

# Camp Pillow Instructions



# Determine Size and Thickness

- Layout your stuffing and determine how many layers you want.



# Determine Size and Thickness

- With a 30" x 36" piece of insulation I found I can make 9 layers each 10" x 12"



# Stuffing Cut and Stacked



# Keep Stuffing Together (optional)

- Using thread and a needle, Add a couple of stiches through all the layers to hold them together





# Keep Stuffing Together (optional)

- I looped the thread around my finger so that when I pulled the thread through, it didn't pull through the stuffing



# Determine Size of Fabric

- Using a tape measure (or string and yardstick) measure around the stuffing. Don't compress it too much



# Determine Size of Fabric

- I found with 9 layers of 10" x 12" stuffing I needed 28" x 17"
- This is 27" around the long way + 1" for seams
- This is half the width (15") + 2" for edge seams





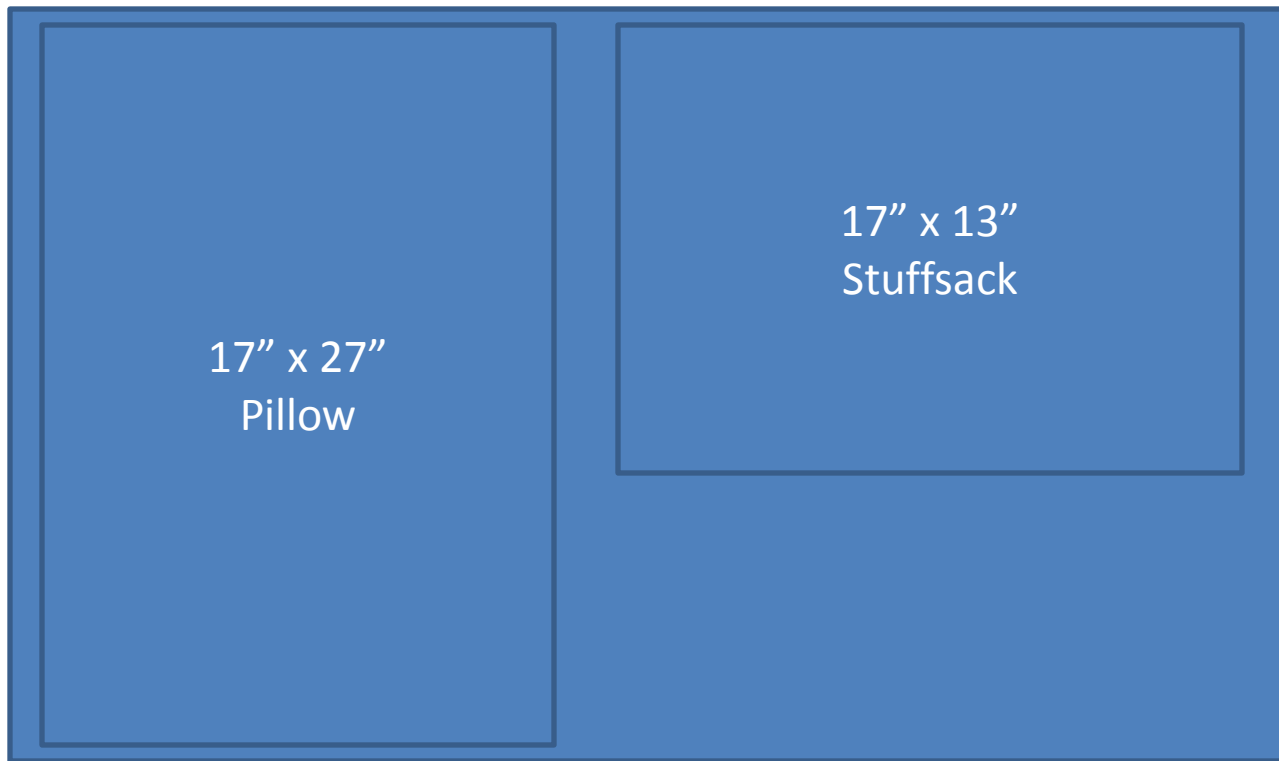
# Note

- Be sure to mark on the calendared side of the fabric
- Calendared side is shinier
- Calendared side is the inside of the pillow

# Tip

- To be sure that your lines are straight, measure the distance between opposite corners (the diagonal). If the measurements are the same, then your lines are straight. If they're different, then your lines are crooked and will need to be straightened out.

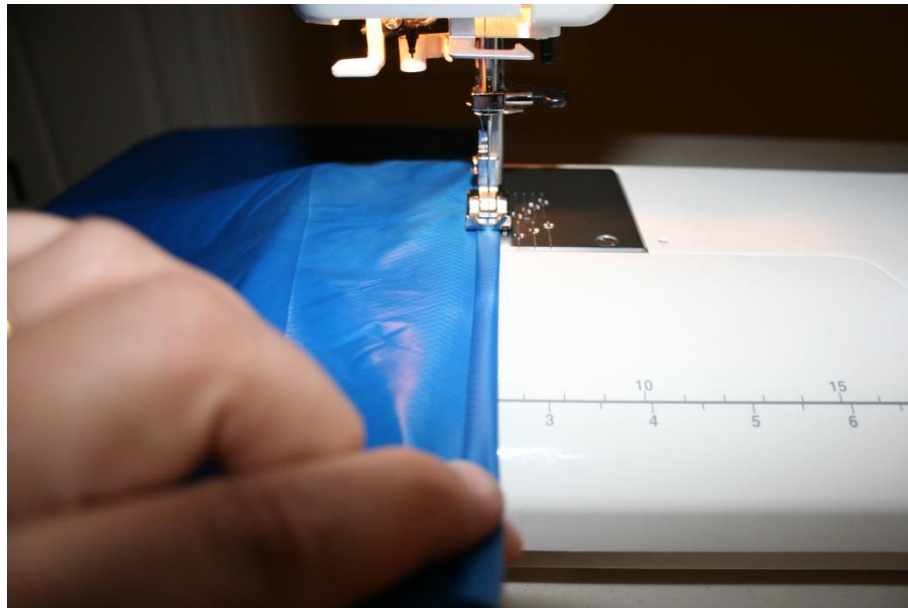
# Material Usage



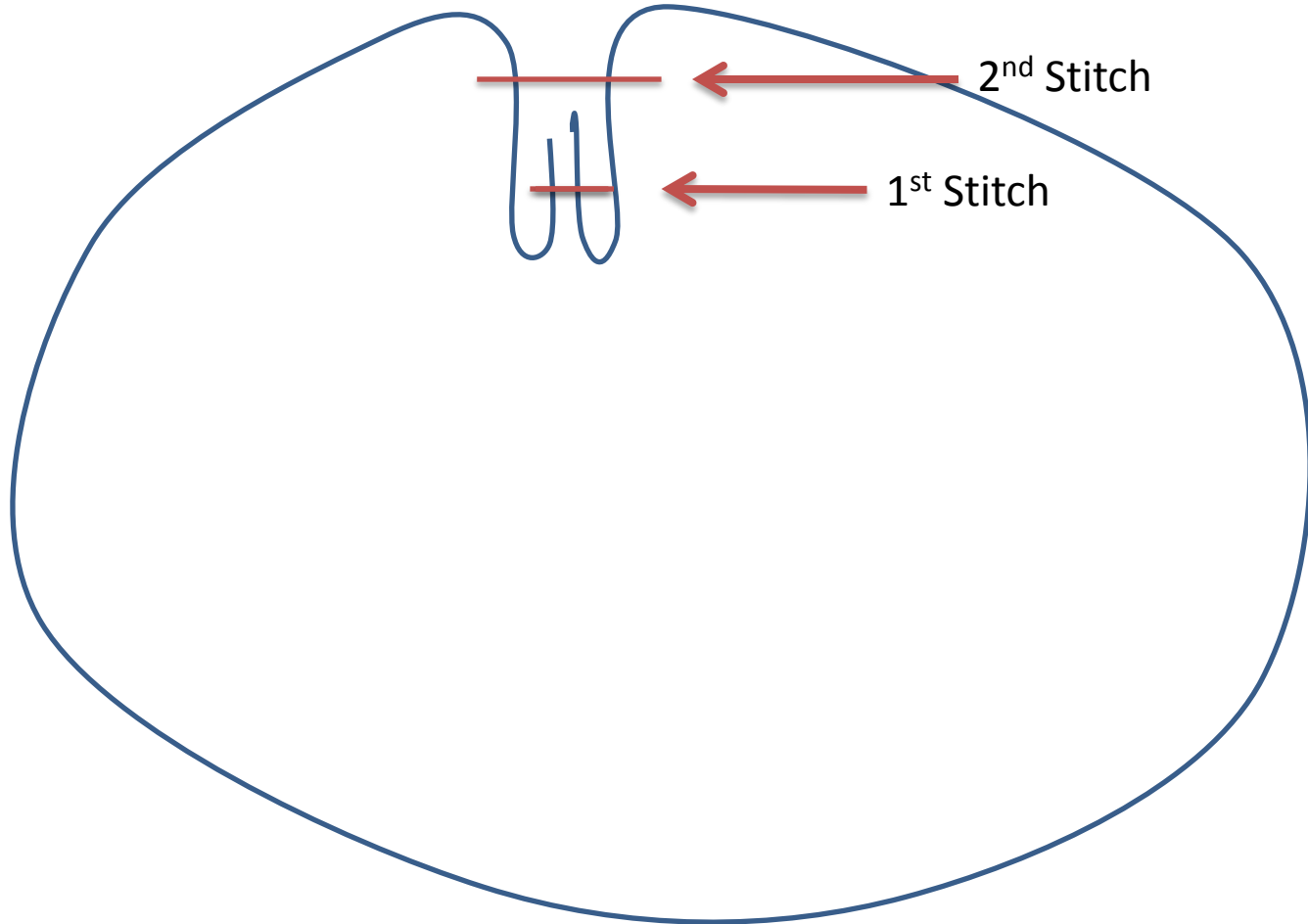
\*Adjust as necessary for your build

# Hem 1 edge

- Add a rolled hem to the right long edge
- When we create the pillow, this will be the right side that we put the stuffing in through.



# French Seam





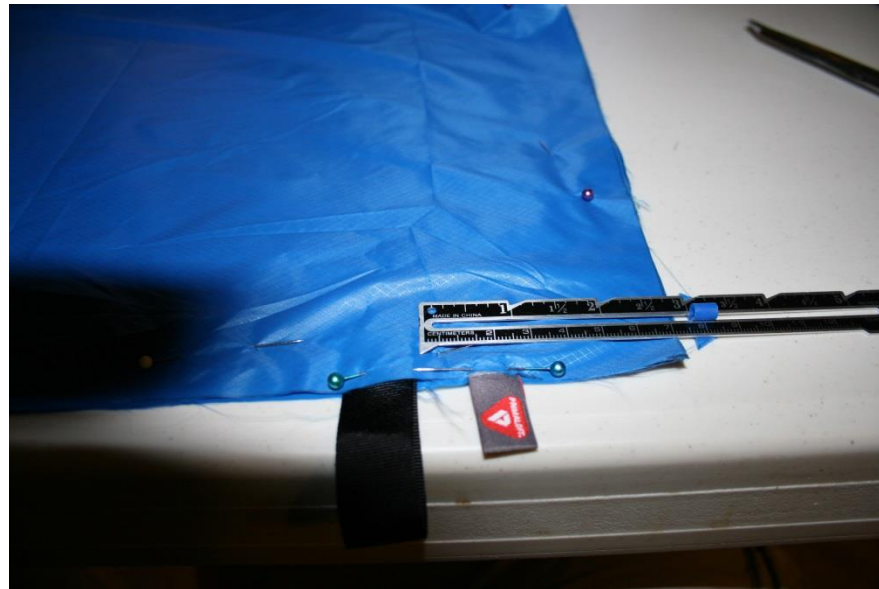
# French Seam

- Fold the pillow material in half with the calendared sides facing the inside



# French Seam

- Place grossgran loops (and optionally Primaloft tag) on seam
- Loops are 3" from edge



# French Seam

- Sew straight stitch around left side and top less than  $\frac{1}{4}$ " from edge
- Do not sew side that has rolled hem
- You may want to trip the sewn edge to  $\frac{1}{8}$ " from seam

Raw sides  
sewn together



Rolled hem  
side is not  
sewn shut

Folded side

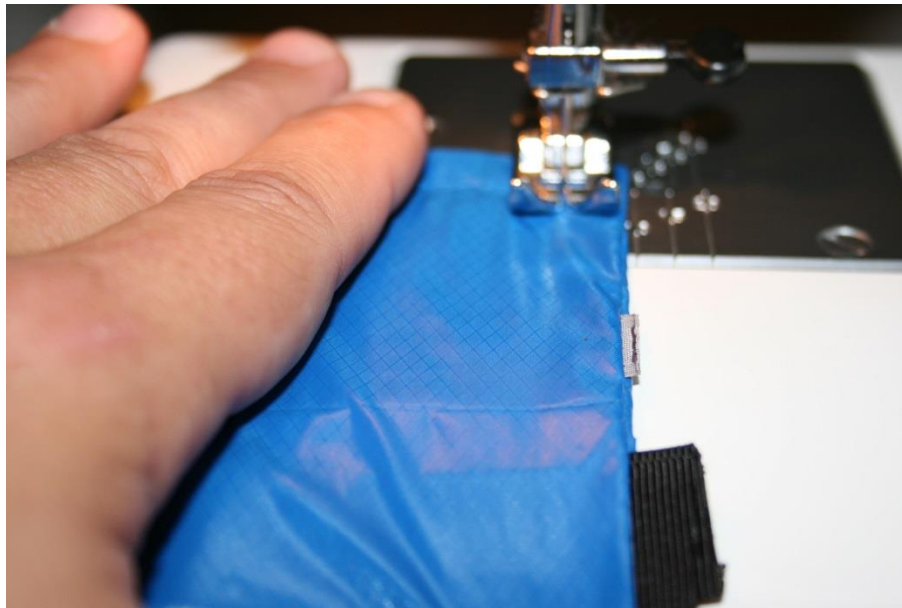
# French Seam

- Turn inside out



# French Seam

- Sew together left and top sides again, a little more than  $\frac{1}{4}$ " from edge so you don't get the raw edge poking through the seam
- Leave Rolled hem side open





# French Seam

- Turn right side out again
- Admire your work



# Finishing it up

- Put the stuffing in the pillow



# Finishing it up

- Pin Rolled Hem side close



# Finishing it up

Method 1: Sew straight stitch to close (seam will be visible)

Method 2: Hand Sew ladder stitch to close and hide seam

# Finishing it up

- Ladder stitch (or hidden stitch) by hand the rolled hem side.





# Add Cord



# Stuff Sack Size

- Put in pillow case



# Stuff Sack Size

- Squish it down



# Stuff Sack Size

- Measure diameter and length



# Stuff Sack Size

- Measurements are 16" diameter and 20" around top to bottom.
- Need a piece of fabric 17" x 13"
- This will give us 16" diameter + 1" hem
- This gives us 10" tall plus 3" for hem/draw string channel

# Stuff Sack

- To be finished