

DIY Face Mask Kit Instructions

NOTE - Around 4/8/20, we replaced the two individual 8" x 7.25" fabric blanks with a single 8" x 14.5" fabric blank. If you received this new version, simply fold the single fabric blank in half when completing Step 1 as opposed to stacking two individual blanks.

Items Needed:

Pre-Cut 8" x 7.25" fabric blanks x 2 (or 8" x 14.5" fabric blank x 1)

Pre-Cut 1" x 36" fabric strips x 2

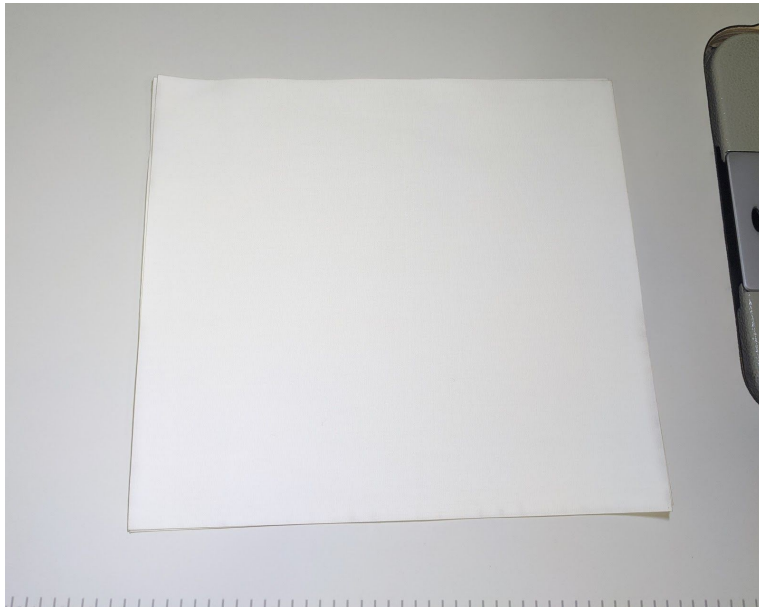
Sewing Machine

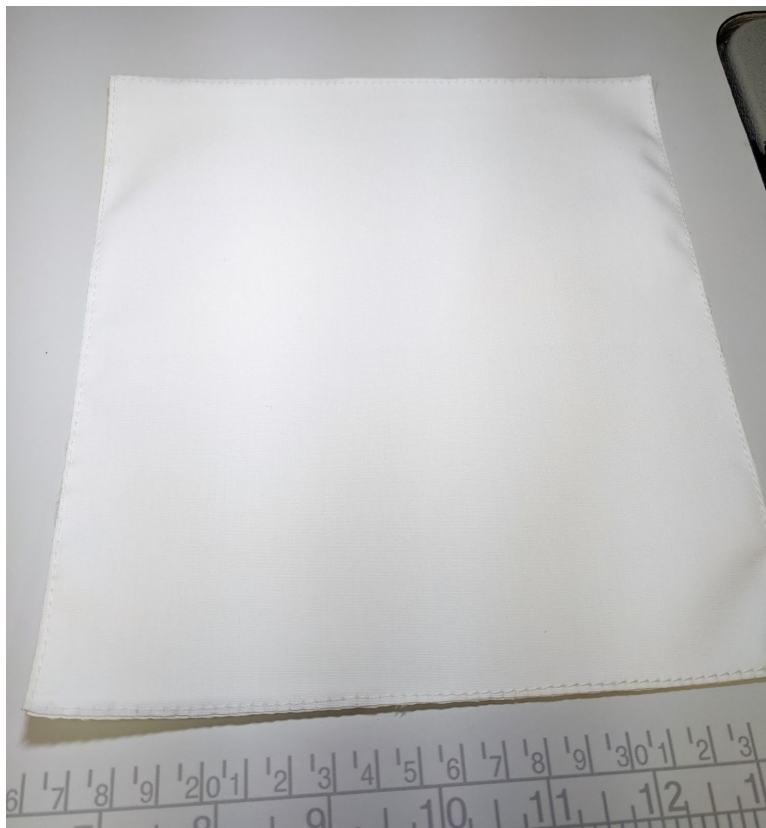
Pins/Clips

Optional – Small Gauge wire/ straightened paperclip to be used as a nose stay

Part I : Mask Body and Pleats

Step 1: Begin by stacking the two 8" x 7.25" fabric blanks together (or by folding the 8" x 14.5" blank in half) and sewing around the entire perimeter to create a single, two-ply fabric blank. Use as small of a seam allowance as possible.



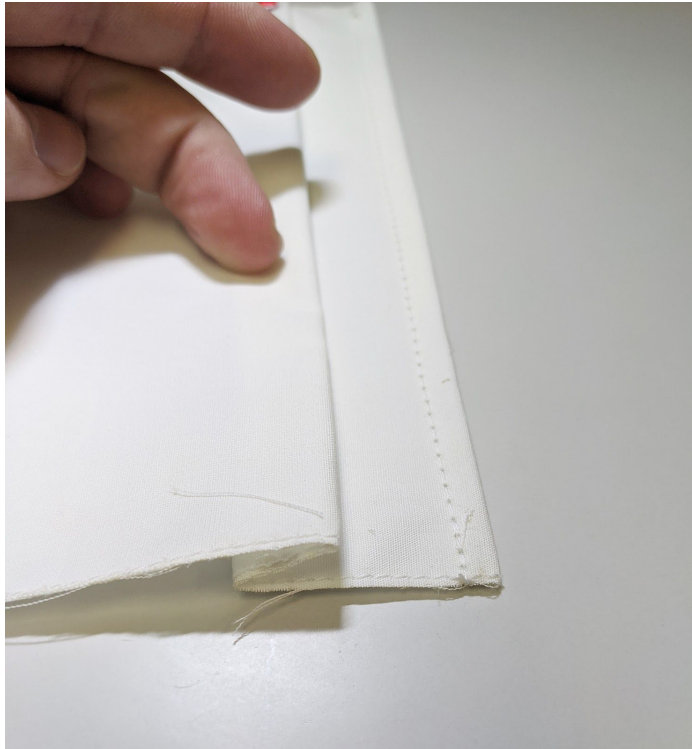


Step 2: Sew an 1/8" rolled hem on both of the **SHORT** edges of the two-ply blank.

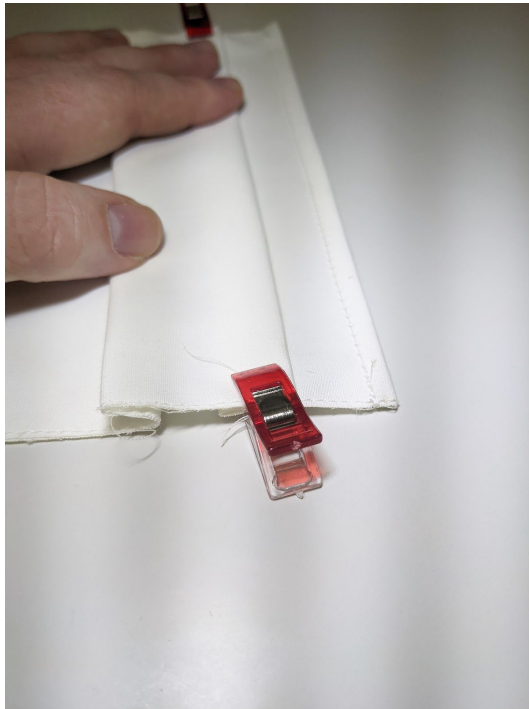
NOTE: If using an optional wire, insert into the channel formed by the 1/8" rolled hem now



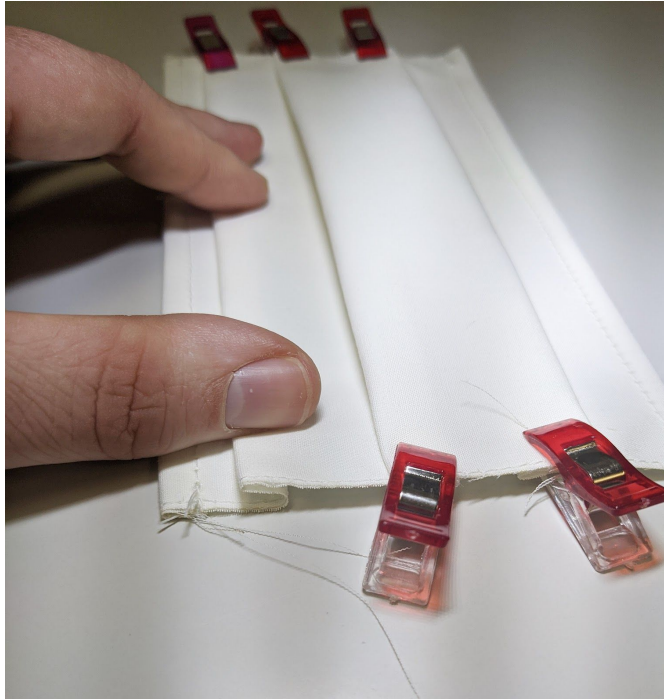
Step 3: Starting about 1.5 inches from the one of the **SHORT** edges on one side, form an approximate $\frac{1}{2}$ " pleat facing away from you and clip/pin into place.



Step 4: Approximately 1 inch from the first pleat, form another approximate $\frac{1}{2}$ " pleat facing TOWARDS you and pin/clip into place.



Step 5: Go another $\frac{1}{2}$ " down and create a final $\frac{1}{4}$ " pleat facing towards you and pin/clip into place.



Step 6: Repeat the pleats on the opposite edge of the blank and clip into place.

Step 7: Sew a basting stitch (using as small of a seam allowance as possible) down each of the long sides of the mask blank to lock in your pleats before binding it using the fabric strips in Part II.



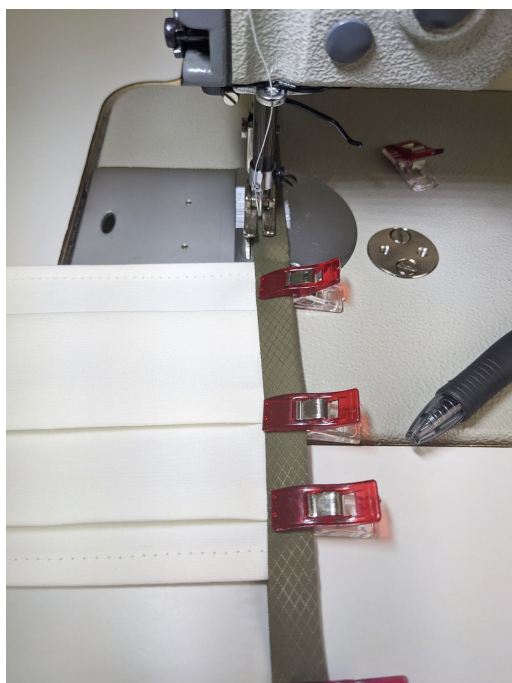
Part II: Head/Ear Ties

Step 1: Grab the provided 36" laser cut fabric strips and mark approximately 16" down on each.

Step 2: Take one of the strips and fold in half lengthwise and clip into place, creating a ½ inch binding tape.



Step 3: Sew down the length of strip using an 1/8" seam allowance until you reach the previously marked 16" point. Insert the short, pleated edge of the mask fully, and encase the mask using the fabric strip. Clip into place. Continue sewing for the entirety of the fabric strip.



Step 4: Repeat for the other strip and other short side of mask and you're done :)

