

**FOR STRESS, STAMINA, HEALTH AND VITALITY\***

**DIRECTIONS FOR USE:**

In order to maximize the benefits of Adaptogens, the correct dosages need to be taken. The correct dosage depends on your body weight, stress levels, and physical activity\*. Please go to our website [www.P2Life.com](http://www.P2Life.com) to find a detailed dosage explanation or scan the code below with your Smart Phone.

**Daily Dosage:** 2-3 Capsules daily (1 Capsule per 50-75lbs of body weight) in the morning, before meals if possible.

**Sporting Dosage:** an extra 1-2 Capsules, in addition to your daily dosage, for every one hour of high intensity sport training/competition.

**Note:** Do Not take adaptogens after 3pm unless you are studying or wish to remain awake at night. If you do note any differences in your ability to fall asleep, take your adaptogens earlier in the day or reduce the dosage.\*

**More Information:**

For more information about the product and its ingredients please visit our website at [www.P2Life.com](http://www.P2Life.com) or scan this code with your Smart Phone.



*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

**P2LIFE™**

PERFORMANCE NUTRITION

# EnduroBoost™ Adaptogens

IDEAL FOR SPORT ATHLETES LOOKING TO INCREASE  
ENDURANCE AND MAXIMIZE RECOVERY.\*

HERBAL DIETARY SUPPLEMENT

**90 Capsules**

## Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 30

	Amount Per Serving	%DV**
<b>Adaptogen Blend*:</b>	1020 mg	†
Schizandra Chinensis Extract 5:1 (fruit), Eleutherococcus senticosus Extract 10:1 (root) and Rhodiola Rosea Extract 10:1 (root)		
<b>Adaptogen Support Blend*:</b>	112.5 mg	†
Cinnamon Bark (Cinnamomum zeylanicum), Angelica Sinesis Extract 10:1 (root) and Licorice Extract 12:1 (root)		

\*\* Percent Daily Values (DV) are established on a 2,000 calorie diet.

† Daily Value not established.

**OTHER INGREDIENTS:** Hypromellose (Cellulose Vegetarian Capsule Shell), Microcrystalline Cellulose, Tricalcium Phosphate, Silicon Dioxide and Magnesium Stearate.

**Distributed by:** Distributed by: SW Eagle Distributors LLC

128 SW 22nd Street Fort Lauderdale 33316

[www.P2Life.com](http://www.P2Life.com)

**WARNING:** If you are pregnant, nursing, taking medication, have a health condition or are planning a medical procedure, consult your health professional before use of any nutritional or dietary product. Discontinue use and consult a doctor if any adverse reactions occur. Discontinue use two weeks prior to surgery. Do not use if inner seal is missing or broken. Keep out of reach of children. Keep bottle tightly closed. Store in a cool dry place. Contains plant extracts therefore the color of the capsule contents may vary slightly from batch to batch.