Make Your Own Courage Hat

"Courage is something that comes from your heart. But if you can't find it there, you can wear it on your head at first."

In *Courage Hats,* Mae and Bear are both a little nervous as they set out on a train ride together. It's their homemade hats that help them overcome their fears and realize that they are both much braver than they thought! **Follow the directions below to make your own Courage Hat.**

Materials Needed

- 1 brown paper bag
- 2 paper plates
- 1 sheet of white paper
- Scissors
- Tape
- Black marker
- Red crayon or colored pencil

The illustrator of *Courage Hats*, Jessixa Bagley, with her Courage Hat on!

Directions

STEP 1: Ask an adult to help cut a hole in one side of the paper bag. The hole should be about the size of your face.

STEP 2: Directly above the hole, draw a big round nose using the black marker.

STEP 3: Cut two quarter-sized circles out of the white sheet of paper (they don't have to be perfectly round!).

STEP 4: Draw one pea-sized black circle in the center of both paper circles.

STEP 5: Tape the two paper circles slightly above and on either side of the nose. Your Courage Hat now has eyeballs!

STEP 6: Now it's time for the ears. Color the inner portion of the two paper plates pink.

STEP 7: Tape each paper plate to the back of the brown paper bag so that they peek out from the corners.

STEP 8: Your hat is almost done! Using the red crayon or colored pencil, write what you need courage for somewhere on your hat. (Examples: going to the doctor, making a new friend!). Write your reason small so that it's just a special reminder to yourself.

STEP 9: Put your Courage Hat on. You are now ready to go out into the world and face anything with confidence. You can do it!