

### The ingredients in P2Life's PowerBoost

- May help to improve athletic performance\*
- May encourage an increase in lean muscle mass\*
- May boost power and delay muscle fatigue\*

### DIRECTIONS FOR USE:

**Adults and Teens (Over the age of 16):** Add 3 level Scoops daily to your favorite P2Life Nutriboost nutritional formula or energy drink, immediately after exercise.

- **Please see our website for a more detailed explanation on the recommended dosages required in order to maximize the effectiveness of P2Life's PowerBoost.**

### More Information:

For more information about the product and its ingredients please visit our website at [www.P2Life.com](http://www.P2Life.com) or scan this code with your Smart Phone.



*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

**P2LIFE™**  
PERFORMANCE NUTRITION

# PowerBoost

CREATINE, GLUTAMINE, BCAA'S, OKG  
WITH SUPPORT AND ABSORPTION BLEND\*

DIETARY SUPPLEMENT

**Approx. Net WT. 9.53 oz (270 g)**

## Supplement Facts

Serving Size: 9g (approx 3 level Scoops) Servings Per Container: 30

	Amount Per Serving	%DV**
<b>Calories</b>	32	
<b>Muscle Strength Blend*:</b>	4816 mg	†
Creatine Monohydrate, Creatine Ethyl Esther, L-Glutamine, Leucine, OKG (Ornithine Alpha Ketoglutarate), Isoleucine and Valine.		
<b>Support and Absorption Blend*:</b>	4184 mg	†
Dextrose, Tricalcium Phosphate, Lipoic Acid, Chromium Polynicotinate and Silicon Dioxide.		
† Daily Value not established.		

**NOTICE:** Significant product settling may occur. Due to nature of ingredients the color of contents may vary from batch to batch.

**Distributed by:** SW Eagle Distributors LLC  
International Swimming Hall of Fame, 1 Hall of Fame Drive, Ft Lauderdale, FL 33316  
[www.P2Life.com](http://www.P2Life.com)

**WARNING:** If you are pregnant, nursing, taking medication, have a health condition or are planning a medical procedure, consult your health professional before use of any nutritional or dietary product. Discontinue use and consult a doctor if any adverse reactions occur. Discontinue use two weeks prior to surgery. Do not use if inner seal is missing or broken. Keep out of reach of children. Keep bottle tightly closed. Store in a cool dry place.