- NPA 20+



250g jars



500g jars



Honey should not be given to children under 12 months old or if you are pregnant or likely to become pregnant.

www.naturesgold.com.au



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